

"Astrumbrella" has a new name! We will continue with a special astrological section of the newsletter, but many of you asked for a broader scope, and a chance to contribute from time to time, thus the new name, LONGEVITY CIRCUIT to indicate that we are disseminating information contributing to a more healthy and productive lifestyle. If you are interested in participating, send your articles and ideas to the publisher, address below.

We want to thank everyone who contributed either money or ideas to help this newsletter grow. As you can see you all contributed enough funds to pay for the first edition, thus enabling us to continue with the second. Please read the last article on suggestions to continue with financing.

Again, many, many thanks to all our friends out there. This is for you, and you showed it!

Love, Ginger Cornell

NEPTUNE/SATURN CONJUNCT,
ACT III

You probably know it already by the way you feel: the Neptune/Saturn conjunct, that we talked about in the last issue, is not over yet. How have you been doing with it? Some of the evidences of it might be fatigue, worry, depleting illnesses such as lingering colds, skin problems, and dizziness or lack of motivation. Or perhaps it has related more psychologically for you in that you have been forced to give up delusions you have cherished, or illusions you have fostered. Spiritually, you may have had opportunities to put some of your practices to test, and turned belief into knowingness through experience.

The last conjunct occurred in the early 50's and appears to be responsible for our changed male/female roles. The subsequent development of more equality between the sexes is evident. Now the conjunct is bringing an additional change in relationships. Those which do not share a common purpose or goal are not lasting: even those of long duration. There

is an increase in two-city arrangements, and greater differences in age or background. In short, as long as there is a common goal, the relationship has a better chance of longevity.

Another area of interest is in THE MARKET PLACE. Here Neptune and Saturn are bringing changes in work attitudes. Have you found that it is increasingly important to be doing something that you like? Is there additional discontent with doing things that don't give you a sense of service? Have you felt the yearning to be working for yourself? If so then you are feeling the conjunct.

OTHER AREAS of expansion are a heightened sense of enlightenment, or a sense of your own boundaries being stretched, a greater interest in astrology, and moving toward selfless service.

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People with sun, moon, or ascendent in the cardinal signs (Cancer, Capricorn, Libra, and Aries) will be feeling the conjunct most intensely.

ENTER URANUS

Breaking into the Capricorn scene this year, was Uranus, adding a wild card to the already intense activity of Saturn and Neptune. Since Uranus brings revolution and unexpected changes, we can continue to witness the desire and freedom to express one's own individuality. Note the activity in East Germany. We should feel more intuition and will make changes but without destroying old structures that serve us.

Therefore, this is a time for breaking fixations, finding creative solutions, the old meeting the new, even thunderbolts from the blue!

HOW MUCH LONGER? Since all the major planets have turned direct in the last few weeks, we will see Neptune and Saturn make an exact conjunct on November 13, at 10 degrees of Capricorn, and gradually separating after that. Then the difficult energies will dissipate. Hang on until then. Uranus will continue to tag along a few degrees behind. It is as if we are dissolving and revamping the old structures and patterns in order to make room for new and creative ways of doing things. Continue to look for unusual solutions to old problems and try not to make any long term commitments until the first of the year. Day to day living is still working best. And always remember: TRANSITS COME TO PASS, NOT TO STAY!

B R E A T H E !

ON THE CHANGING HUMAN CONSCIOUSNESS:

"As I see this change happening, it's not going to be one big organization like a political party, or something that promotes this transformation. It would be very undesirable if anything like that formed. It would be very threatening to people. But the unconscious wisdom of the way this is happening is that these small groups form-- the non-profit organizations and so on-- and when you look on from the outside they all look as though they can barely get their act together and have a very hard time staying organized and so on. So there's no threat there at all. And the net result of that is that you have a very, very powerful transformational force in the world and yet it's arousing very little resistance."

Willis Harman, quoted from the World Goodwill Newsletter.

"Think constantly of your real nature. Get rid of superstition. Do not hypnotise yourself into a belief in your own inferiority." Vivekananda

RESEARCH

BLOOD TYPES

Want to help research blood types? Basically we can say that A's tend to need security the most, are perfectionists, and articulate. B's tend to be very creative and spontaneous, living most easily in the moment. AB's, the rarest type are usually rational and controlled--even fanatical. O's, the universal donor type, are goal oriented, success motivated and competitive.

A's and AB's seem to be able to be complete vegetarians, while O's and B's appear to need meat and alcohol.

If you're interested in contributing information, return the info on the raffle ticket. It will be greatly appreciated. Thanks!

SATURN IN CAPRICORN

Most people are interested in Saturn because this energy field tends to teach us hard lessons, forcing us to look at the very things we want to avoid seeing. Saturn will be in Capricorn until Jan. 1991, so perhaps you Capricornians out there would like to work more voluntarily with you charts. Saturn never takes away anything you need, being however, the reality function. He represents matter, focus, responsibility, constricting, limitation, duty, delays,

rules, conservation. Try not to fight him in order to lessen possible depression and fatigue that resistance brings. Saturn also rules time and space, whereas Uranus appears to warp both of those working in the present as well as the future. So look for help from Uranus in the unexpected event.

Cancers, Aries, and Librans will also be affected but in different ways: generally speaking, Cancers will tend to experience Saturn through loss or loneliness; Aries through delays and learning patience; and Librans through issues of commitment and separation.

Hard work, patience, and "sticking-it-out" will result in real accomplishments that show Saturn off at his best, yielding long range rewards.

B R E A T H E !

RAFFLE

We're going to have a raffle! Ray Rossi, silversmith, par excellence, has kindly donated one of his own silver bracelets and matching rings. This is a heavy wide silver cuff with a textured finish and a matching man's ring. Simply mail the ticket on the bottom of the newsletter, together with a donation of \$1.00 or more, a subscription or an advertisement and a drawing will be held before the next issue.

We are looking for unusual ways to fund this newsletter. You have choices: you can subscribe for \$10. for 4 issues a year; you can donate; or you can advertise at \$25 for a business card. If you don't want to receive the newsletter, write the editor and your name will be taken off the list.

Please write to: Longevity Circuit
P.O.Box 9624
Santa Fe, N.M. 87504

RAFFLE TICKET

NO.

NAME _____
ADDRESS _____
CITY, STATE, ZIP _____

BLOOD TYPE (check one): A ___ B ___ O ___ AB ___
BIRTHDAY (date, place, time) _____