

Longevity Circuit

Perpetuating techniques which contribute to a longevity life-style.

Longevity Circuit

Volume 19, no 2. Autumn 2007

In This Issue

- Neptune 1
- Autumn Calendar 2

The Future Cause

The idea that difficult life circumstances may exist in order to stimulate the development of desirable gifts, ...is part of an overriding conviction I have that according to the astrological perspective *the cause of events lies in the future.*

In the usual view of things causes lie in the past: events happen, influences arise, and if the person is lucky he or she will be able to turn them to some use. It seems to me that this view of cause and effect inverts the truth, which is that if we are intended to follow some vocation, be in a certain place, or with a certain person, then that imperative of destiny, lying in the future, pulls events towards it.

Our destiny has to be made way for, it has to be prepared, often long in advance.

Dennis Elwell

Have you visited our web sites?

www.lcircuit.com

www.adanoley.com

www.elephanttech.com

www.aaartdirect.com

Neptune

Lately I've become fascinated with Neptune, which is just what this energy wants: fascination. It's Hollywood, movie stars, glamour--the big screen which mimics real life but is actually a two-dimensional illusion. Neptune also symbolizes delusion, confusion, addiction, and denial. But there's more! Neptune is compassion, the desire for union with higher consciousness, entropy, and the prayer aspect of love. It's ruling constellation, Pisces, is depicted as two fish traveling in opposite directions, yet united with a silver thread. The icon for the planet is the trident wielded by the God of the Sea. In the Age of Pisces history tells of a savior and a cruel despot and astrological wisdom understands that they are somehow linked.

Partly my fascination stems from the fact that Neptune and Uranus are in mutual reception. That is, each planet is in the other's home constellation. Neptune rules Pisces, yet Uranus is there. Uranus rules Aquarius and Neptune is there. Since these are two constellations next to each other, and planets physically next to each other in the solar system, they are regarded as "not seeing each other." Or to put it another way, when you are at the movies, you are not paying attention to the people on either side of you. The mutual reception forces these two energies to combine and work together for ease or for struggle. The process began in 2003 and will last until around 2010. Since these are transpersonal planets, meaning you can't see them with the naked eye (yes, you can see Saturn on a good night) they tend to deal with matters and events outside the individual. Consequently they are often life-changing and transformative because you feel you have no control over them. You often see their effects in societies, cultures, governments, etc.

Which brings me to another reason I'm so fascinated. Neptune at its worst brings to the forefront people who are deceptive and fraudulent. Often it is a person pretending to be a friend, or it's a liar, a crook, a trickster or a medium. But it's also the person who believes the lie, the pretense, who is impressionable, co-dependent, easily influenced, wanting something for nothing. In other words, for Neptune to "work" it needs both kinds of people! This is why the two fish are faced in opposite directions yet linked with the silver cord.

Politically speaking, this mutual reception (each receives the other) has created all kinds of havoc for the government. Lies upon lies have emerged from every corner of the administration. And since Neptune is currently in the US chart's 12th house of secrets and self-undoing, [O, dear, that's the Pisces/Neptune house, isn't it?] approaching the Ascendant [the people, the face of the country], all of this STUFF, the delusionary and wishful thinking, the patsies who believe it, the crooks

Continued on page 3

AUTUMN CALENDAR

There is so much change in the air. Saturn has just gone into Virgo after two and a half years of hell in Leo at least for the fixed signs. For the next couple of years, the energies of Saturn and Virgo are much more compatible, both being by nature practical and earthy. I'm not saying it will be easy: wherever Saturn is located there will be challenges and lessons to be learned as ignorance is routed out. I think the emphasis will be more on thoroughness, meticulousness, and attention to detail which can prevent problems from arising. Here Saturn is more amenable to hard work to achieve a goal, so we can expect gradual gains to have lasting results. Expect health care reform, not only politically, but in the personal life as well with emphasis on natural wholistic remedies, and hopefully and quite possibly a reduction in pharmaceutical use and therefore a reduction in the power the pharmaceuticals hold over national health care. **Saturn in Virgo** promotes serious study, collating of information, breakthroughs in scientific thought. Watch out for cynicism, depression and negative thinking however, and resist the tendency to do everything alone.

Saturn is currently in the US chart's 7th house, not a good placement for promoting the United States in other parts of the world. In other words we're not going to make any gains in world opinion. Since Saturn represents the president in the US chart (Saturn is natively posited in the 10th house of commanders and chiefs) and makes squares to the Moon, Venus and the Midheaven, Mr. Bush will not be doing so well either for himself or for the country. The bailout of his close advisors is a good example as is the reluctance of other countries to do our bidding.

Pluto and Venus recently moved forward at almost the same time earlier this month. Venus brings us so much of what we enjoy that it's always good news when this energy straightens out. Pluto, on the other hand, is much more intense and demanding, especially being in the last degrees of Sagittarius. The melt-down phase continues at the same time the seeds are being planted for transformation. Since Pluto makes its first move into Capricorn in January this could be a good time to review what areas of your life have gotten excessive. These last 12 years of Pluto in Sag have given the unenlightened the illusion of entitlement and license to act excessively. Look at the current issues in education, religion, economics and international affairs. Pluto in Capricorn will require

consolidation, contrition and severe commitment. At its worst, Pluto in Cap reveals the dictator, witness the religious leaders rampant around the globe.

Neptune makes a station at 19° Aquarius for nearly 4 months turning direct on Hallowe'en. All summer long Neptune has been retrograde. Review the headlines: how much fraud has been revealed, how many lies have been exposed.

In mid November, **Mars** makes it biannual retrograde action at 12° Cancer. Mars here is not exactly a happy camper, since water (Cancer) tends to put out fire (Mars) It IS, however, a most sensuous position, very touchy-feely: loving soft caressing apparel next to the skin. Perhaps you've been indulging lately and now may reflect on why and what you've done. Mars here also likes to swim and work around the house. Enjoy!

Finally even **Uranus** turns direct on Nov. 24th making a long station at 14° Pisces. Hopefully this retrograde Uranus revealed hidden desires just below the surface of the consciousness, especially through day and night dreams. Uranus and Neptune are in mutual reception each aggravating or enhancing the other. For example, Uranus is detached and Neptune is co-dependent; and Uranus is revolutionary and Neptune is visionary. The only thing we have control over is our minds so its a crap shoot which way a person will use these energies. Once both of these planets are forward moving, the choice of using these energies will become more obvious.

In December **Jupiter** changes signs: from Sag to Cap. In fact both Jupiter and Pluto will be in Capricorn together for a year. Jupiter makes an opposition to Uranus in the 11th and 5th houses of the US chart. Expect some dramatic changes and needs to reduce restrictions. What will the Congress do?

Mercury goes retrograde in October on the 11th at 9° moving back into Libra and turning direct on November 2 at 23° Libra. You might not feel mentally as sharp as usual since your mind is reviewing the past months and collating the information for new solutions to old problems. That is why it is best at this time to avoid making decisions for future events.

Saturn makes a station at 8° Virgo just at the Winter Solstice. Look for the next issue of *Longevity Circuit*.

LONGEVITY CIRCUIT

is a quarterly newsletter dedicated to perpetuating techniques which contribute to a longevity life-style.

Virginia Cornell-publisher/editor

Paul Sakion-asst. editor

Paul Sakion-trouble shooter

Adano Ley-The Brain

Paul Sakion-web master

To contact us: ginger@lcircuit.com

or visit www.lcircuit.com

Subscriptions are \$20/yr.

Send your check to:

Virginia Cornell

4644 Geary Blvd., #150

San Francisco, Ca 94118

(415)221-1005

Santa fe: (505)983-8211

NEPTUNE Continued from page 1

who plan it, the people who avoid dealing with it, all this STUFF is being exposed! Pretty interesting, don't you think? Of course, the question always arises, Who's to blame? Isn't that the nature of the human being, to blame? and it's a 6/12th house, Virgo/Pisces, Mercury/Neptune condition, too.

This whole thing about lying puzzles me. My teacher, Adano Ley (Swami Nityananda Saraswati) said there is no injunction or law against lying. The law says, "Do not bear false witness against your neighbor," but it doesn't say you can't lie! And when he was questioned as to the spirituality of this situation he reminded us that God has lied to us and therefore S/He cannot ask us to refrain from that which S/He has done! And what is God's lie? Could it be that it is an illusion that we are separate or, that physical manifestation is real, for example? This is Neptune energy.

And how do we deal with the problem when it is a good friend (a real friend or one pretending to be?) or a business colleague or a tradesperson? Neptune here helps us a little to understand that we agree to the lie in some way. Here, looking at one's own astrology chart can be quite helpful. Neptune never acts alone: this energy is always provoked by another planet's energy. In most cases Mercury will be involved. Mercury is the planet of communication. Remember Mercury the god with the winged feet who flew around the heavens taking messages from man to god? On another level, Mercury is also considered the trickster in mythology, the master of duplicity. Also called Hermes, he invented lies. The height of his cleverness is to be able to conceal it.

When you find Neptune and Mercury together in conflict in a chart (square, semisquare, conjunct, sesquiquadrate, etc.) you can be pretty sure that lies are flying around! But who is the perpetrator? A funny thing about reading a chart is that energies described by the chart have no origin. They merely exist. With Neptune and Jupiter, for example: are you the one being helped or are you the helper? The same for Neptune and Mercury: who is lying and who is believing it? And how do you know if you are lying to yourself? Since Neptune also causes denial and avoidance these questions are not easily answered.

Over the years I have often seen Neptune cloud the minds of highly evolved individuals who, because of their unconscious need to resolve difficult karmas, have engaged in activities, that without the Neptune fog, they wouldn't have ordinarily done. They often

say, after the transit is over, "I knew better than to do that." But they had to go through the situation in order to learn something new or resolve old stuff from a previous lifetime. Neptune which rules guilt (and Virgo which rules blame) reminds us that there is no right or wrong in astrology. There is only energy and like weather patterns we don't blame ourselves for the rain, nor do we promote ourselves for the sunshine.

There is a very interesting and informative book about this subject by Paul Ekman, called *Telling Lies*. He researched this topic in an attempt to help therapists discover the lies of their patients, particularly suicidal patients who were lying to cover up their plans for suicide. He later came to use his research to help the police to determine lies of suspected criminals and to identify lies in politics!

What it all boils down to, I think, is that Neptune, the most nebulous undefinable energy in the zodiac presents us with unanswerable questions. How can we be both the victim and the victor, the liar and the betrayed? How can Higher Consciousness lie to us? The point of Neptune is that this icon instructs us to experience the mystery of life. And once we recognize that the joke is on us and it causes us to laugh, then we have been awakened! Neptune with Mercury's help, have done their job.

"Makunda, why don't you get an astrological arm-let?"

"Should I, Master? I don't believe in astrology."

"It is not a question of belief; the scientific attitude one should take on any subject is whether it is true. The law of gravitation worked as efficiently before Newton as after him. The cosmos would be fairly chaotic if its laws could not operate without the sanction of human belief."

"Charlatans have brought the ancient stellar science to its present disrepute. Astrology is too vast, both mathematically and philosophically, to be rightly grasped except by men of profound understanding. If ignoramuses misread the heavens, and see there a scrawl instead of a script, that is to be expected in this imperfect world. One should not dismiss the wisdom with the 'wise'."

Yogananda from *Autobiography of a Yogi*

For a copy of the list of solar nutrition foods:

<http://www.lcircuit.com/foodlist.htm>

Please note!

There are now 2 phones where I can be reached. In Santa Fe: (505) 983-8211 or San Francisco: (415)221-1005. You can always reach me at my email address: ginger@lcircuit.com

First class mail



GINGER CORNELL
LONGEVITY CIRCUIT
4644 GEARY BLVD, #150
SAN FRANCISCO, CA 94118

Since everything is but an apparition, perfect in being what it is, having nothing to do with good or bad, acceptance or rejection, one may well burst out in laughter.

Longchempa

This great 14th century Buddhist saint from Tibet also gives us this prayer.

Precious Guide, One with all Awakened Ones throughout time and space, Blissful presence and source of all spiritual accomplishments, Fierce destroyer of illusion who dispels every obstruction, We pray to you for blessing and inspiration: Please remove all outer, inner and secret obstacles, And spontaneously fulfill our aspirations.

