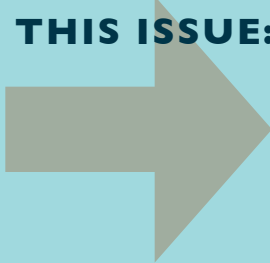


Longevity Circuit

Perpetuating techniques which contribute to a longevity lifestyle

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HEALTH CARE

Hardly a day goes by without some news article about health care. It's not just an issue of insurance, but accurate diagnosis, medical ethics and capability, medications gone wrong, death and life support. Are we more preoccupied with our health than ever before- or does it just seem that way? It appears to be so because so much of our population is in the phase where immortality no longer is taken for granted, fear of death, and probably even more intense, fear of getting sick, has created a Medusa of issues laden with corruption and false claims. So what are we to do about this?

Any attempts to reform health care seem remote at this point. But the issues will remain for quite a while. What does the U.S. chart have to say about this? According to mundane astrology, the branch that deals with political matters, the first house is the most important because it represents the people, the general condition of the country and in a general sense the public health. There are currently two planets placed here by transit. One is Jupiter, the ruler of the U.S. chart's first house and though normally considered a beneficial energy, in terms of public health, it would show cause for the high percentage of obesity present in our population and why this issue has come under scrutiny now. The other planet is Pluto, generally considered the most intense and life changing planet in our zodiac. (Its controversy in astronomy has not mitigated its strength in astrology.) Wherever Pluto is in a chart, no matter whether it's a mundane or personal reading, there will be transformation and change. Pluto is not called "the fascist" for nothing. Pluto exposes anything hidden, rules crime and war. My teacher, Swami Nityananda often mentioned that in the Aquarian age, which we are in, governments would continue to get more corrupt until the people at the grassroots level began to take responsibility and act on their own. With Pluto recently resident in this 1st house, the necessity to be self-governing is upon us. Although Pluto will be traveling through the first house for 12 years or so, in the next couple of years there could be a major shift in lifestyle among the populace. Please refer to the Current Calendar on page two for information about Jupiter in conjunction with Pluto indicating excess and their entrance into Capricorn indicating let-down.

(Continued on page three)

The winter solstice arrives with a bang. On Dec 10th, Jupiter and Pluto merged their energies at 28 Sagittarius. Pluto represents the most intense energy of any planet/symbol in the zodiac, and Jupiter the most expansive. When these two get together as they do every 12-13 years big things happen. To add to the melee, this time the conjunction falls in Sagittarius which is also full-scale. In the U.S. chart, using the time that Washington indicated in his diaries, we find this conjunction in the first house.

In mundane or political astrology (the astrology of nations) the first house tells about the common people and the public health and general conditions of the country. With a transit like this excess is always a problem. Since the transit also makes a connection with the Sun in the 10th house this energy also affects our president and other national leaders as well as industrial heads. Since Pluto also rules insurance companies, there could be some final excesses in the public health arena.

The exaggeration of claims in all areas of government are well documented now, but little is being done to correct it. So it seems that the public has been getting just what it wanted! In your personal chart these two energies may manifest as tremendous optimism, the desire to learn quickly and raise the bar, so to speak. It could be a quest for leadership and power, being in control, developing a new world view or life attitude.

After this transit is over, around mid-month and both Jupiter (Dec 18th) and Pluto (Jan.26th) move into the constricting sign of Capricorn, the people may experience a hangover of sorts and the discipline to correct the many excesses could begin.

Additional help could come from Saturn which turns retrograde on the 19th further creating a need to review and constrict, and joining Mars which has been retrograde since mid-November. Mars will continue its apparent backward motion until the end of January. Since this is the planet giving us the impetus to act, you might find that your urgency to obtain your goals is diminished. Mercury also turns retrograde on Jan. 28th. Again, this planet of communication and thinking becomes a bit muddled. It's better to use this energy to think about decisions you've already made and wait until Feb 18 to firm them up as new ideas and information may emerge.

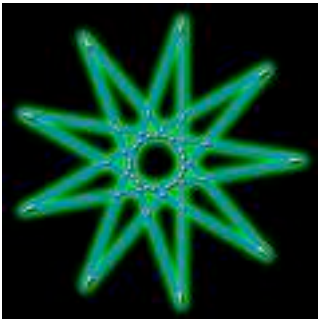
To review, Pluto moving into Capricorn, a year long process, is bringing a very different kind of energy than that we have been experiencing since 1995. Yes, Pluto in Capricorn can rule the dictator and certainly we have already seen the emergence of such; however, this energy is also known to produce new inventions and ideas. Since Pluto makes the transition in the first house of the U.S. chart this could be positive for the common man. Perhaps a leader will emerge from the masses who will take our country into a new level of power.

But first we must work through the Saturn opposite Uranus transit. This is tension between the old 'tried and true' and the new. It can feel like a loss of freedom or conversely like a loss of security. It creates tension. It can create unexpected accidents, broken bones, and broken relationships. The transit falls in the 9th house of the U.S. chart, the area that deals with travel, religion, the courts, foreigners and foreign affairs. These could be areas of conflict as the old guard meets the innovators. Uranus is in the U.S. chart's 3rd house affecting areas of transportation, telephones and the post office as well as the media and newspapers. Since Uranus is stronger than Saturn, there will certainly be change. A lot of these areas are problematic right now and could use some innovation and reform. Although

A note on "retrograde" motion. The ancient texts described the apparent backward motion of planets as being evil or detrimental. Today with our more psychological approach, modern astrologers indicate that this motion is more delaying and thoughtful.]

this transit strictly comes into orb later in the year, it is pretty common to feel all the Saturn transits as soon as this energy moves into a new sign. In this case, Saturn went into Virgo in September. Did you feel a shift in energy then? Uranian transits, however, tend to be more predictable as to the orb.

There will be an eclipse of the Sun on February 6th at 17 Aquarius. It will not be visible in the U.S. Much has been written about eclipses and they certainly figure in all the astrologies of the world. Their effects are not always predictable however and are generally thought to be malign. I have not always seen that, however and have even seen positive effects.



Dear Readers,

Greetings from Santa Fe, and Happy Holidays to everyone! There have been many changes for Paul and me this last year including buying a house in Santa Fe for the dry air and moving to Oakland from San Francisco also for the improved climate. Mark Twain wasn't kidding when he said "The coldest winter he ever spent was a summer in San Francisco." After 12 years we couldn't do it anymore. So here are my new phone numbers. In Oakland call 510/834-1005; In Santa Fe, call 505/983-8211. However it is always easy to reach me via email:

ginger@lcircuit.com. I am able to access my email where ever I am.

Health Care Continued

Another house relating to public health is the 6th. Interestingly, the 6th house also rules the Armed Forces and the lower or working classes. No wonder there is so much interest in the scandals in the army and the focus on immigration. Here we find the Solar Arc Sun, putting the spotlight on these areas. Since the 6th house deals with sickness as well as health we can find cause for the rise of the pharmaceuticals, the false claims and corruption. The Sun is 'naturally' posited in the U.S. chart's 10th house, meaning that with the Sun's current position in the 6th, the spotlight comes from the ruling classes including corporations and government. One way to control people, it would seem, is to perceive them and encourage them to be sick and dependent. In our country we encourage co-dependence and illness, by robbing people of their right to be healthy...since sick people are reliant on others to take care of them. This serves the government and the moneyed few giving them license to realize their own agenda. The Sun went into the U.S. chart's 6th house about 12 years ago and that is approximately when handicapped status became desirable.

So what do we do about this. Surely health and independence are more desirable traits to foster. That mean's that individuals can and must take more responsibility for their own health. Of course, astrology has a lot to say about this!! In health astrology there are 4 houses that address being healthy. That's a third of the whole circle! The

4 houses are the 3rd, 6th, 9th and the 12th. These are the mutable houses and are meant to be changeable and go forward or backward.

In your present life, the 3rd house begins the the search for health related problems as it indicates what we have been taught as small children by our parents, teachers and religions. It's our basic intellectual paradigm upon which more abstruse and complex thoughts are built. An error in one's thought here will have major repercussions for one's health as indicated by the 6th. It's always a good idea to write a list of a hundred things your parents taught you in order to identify whose thoughts you are thinking. Behind every emotion is a thought. This is especially useful if there is a problem of depression or illness. Scientists know now something that my teacher had been pointing to in the 70's, that thoughts have a chemistry in the brain. These peptides have an addictive quality making it very difficult to change one's mind or one's emotions. And they can settle in a part of the body that symbolizes the incorrect thought causing dis-ease. Nevertheless, though the challenge may not be easy it is essential for the good life and good health. Besides the 100 things inherited by your parents less than perfect upbringing, it's also a good idea to examine what you were taught in school and in your church or by your peers. It's a big job and makes it easy to grab for that prescription or surgery knife and blame someone else.-Continued in the next issue

This issue touches on health care issues for both our country and ourselves. Astrology can give us clues as to what is behind the controversies and why so many people seem to be sick.

In one of my favorite books, *Space, Time and Beyond*, the scientific explanation for the universe is demonstrated with cartoons making difficult scientific structures easier to comprehend. One of the intentions of this book is to show that the scientific thought of quantum mechanics is harmonious with the spiritual understanding of the great teachers and religions.

The first two cartoons picture these laws of physics.

1. The physical universe does not exist independent of the thought of the participator. What we call reality is constructed by the mind.
2. We construct ourselves and we construct each other.

These two understandings have a major impact on our ability to heal ourselves (our cells). We must ask ourselves why we readily accept the laws of quantum mechanics in technology (without them we would not have television, cell phones and the like) yet resist incorporating them into our daily thinking and world views.



Ginger Cornell
223 N. Guadalupe St. #493
Santa Fe, NM 87501

