

LONGEVITY CIRCUIT



Magnolia opening, 2005

Addiction

We are addicted to our own imagination, through the craving patterns. Therefore as we become addicted, we have to repeat it over and over and over. Thus we become attached. From the addiction comes the attachment. We can't seem to let go and if we want to let go, we are afraid that we're going to lose ourselves, our identity. That's the big problem in this ego nature. Yet when you realize that by detaching yourself, breaking free from your imagination of what will happen to you, in the process you start the elimination of holding onto unfulfilled desires. The unfulfilled desires begin to shut off. A.C.L.

HELD HOSTAGE

Not long ago, when Jaycee and her children were freed from her captors, the subject of being held hostage came up. And not surprisingly: Pluto's entrance into Capricorn is a combination of Pluto and Saturn, a very difficult combination of energies. (See the Calendar for more info on Pluto and Saturn) For the sake of this discussion, Pluto is invisible or unrelenting power and transformation, while Saturn rules containment, coldness, restrictions, death and time. Not a lot of fun in this combo! Our discussion was centered around why Jaycee stayed with her captors. Then we remembered the Patty Hearst episode where she also succumbed to her captors even to the point of helping them rob a bank. What was going on here, we realized was a survival technique called "The Stockholm Syndrome" which is a frequent response seen in abducted hostages, where the hostage shows signs of loyalty to the hostage-taker, regardless of the danger or risk in which they have been placed.

When we realized we are all held hostage by something, we decided to look at what astrology has to say. Well, if one uses Astrology for clues, it's easy to see that each planet tells us of an area where we can be susceptible. For instance, Jupiter would tell us that we are held hostage by our belief systems. It was Ram Das who warned us that we "would rather be right than be free."

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Winter Calendar

Happy Winter Solstice! I always look forward to the days getting longer. Not every one will agree with me, but I just imagine for a moment how the earliest cave dweller must have felt when he saw each day getting shorter and shorter! If our understanding of the cosmos was not brought to us by life from another planet, as many believe, than fear must have been the compelling factor that made early man study the heavens. So we rejoice on Dec. 21, for the beginning of new light, the true origin of Christmas and Hanukah, the birth of light in the world of consciousness.

Mars in Leo is the only retrograde planet as of the Solstice. This happens every two years and indicates a time of slowing down, restraint and reviewing goals. Mars in Leo can be pretty exuberant so this can be a time when non-action works the best. Mars goes direct again on March 10th.

Mercury in Capricorn turns retrograde on Dec. 26th. Like the retrograde Mars, it also begs for more reflection, needs checking facts and finishing up projects. Retrograde personal planets (the ones you can see in the sky with the naked eye) are usually felt more personally. That's why they cause us to review. Specifically with Mercury, however, anticipate misunderstandings, computer snafus, negotiation problems. Don't sign anything unless you have to! Wait to begin new plans until after Jan. 16 when Mercury goes direct. Venus joins Mercury and the Sun in Capricorn on the 26th of December. Thrift, returning expensive gifts, being practical. Capricorn is cold and hard, but lays down solid longterm foundations. We need that energy!

Saturn goes retrograde at 4 degrees Libra on Jan 14th. Saturn has lots to do with business,

following the rules, being disciplined. Since this planet is squaring Pluto off and on until August, the reflective path of Saturn until June 1st can be helpful. Saturn actually returns to Virgo for a while helping one to be more discerning and factual. In Libra where the emphasis is on relationships of all kinds and where Saturn is exalted, the initial impact with Pluto (the fascist) might have been daunting but the final outcome may not be apparent until August. Luckily, changes you make now will matter. Saturn/Pluto square is not an easy energy to deal with, especially if it connects with your own chart. Both energies are difficult, demanding, and lack compassion. But remember, astrology charts are maps showing you how to get out of your ego-based consciousness and into your

wholeness. So a transit such as this is aimed at helping one to tear down old structures so that there is space for better or improved material. In the mundane world we see its effect on the banking industry. Another example is the "Tiger Woods debacle." He has Saturn nearing a conjunct with his Pluto in the first house, while the squaring Pluto is near a conjunct with his Sun in

Capricorn. Yes, you guessed it: in his natal chart, Pluto squares his Sun. We find this energy in the charts of people who go through major fundamental upheavals in their lives. Often as a result of experiencing very difficult childhood traumas, this energy forces a transformation. The dark side comes out where it can be dealt with and transformed. As I write this Tiger's biggest endorsement has just dropped him: Uranus is squaring his Midheaven which often results in getting fired. However, for those of you who are big golf fans, let me assure you, that Tiger, being a Capricorn Sun and with his Moon in Sagittarius will survive this and be a better, more whole person for it.

Jupiter conjuncts Neptune for the last time on Dec 25th possibly bringing you a pleasant gift.

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And the light is shining in the darkness. Yes, it's already shining within the brain. A.C.L.

HOSTAGE, Continued

Neptune, on the other hand indicates where we are held hostage by guilt. The root of the word 'guilt' is guile, to fool yourself. Guilt is not a spiritual concept, but rather a strong weapon to keep us in bondage. What if you have a difficult relationship between Jupiter and Neptune! Then the religion one embraces would hold you hostage through guilt. These 2 energies are very sympathetic and ancient astrology taught that Jupiter was also the ruler of Pisces. (Subsequently with the discovery of the newer planet, Neptune was given rulership over Pisces.) Since most religions have a strong guilt factor, this energy easily holds one captive.

Saturn, the "Old Man" of the zodiac, tells us we are held hostage by a myriad of guns: Authority, "they," fear, time, being in control, maintaining a reputation and ignorance. This is why Saturn is so often the planet that gives us the most trouble.

What about Pluto?

Here we find power to be the culprit. This can be power that generates from our ego needs. We may be powerful in our church, our business, in school, for example and fail to see that losing that power would free us to progress beyond our limitations. We might also be held hostage by someone else's power. In a way you could say that our entire country is held hostage by the religious fanatics in the middle east.

The Moon indicates being held hostage by family. This is complicated since so many other factors can come into play like guilt or fear. But essentially emotional dysfunction prevents us from leaving childhood behind and living the life of one's best interests. Some examples I've heard are, "My family is so prestigious (rich). "I was very poor as a child so poverty is okay." "Everyone's father beat them when I was growing up so it's okay for me to hit my kids."

Even friends can hold us hostage. Wanting to be part of a group, wanting to be liked, can cause us to withhold important parts of ourselves that would threaten the relationship. Carl Jung

felt that German mass hysteria is what allowed Hitler to do his atrocities. The parable of the Emperor's new clothes is another example of mass agreement. It is the innocence of the lone child who says "But he isn't wearing any," that freed people's minds. Friends are usually ruled by Uranus and the 11th house. Wanting to be liked is a huge hostage holder. Here we should also attend to tribal consciousness as opposed to individuation.

Another big hostage taker is money! This would involve two areas: money you make, and money you get from other sources like inheritance or alimony. Now we are looking at Venus -- and Pluto again and the 2nd and 8th houses.

Food is another big captive, maybe on the same level as money! This is a 6th house matter, and the planet then would be Mercury. But so

much of our eating habits come from our experiences in early childhood at the family dinner table, I would also put this problem with the 4th house and

the moon. Food as hostage involves eating foods that one knows are harmful or over or under eating. This could also include drugs.

Is it any wonder that the men and women of old who were searching for God took to their caves, eschewed money, begged for food and lived a solitary life? Today one's search for spiritual truth is a bit more complicated. We have a concept now called the "Householder." Essentially this means we must be able to identify our internal ego needs in the face of ordinary living within a family. And hard as it is to do that, we are also required to overcome those foibles so that we can experience what we are, rather than who we are. For it is the "who" in us that agrees to be held hostage. It's the 'what' in us that enjoys absolute freedom.

Thanks again to all those who are receiving this newsletter via email. If you would like to join the ranks of paper savers, simply email me: ginger@lcircuit.com and put the word 'subscribe' in the subject. It's in the .pdf format which any computer can read and is easily printed.

Ignorance is ignoring the truth.
Adano Ley

Or it may be that you do that for someone. Commerce loves compassion at Yule time! Then on Jan 17th, Jupiter moves into Pisces which, until Neptune's discovery, was one of Jupiter's homes, the other being Sagittarius. This is more of the Jupiter/Neptune energy we have been experiencing: creativity and kindness, but we need to be aware of Jupiter's downfall, excess, especially while Jupiter is in its 6 month speed phase. If you find yourself rushing, talking too loudly, wanting more, then you're in excess mode and will benefit from a slow-down.

The energy is the U.S. Treaty chart indicates continuing change. Transiting Pluto is still opposing the natal Uranus: a complete and total change of lifestyle. Since this combo is occurring in the chart's first and 7th houses we can readily see why so many Americans are facing the need to adopt a more practical way of life. The high level of unemployment causes many to rethink attitudes. The investor is reacting against the huge bonuses paid to executives; the way business is done now is an issue. This will continue until mid October.

The Saturn/Uranus opposition is still in operation and will be until the end of August. This last one will be particularly intense as the two planets are rarely more than 2 degrees away from each other beginning in May until they start separating in August. Change, change and more change. Since Saturn holds onto the tried and true, the way "things have always been done," and Uranus opts for the new, the untested, the radical, you can expect the tearing and breaking down of ideas, institutions, the media, post office, foreign affairs and ideologies.

The last Jupiter/Neptune conjunct occurs in the nation's second house of money. The stock market has been steadily improving, When Jupiter enters Pisces the same energy as the Jupiter/ Neptune conjunct could hold sway, but if these 2 energies create too much emotion than we could easily make some careless decisions. This energy is great for Hollywood, meditation and helping others, but is not very practical and easily

duped! If it's too good to be true, it's too good to be true.

AT LAST!

The Longevity Circuit web page has at last been updated. Go to www.lcircuit.com and tell me what you think. Do you have suggestions or dislikes? Maybe in another 8 years I'll change it again!! The **solar nutrition food list** is still available free on a .pdf so that anyone can access it.

HURRAH!

The Adano Ley Archives are now available for free!

Paul has finished archiving all the available reel-to reels, cassette tapes and recordings of Adano's that have been sent to him. It's an amazing body of work in Adano's own voice. And it fits nicely in an iPod Nano. So, Paul is happy to fill up an **empty** 16 GB iPod with all the available material if you will send it to him. Then he'll send it back to you filled with wonderful Adano insights! Since so much time and money are involved in creating a CD, he must still charge for those, but the filling of an **empty** iPod is free. And if you have some old tapes of Adano, send them to Paul so he can archive and share them.

