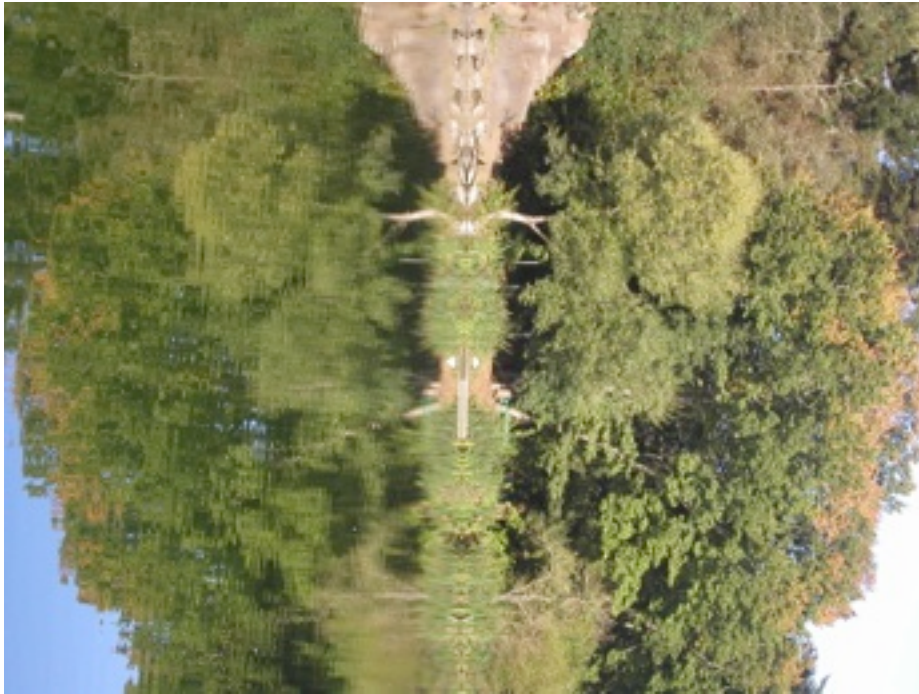


LONGEVITY CIRCUIT

Uranus in Aries = Change



Stowe Lake, San Francisco, CA 2003

“We’re in a free fall into future. We don’t know where we are going. Things are changing so fast and always, when you are going through a long tunnel, anxiety comes along. And all you have to do to transform your hell into a paradise is to turn your fall into a voluntary act. Joyful participation in sorrow and everything changes.”

Joseph Campbell

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CHANGE IS INEVITABLE: Whether you think it’s good or bad, interesting or dull, pretty or ugly, it all depends on how you look at it. The picture above is a good example. And we’re in process of big change now that Uranus has made its first step into the new sign of Aries. As of Thursday night, May 27th, Uranus left Pisces and entered Aries making a station at 0 degrees until August 15th whence it retrogrades and reenters Pisces until the end of the year.

So what does this all mean, you ask. Uranus, as a symbol of the psyche, resides in the collective unconscious. It is the part of us that is independent, innovative, rebellious, and intuitive. At its best it brings sudden awareness, brilliance and creativity, especially in rhythm and music. At its worst it is stubborn, rebellious, impulsive, and excitable. In short, all the attributes that bring about change. In terms of people it brings us inventors, reformers, rebels and revolutionaries and remember their ideologies may not be shared by you. When Uranus was last in Aries, from 1927 to 1935, we experienced the Great Depression, the beginnings of World War II due to the rise of Hitler, and on the other side, Churchill and F.D. Roosevelt. All were reformers. These two major catastrophes changed everything: new economic theories and the new rules for the stock market, the baby boomers, the loss of the family grouping and the emerging of the atomic family. Just this, and all this, changed the fabric of American life. Uranus in Aries is direct, and action-packed. You know what is

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SUMMER CALENDAR

JUNE 21, the Summer Solstice, the Sun stops its apparent travel north and the days gradually become shorter. The druids made this a day of celebration, fecundating their country in preparation for the days ahead. A magical time that Shakespeare wrote about in "*Midsummer's Night Dream*." Aah, if life were still so simple... Our sophistication and left-brain dominance have done us little good. Now we find a world in turmoil, fear-based and confused. It behooves us then to find a world of peace and harmony within ourselves, to demonstrate the opportunities for change by changing ourselves and our actions.

It's possible! The entrance of Uranus into Aries comes with extra help: Jupiter has also moved into Aries. They both retrograde at about the same time, and continue to be together through the rest of the year. The coincidence of these two energies can be extremely helpful. (Is this the work of a Divine Plan, or are we just lucky?) Jupiter and Uranus together bring luck, optimism and courage. With the brilliance of Uranus and the intellect of Jupiter there is plenty of opportunity to move forward quickly and with farsightedness. Of course every transit has its down side as does this one. Watch out for excess, a feeling of rightness (self righteousness) and philosophical arguments. Be aware that so much energy can create inner tension as it finds expression in manifestation. Breathe!

Let's add Saturn to the mix! On July 21st Saturn will go into Libra to stay for a couple of years. This creates an opposition to both Uranus and Jupiter. In this case it appears to have 2 very distinct possible outcomes. Firstly, it might frustrate progressive ideas and projects to a maddening degree, and secondly, it might

temporize the excesses potential to the Jupiter Uranus conjunct, which could be very positive.

But as they say on TV, "that's not all, folks, if you order now..." or to put it another way, let's add Mars to the mix. On July 29, Mars also enters Libra, conjuncting Saturn. What we have then is Jupiter and Uranus on one side of the zodiac and Mars and Saturn on the other. Mars and Saturn are considered malefics, Jupiter is considered a benefic and Uranus is just plain amoral, being an energy that follows its own rules to accomplish the matter at hand. Never complain, never explain says Uranus. I'll cut off your finger if it will bring you closer to your enlightenment.

To get a better idea of what these conflicting energies might mean, I looked at the Treaty Chart of the United States. This is the chart and time that Adano gave me as the real birth of our nation. Look on page 4 to view this chart. You will see that the opposing energies are located in house 1 and house 7. It is generally believed that the 7th house rules international affairs, while the first house refers to the health of the nation. Is it so surprising to see conflict with other countries? How many areas of conflict already exist? Certainly this transit does not help matters and indicates no end to the problems we have abroad. Foreign travel is not indicated at this time, either.

There will also be a solar eclipse on July 11th at 19 degrees Cancer. Uranus will retrograde on July 6th, Jupiter will retrograde on July 24, joining Neptune and Pluto which are already retrograde. Retrograde gives us a chance to review, rethink potential actions and drive the energy inward. Mercury will retrograde August 21 until September 13th. Sometimes the retrograde for Mercury seems to last until it obtains the original degree, which occurs on Sept 27th. Look for the next LC on Sept 21st. Happy Summer!

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"When one beholds the entire universe as a play of Consciousness, what else can one do but smile?"
Ammachi

URANUS IN ARIES, Continued

happening. On a personal level you might find sudden bursts of energy that you never felt with Uranus in Pisces. You may crave change, feeling underwhelmed with boredom. You might find yourself becoming fanatical about a situation, wanting to reform yourself, or God forbid, someone else. Your rebelliousness could take a violent turn as you might take ordinary difficulties, exaggerate them and go to unprecedented lengths to get your way. The international scene holds the same sway.

To round out the picture, there are a couple of other things I want to mention. Since Uranus retrogrades back into Pisces this summer, we are not through yet with that energy. Let's look at how Uranus acts, acted in Pisces. When Uranus was in Pisces last in the 1920's Prohibition was enacted, and the rise of communism occurred. We find similar issues today with Palinism and the Tea Party, gay marriage and rise in feminism in politics, at least. The oil spill, Katrina, and the tsunami in the Indian Ocean are other indicators. Pisces rules the oceans, oil, emotional ideologies, secrecy (think government and large corporations) victimization, denial and delusion. Pisces also rules the collective unconscious and an outward manifestation of that is the World Wide Web that connects us all. The minute something happens across the globe, say, we know and feel it wherever we are. Empathy is one of the positive attributes of Pisces and has been easily experienced by the immediate outpouring of help and compassion to the people of Haiti, for example.

From August to March of next year Uranus will be in the last degrees of Pisces and more and more things will come to the surface. The last degree of Pisces can be especially really difficult. The 29th degree of any sign is called the Anaretic Degree because it is the weakest point in that constellation: is

it this or is it that? Things get fuzzy and vague and objectives are very often hard to accomplish. Since Pisces is the last sign of the zodiac it's 29th degree is a double whammy, sort of a double-double anaretic degree. The intensity is increased because any issue, situation or problem that has not been dealt with since the last go-round of Pisces (121 years ago) will have to be dealt with now. In personal terms it's like sweeping the dirt under the rug and then whoosh, the mess is revealed and must be handled.

An interesting aside about the oil spill involves BP's chief Tony Hayward who's Sun sign is 29 degrees Taurus, an anaretic degree. Certainly you can see the effects of this energy in the indecisive way he has handled the oil spill.

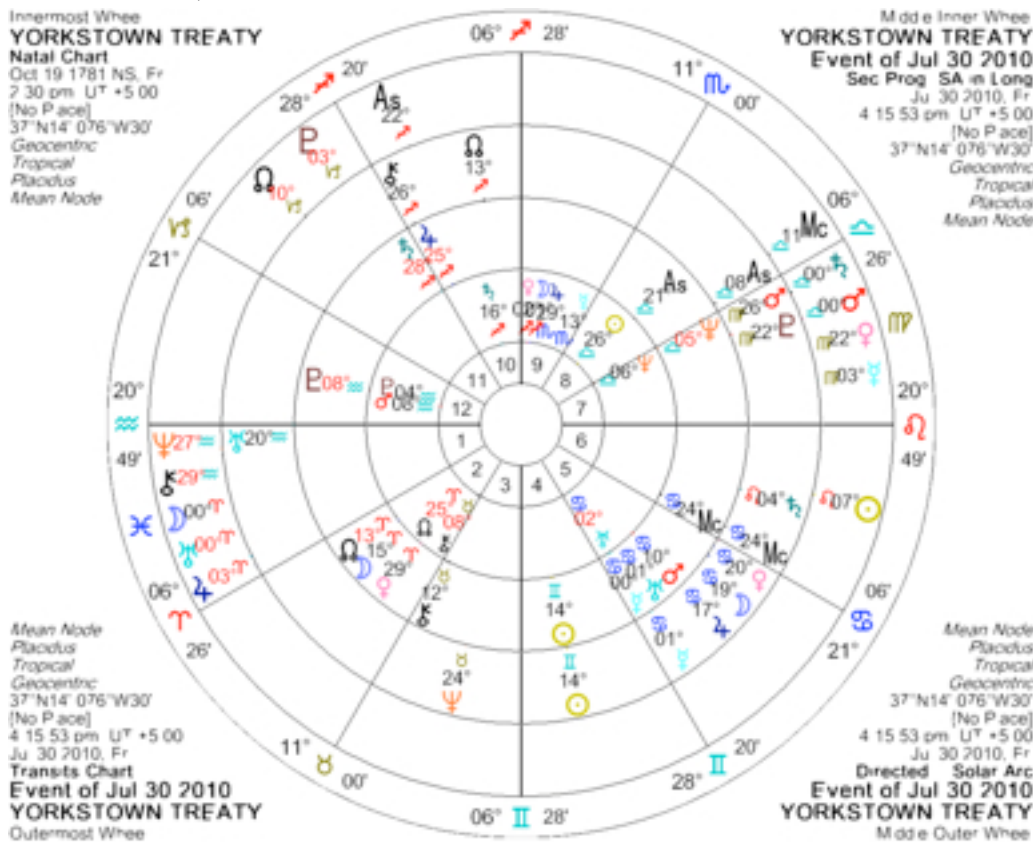
You see, Aries is the first sign of the zodiac and represents new beginnings. Look at 0 degrees Aries. What is it? April 21st, the first day of Spring, the Vernal Equinox. Days and nights are equal in length. There's a need for balance on the planet and in one's personal life. Jung coined the term "enantiodromia" which means a running to the opposite. He was saying that when we get out of balance in our thinking or our actions, the psyche corrects by taking the opposite view or action. Eventually, healthily, we learn equanimity. Think of a see-saw and how sitting on the center is stable.

There won't be much stability with Uranus in Aries, however. Aries is ruled by Mars, the god of war. It's a do-it-now and apologize later energy. It's in the moment, impatient and daring. It's the pioneer of the zodiac and when at its best and combined with Uranus, we could find plenty of innovation, resourcefulness and problem solving in unique ways. Solar and wind power, all alternative energy sources, could finally get the attention they deserve, a good example of turning something horrible (the oil spill) into something beneficial, weaning off our addiction to oil. Agree with your "free fall into future."

"God is the atom inside you."

Adano Ley

Calendar, Continued



FOOD, In case you've got the summer food boredom blues and want some ideas for something new yet still want to follow the Solar Nutrition concept, we've got some good ideas. We've found it is rather easy to convert recipes from the Thai, Spanish and New Orleans styles. For instance you can make an all seafood or tofu pad thai, a seafood or mushroom paella, and a mere tweaking will turn many New Orleans recipes into Solar Nutrition gourmet wonders. I've even made soy milk ice cream by substituting a good soymilk for the cow's milk. Keep the cream, however. Yum!

"The high cultures begin to emerge ...around 4000 B.C. Most important are the priests..who observe the heavens for omens to know when one should plant and when reaping time comes. It is the priests, particularly in Sumer, who first employ the arts of writing and mathematical observation. They are the ones who develop mathematics to describe the world: the sexagesimal mathematics of 6, 12, and 60 by which we measure time and space to this day. They were the first people to discover the movements of the planets through the fixed constellations; they recognized that the planets move in a mathematically predictable progression. These patterns led them to conceive the idea of a cosmic order: a universal cycle writ large, so to speak in heaven." Joseph Campbell



GET IT

Adano's audio and video tapes, CD's etc, are available **FOR FREE** to anyone who will send Paul an **EMPTY** 16 GB Ipod Nano. There is no charge for this. They have been cleaned up as much as today's technology can do. It's an amazing body of work in Adano's own voice and the videos and audios have his great energy.. Also, if you have anything of Adano's you want archived, send it to Paul.

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