

# LONGEVITY CIRCUIT



## MERCURY

### Facts about Mercury (from the internet)

- One of the sons of Zeus was Hermes, son of the Greek Maia, was considered the messenger of the gods and so was naturally thought to be very swift.
- Mercury has been known since at least the time of the Sumerians (3rd millennium BC).
- It was given two names by the Greeks: Apollo for its apparition as a morning star and Hermes as an evening star; however, Greek astronomers knew that the two names referred to the same body.
- Heraclitus even believed that Mercury and Venus orbit the Sun, not the Earth.
- Hermes is usually pictured with wings on his sandals and on his cap and he was also the god of commerce, cunning, and invention.
- In ancient times, messages from one ruler to another or between armies were carried by “heralds” who had to be treated with respect and were not to be harmed.

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If you’ve got difficult Pluto transits, a good way to mitigate them is to listen to Mercury every day. It used to be that people complained about Saturn transits, but since Pluto has moved into the sign of Capricorn, everybody is complaining about Pluto much more than Saturn. Saturn definitely is the task master: he shows you where you are ignorant and says, “Get smart! Get with the program, wake up!” Pluto however is the fascist of the Zodiac and “frankly, my dear, doesn’t give a damn!!!” So with Pluto in Capricorn, the natural home of Saturn, Pluto is even more autocratic because this combination brings Pluto and Saturn together into an absolute power combination. (Which reminds me: lots of people have been complaining about their streets being dug up, especially in the city or town where the sewers are in big need of repair. That’s a Pluto in Capricorn thing and will be bugging us for quite a while.

Anyway, this is an article about Mercury and the reason it starts with Pluto is because my teacher, Adano Ley said ‘If you don’t want Pluto to bug you, listen to Mercury every day.’ Why? Because they reflex each other: Pluto is the planet,( or energy field, if you will) farthest from the Sun, while Mercury is the planet closest to the Sun. If you know about the science of reflexology in the body

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## SUMMER CALENDAR

Happy Summer Solstice Everybody! The Kelts considered this one of the best times of the year. It's Shakespeare's "Midsummer's Night Dream." Enjoy! The END didn't come and we can be happy. As my teacher Adano said, "We will always have the doom and gloomers among us."

June 21st finds Saturn recently turned direct, Neptune recently turned Retrograde and Pluto still retrograde. More than 4 months ago Saturn's apparent motion took a backward step. It caused pessimism, anxiety (The end is coming!) and economic growth slowed to a halt. Very little changed politically and even some major advances were stalled. All this can change now: with renewed optimism we will see a new sense of responsibility, accomplishments and new structures, even boundaries, slowly but surely gained. Remember Saturn is exalted in Libra which is very positive for relationship and commitments.

The newly retrograde Neptune will last about 5 months when imagination, creativity and self absorption can get out of hand. Guilt, blame and victimization can gain if a planet is highlighted by Neptunes energy. Be careful of lies, false judgements and opportunities that seem to be too good to be true. Can you be logically creative? Then you'll get the most out of the next 5 months. Neptune moves back into Aquarius in early August creating more of that confusion and m\disinformation. Check the facts before you act.

Pluto also retrogrades for about 5 months. This planet is the investigator, the exposor of hidden things. What an unfortunate name Rep. Weiner has! This energy is best used to regenerate the self, get rid of the useless and recycle what one already has. Keep your cards close to your chest as there are often outside sources that will try to stop you. Be careful of Hubris. The phoenix is

one of the symbols for Pluto's constellation of Scorpio. He flew too close to the sun and consequently burned up. He thought he was equal to the sun. Or, put it another way, thought he could get away with murder. The good new is his ashes were resurrected! When you look at all the scandals we've been reading about lately, how many of the people involved have been able to redeem themselves? Interesting, huh?

Jupiter entered Taurus earlier this month and will reach 10 degrees on the last day of August when it turns retrograde. This is the same number Saturn retrograded on. Look in your chart to see if you have any natal planets at 10 degrees. They're highly activated especially for business.

The Uranus/Pluto square is still active during this season. Expect more rebellion, disruptions, unexpected chaos here and around the world. As disagreeable as this energy may seem, it's necessary for change to occur. There is so much corruption in high places just now (and maybe always, but the internet lets us know about it now) that it takes strong energies to bring about change.

Mercury will turn retrograde on August 3rd at 1 degree Virgo. It goes direct on August 26th at 18 degrees Leo but remains in its shadow until Sept. 10th when it reaches it's original place. Since a superior conjunction occurs during this time (August 16th), Mercury will be on the other side of the Sun and its influence will be further occluded. Astrologically, Mercury is "combust" or burned out. Mercury in Leo is very creative and enthusiastic, The danger here is to go over the top, making plans on the fly that can't be realized. Be willing to wait or at least get impartial advice. Get help in organizing to avoid speculation On Sept 24th the Sun goes into Libra for the Autumn Equinox. Look for the next issue of Longevity Circuit.

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you know you can work on your feet to relieve tension in the other parts of the body. The toes, represent the head, for example. Similarly in the astrological body the energy fields line up: Mercury represents your mind, and Pluto represents your anus!! Which do you want to listen to? Both are important: if you lost your sense of Mercury you'd lose your mind, but if you lost Pluto you'd lose your body. Pluto demands transformation. Residing in the Kuiper belt, the largest farthest most orbit of energy in the solar system, matter appears to be made in this "jumping off" place. From here we go into the void, the field, the matrix where consciousness as we know it doesn't exist. Who cares if Pluto is a planet, a planetoid or an asteroid. It's the symbol of resurrection and must be attended to. Mercury, is the fastest moving planet, and it is easy not to pay heed to his voice. We are preoccupied, we are wrapped up in our egos, we are self important. Pluto hates hubris and brings its perpetrators down to earth. It's no wonder that one of the symbols for Pluto is the Phoenix that flew too close to the Sun, and consequently burned up. BUT, his ashes were recreated into another Phoenix hence the idea of resurrection.

Mercury requires one to stay in the present, to be here now, to heed the inner voice. It requires one to know what one is thinking! It means reevaluating one's early childhood intellectual training. It means reassessment of what you hold to be true. It means testing out one's philosophy. Knowing is very different than believing.

We can tell a lot about Mercury by looking at the metal he is named after. Mercury is also called quicksilver because it is liquid at room temperature and if you pinch it, it will separate into two portions. It was considered by alchemists to be the base metal from which gold could be made. The astrological symbol for Mercury is still the scientific symbol used today. Mercury can be poisonous, but also its vapor produces light when electricity is passed through it. If you look at the mythology of Mercury you will find he was considered the messenger to the gods. Hence the wings on his feet. He was also called Hermes, and was considered to be the sign of affluence. Since it is the first planet from the Sun, in astrology it rules the mind: from consciousness (The Sun) comes the mind. Mercury is a dual sign, capable of doing 2 things at once and thrives on that duality.

Astronomically Mercury's orbit around the sun is the basis for many of the interesting astrological concepts. Most people interested in astrology know about retrograde motion. This is the apparent backward motion that a planet makes. It is due to parallax and is an optical illusion created by one moving body compared to another moving body. The easiest way to see this is when two trains are passing each other. Even though they are both moving forward, the slower train seems to be moving backward compared to the faster train. Remember, Astrology puts the planet Earth at the center of the circle so everything is a result of our vantage point. A retrograde Mercury occurs at least 3 times a year and is the most common retrograde planet. It is a time of caution when communication and mental processes can be difficult. Often there are miscommunications, misunderstandings and changes of mind as more facts become available. This is a very good time, however, to research, reevaluate and reconsider.

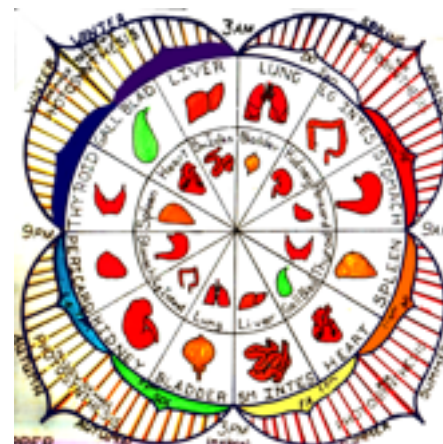
What most people do not know about Mercury, however, is its shadow period; or that Mercury makes inferior and superior conjunctions with the Sun; or that Mercury can be void-of course. The shadow period is the length of time it takes Mercury to reach its retrograde number and to return to its

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original station. On March 30 this year, Mercury made a station at 24 degrees Aries. It appeared to move backward until it reached 12 Aries on April 22. But it did not return to its original place at 24 Aries until May 11th. That entire 6 week period is called the shadow period when confusion continues to reign. It is during this shadow time that we are most likely NOT to listen to Mercury and thus Pluto can gain his ascendancy. However, with practice this could be the time when we can get the most information about ourselves that would help us mitigate Pluto's negative influences.

Superior and inferior conjunctions as well as a void of course Mercury can add to one's mental confusion. I've always said, it's a miracle that we can communicate with one another at all!! It's no wonder that so many people have no idea where their thoughts are coming from, how they communicate them, and how they are understood or misunderstood. It is no wonder that so many of the great mystics of yore went to monasteries, deserts and caves in order to do their "thing" where there was less communication and less opportunities for confusion and more opportunity for self evaluation.



### More facts about Mercury

- These heralds carried a special staff as the sign of their position and this was called a "caduceus" and Hermes carried such a staff.
- Supposedly because Hermes moved so quickly, the staff, as well as his cap and sandals, had wings.
- Of all the planets in our solar system, the one that moves most quickly against the background of the stars was naturally named after the swift-footed Hermes and the Romans identified their own god of commerce, Mercury, with Hermes, and so we know the planet as **Mercury**.
- Hermes, or Mercury, was the patron of travellers, merchants (deity of commerce), rogues, and thieves; as well as being the Roman wind deity.
- He also escorted the souls of the departed to Hades; and as that character, he was called Psychopompus and under the name of Oneicopompus, he was regarded as the lord of dreams and visions.

### Update: Even More of Adano!

The Adano archives continues to grow. We have just received a huge contribution from Jody Gore Knudsen of Adano's teaching in Arizona which Paul is still working on to make available to you. It's an amazing body of work in Adano's own voice.

If you have already sent Paul your iPod to be filled, feel free to send it back to Paul so that he can add the new material. If you haven't done so yet, now's the time to purchase an iPod with a minimum of 32 gb. There is **NO CHARGE** for filling it with Adano's great teachings. In this format, his lectures are readily available in a small pocket size player. If you're standing in line, in the car, waiting for your teapot to boil, Adano is right there on the ready! For more info, call 505/310-4268.