

LONGEVITY CIRCUIT



NEPTUNE

Facts about Neptune

Things

- churches, all types
- cells, all types, including hospitals
- drugs and addictions
- actors, cheaters, liars
- enemies, conspiracies
- feet, shoes
- fish and water, water lilies
- petroleum
- sleep, meditation
- the occult, all types
- photography and cinema, poetry, dancing

Psychology

- imagination, receptivity
- compassion, artistic
- impressionable, lack of clarity
- confusion
- deception , guilt
- victimization
- avoidance

DON'T FALL ASLEEP

IF YOU read the characteristics of Neptune in the upper box, you'll no doubt see that this planet symbol has no one word description. That is, it's easy to call Pluto the fascist, or Saturn, the teacher. But Neptune and its constellation ruler, Pisces, dare us to reduce their concept to a single word. The reason appears to be the problem of what is unknowable. In the search for God (atomic principle, Mind, creative intelligence, etc) which Pisces and Neptune "rules" in astrology, there are no answers once the search is over! We search for answers only to discover there are none. This pretty much sums up the enigma of Neptune and Pisces.

Remember the old jazz classic, "How deep is the ocean, how high is the sky.?" That's a Pisces song. Losing the self in the other, and "I am the bubble, make me the sea." (a Yogananda chant) are statements that give us clues to another aspect of Pisces: loss of consciousness, ego or reality. This concept of reality vs REALITY, subconscious and conscious, truth and lie, is why the ancients gave us the glyph of two fish going in opposite directions, yet tied together with a silver cord. It took me lots of looking to find the glyph I chose above from all the google images. Understanding the duality of life is crucial to getting the meaning of Pisces and Neptune. Hitler and Jesus, war and peace, male and female

continued on page 3

SUMMER CALENDAR

The autumn solstice arrives on September 23. Days and nights are equal at the Equator. **Libra** is the symbol that ushers in the fall because it identifies that balance between the Sun and the Moon, the light and the dark. Thus psychologically, balance and equanimity, attributes we can all strive for in today's polarized society.

I think we already beginning to see the direction that **Pluto in Capricorn** is taking us. It is just turning direct again as I write this. So we've had several months to review and reconsider what it's all about. Reviewing the last go round, the Declaration of Independence was signed and Martin Luther established the Reformation, creating a revolution of both politics and religion. These are similar but different effects from **Neptune in Pisces** in that the former confronts the establishment, while the latter is more on a personal level. Some people wonder if this transit of Pluto will end democracy as we know it since it began with the last transit of Pluto in Capricorn. Certainly we're seeing a change in the economic structure, the fall of heretofore untouchable monied individuals in corporate structures. Generally this placement of Pluto is responsible for destroying decadence. And we're seeing plenty of that now. But look for more. Pluto is being aided and abetted by Neptune's transit into Pisces so the pressure will increase during the next 10-12 years.

Neptune in Aquarius. Since early June, Neptune has been retrograde, moving out of Pisces and into Aquarius. On November 9th, this energy will move forward again and by February will be back in Pisces.

Uranus in Aries is prominent now as it is making a square to Pluto in Capricorn which will peak in next summer. This always brings change and revolution. Some people like it however, if their lives have become too predictable. We've seen some of this in the nuclear disaster in Japan, the Egyptian revolt against Mubarak, the reveal of computer hacking and fear of terrorists. It's responsible for fanatics, genius and reformers! Since July, Uranus has been retrograde and will go direct in early December making a long station at 0 degrees. It was at zero when the Egyptian peaceful (kinda, sorta) uprising took place, partly due to the use of the internet and social networking which is proving to be quite

powerful. The Age of Aquarius, which we are in, has often been described as the time of the rising of the grassroots energy. Uranus, which is the ruler of Aquarius, moving into the most energetic sign of Aries, of new beginnings, of the pioneer is showing us the truth of the Age we live in. Let me remind you: Aquarius is not moral, it is enlightened, rather than compassionate. We will all need to change to benefit from its energy.

Saturn in Libra remains direct through the autumn and goes to 27 degrees by Dec 21st. Saturn's placement here is considered exalted, meaning this energy can be most productive now. Relationships are encouraged to be mature and balanced. Equals recognize each other and can work well together for the common good. Isn't the dying flame always the brightest just before it goes out? Such is the problem with the polarized political and religious elements in our society today. We will have another year of Saturn in Libra to help steady the situation. When Saturn goes into Scorpio next October, its effects will be much harsher.

Jupiter in Taurus has made a long station at 10 degrees as it goes retrograde back to 0 degrees in December, making a long station there along with Uranus, interesting timing adding to higher levels of energy and possibly excesses. Like any sign, Jupiter in Taurus has its upside and downside. It gives us generosity, love of comfort and enjoyment and an interest in financial matters. However its also wasteful, excessive and insecure. Its interests are law, religion and travel, but Taurus is earthy and practical, so there's some dissension here. I think the Murdock fiasco has been brought to light by both Pluto in Capricorn and Jupiter in Taurus, and may portend the easy get-off for him. Murdock was born on March 11, 1931 and His Sun is in Pisces, his Moon is in Sagittarius and his Ascendent is in Capricorn! No wonder he is under such scrutiny and disfavor! Look at Rick Perry's chart, also a Pisces, born on March 4, 1950. He has a Taurus Ascendant and a Moon in Virgo. Jupiter crossing his rising sign gives him the favor he enjoys now. Do you think he is excessive? fanatical? When the Pluto Square Uranus comes into conjunct it will be exactly squaring his Mars in Libra. We will know the answer then.

On December 23rd, look for the next issue of LC!

are easy examples, but the hard ones have to do with unseen dualities.

Psychologically it's probably the most difficult sign. It's the unconscious, that hidden chasm of painful and fearful stuff that we bury because we don't want to look at it. And unfortunately when we suppress those things we also throw away a lot of our creativity. At the same time we throw away our ability to be honest with ourselves, ourselves. Can you see, now, how Pisces can involve itself with hospitals, lying, creativity and addiction? To Pisces they are indeed related! How many of your friends are in bad relationships, jobs or other activities but seem unable to recognize that? Much less change it! Denial, avoidance, and taking the path of least resistance are also Neptune and Pisces related. For the great triad of human roles, the victim, the rescuer and the adult, their home is all the same: Pisces!

And what does an adult Pisces look like? He plunges the depths of the unconscious and brings them to the light of reality, willing to face his fears and pains. He then withdraws his projections from others (remember, Pisces rules movies and photography), stands on his own two feet and waits to be asked to help another.

Why Pisces now? Neptune has just entered its own sign of Pisces a phenomenon that only happens once in 165 years. It briefly entered Pisces on April 6th, went back into Aquarius on August 6th and will remain in Pisces from February 4, 2012 until the end of January 2026. This is an energy we will all have to work with but none has experience with or even a role model.

Let's look at what occurred during the last transit of Neptune through Pisces beginning in 1847. Marx wrote his Communist Manifesto and Darwin wrote his theory of evolution! If we just look at these two radical ideas we see how

much influence Neptune has in its own sign. Religious and political foundations were rocked by these ideas. Even now their influence pervades our reasoning. The Christadelphians, a pacifistic millennial adventist sect were founded in 1848 in the U.S. by John Thomas.

Darwin pitted science against religion, an issue still being debated today, and Marx pitted the needs of the lower classes against capitalism, again, still an issue today. I mentioned the Christadelphians simply to remind you that the "doom and gloomers" are always with us! Paul recently read an article in *Vanity Fair* that quoted Shirley McLaine as saying, "The apocalypse is coming in 2012, so I'm moving to a ranch in New Mexico where I'll be safe." Neptune reminds us that we create our own reality. It is not created by an extinct culture.

Neptune and Pisces also remind us that imagination, wishful thinking and fears are often mistaken for actual intuition. Also, meditation and sleep are similar, but not the same. They share the same brain level states, but the former is conscious. Neptune is the religion we live by, the myth we hold to be true. Joseph Campbell wrote about myth as religion and I recommend the books of his that were published posthumously and compiled by his wife from lectures he gave to small groups and not intended for the general public. Belief and dogma which we see too much of these days comes under the rulership of Jupiter.

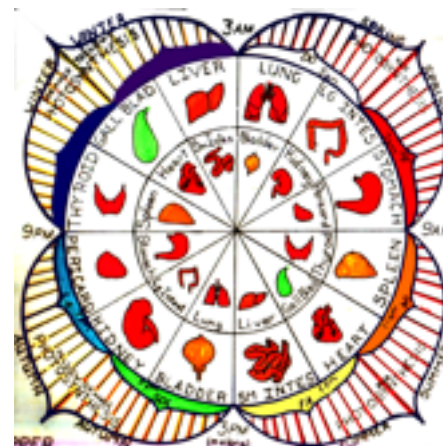
Perhaps Neptune in Pisces will show us that science is not religion but that religion can be a science. My teacher, Adano Ley, aka Swami Nityananda was of the order of Saraswati, the mystic order of science. He asked all his initiates to check out and prove to themselves that his teachings were accurate. Belief can be dangerous when we need to authenticate ourselves by convincing others by fear or extortion, i.e. killing a doctor in an abortion clinic. Neptune returning

Continued on page 4



home to Pisces also reminds me of the prediction that Adano made: “50 years from now we will all go to sleep like Rip Van Winkle and when we awake and return to the cities, we will find they are run by the nine years young.” That time is now. So how do we stay awake? Again we can use the sages’ advice: Stay in the present, Be Here Now (thank you, Ram Das), witness yourself, “Don’t fall asleep on the job.” (Adano). Eating Solar Nutrition also helps since it encourages one to be conscious about what one is eating and reminds one what one is! See the adjoining article.

I also want to remind people that everyone has now the opportunity to find their own way, their own myth. Adano’s teachings describe mine. However, we are so lucky to live in a time when there are several wonderful realized authentic teachers to help us: for example, Ammachi (amma.org) Sogyal Rinpoche, (rigpausa.org) and Yogananda’s SRF. (SRF.org)



SOLAR NUTRITION

Since we are moving into a highly energetic time that can produce extra stress, I really encourage all readers to adopt the Solar Nutrition style of eating into their daily lives. One of the huge benefits of eating “Solar” is that it reduces stress in the body. How? By eating the foods at the same time that the organs of the body are being replenished so that the necessity to store unneeded nutrients is stopped. What you need you get at the moment you need it. Ironically, this also matches the growth cycle of the plant you are ingesting. It’s harmony at its most basic. Go to **Longevitycircuit.com or lcircuit.com**. Click on the Solar Nutrition button.

You will find the basics, and the food list which you can easily download or print out. A couple of books have been written but they contain inaccuracies. Best to stick with the basics. If you have any questions you can always email me at ginger@lcircuit.com

Update: Even **more** tapes of Adano!

The Adano archives continue to grow. We have just received a huge contribution from Jody Gore Knudsen of Adano’s teaching in Arizona which Paul is still working on to make available to you.

And now we have received more wonderful tapes from Leslee Elsea who knew Adano since the early 70’s. All of it is an amazing body of work in Adano’s own voice.

If you have already sent Paul your iPod to be filled, feel free to send it back to Paul so that he can add the new material. If you haven’t done so yet, now’s the time to purchase an iPod with a minimum of 32 gb. There is **NO CHARGE** for filling it with Adano’s great teachings. In this format, his lectures are readily available in a small pocket size player. If you’re standing in line, in the car, waiting for your teapot to boil, Adano is right there on the ready! For more info, call 505/310-4268.