

LONGEVITY CIRCUIT

Ta-Dah! Our 25th year!



Hibiscus, Santa Fe, 2013

We're in a free fall into future. We don't know where we are going. Things are changing so fast and always, when you are going through a long tunnel, anxiety comes along. And all you have to do to transform your hell into a paradise, is to turn your fall into a voluntary act: joyful participation in sorrow and everything changes. Joseph Campbell

"The timing of the daily events in your life is the evidence that creative intelligence is in charge of your existence." Adano C. Ley

Since everything is but an apparition
Perfect in being what it is,
Having nothing to do with good or bad,
acceptance or rejection,
One may well burst out in laughter!
Longchenpa

The Promise of the Stars

EVERY ONCE IN AWHILE a client comes along who does not fit with his chart. That is to say, the promises in the natal chart do not come to fruition and the transits do not unfold. Given the fact that one of the characteristics of an enlightened man is to choose his timing, but not using it to avoid confrontation, we can look at these rare unfulfilled charts as being delayed. However, my teacher of astrology insisted that transits could not be put off longer than ten years and yet that is exactly what we find. Therefore we must look for another explanation.

If we look at the difference between free will and free choice we begin to get some clues. If we had free will we would know the number of hairs on our head, or we would be able to choose our sex, etc. (Please note those of you who feel these choices are made before birth: we are talking here about the breathing-in-the-physical-body state, not about pre-birth choices.) Free choice, on the other hand, is what you do with those hairs, like cut them or dye them. Free choice grows, the more healthy we become, the more choices and options we have, until we are ultimately free and our astrological chart has no hold over us anymore. Yet some of us get stuck and fail to realize our potential promised in the stars. Why?

An article in the New York Times gives one possible explanation. In very early childhood when the synapses of the brain are making interconnections, lack of brain stimulation inhibits the number and complexity of that network. Children, then, who are intellectually deprived, grow up with less and/or different brain channels than other children who are given opportunities to develop their communication

continued on page 3

AUTUMN CALENDAR

On September 23rd, the Sun enters Libra signaling the Autumn equinox. That is, the days and nights are of equal length at the equator which is why the figure for Libra is ♎ depicting the rising or setting Sun on the horizon. Libra is called "The Scales" because it measured the ancient Roman pound. It was a balancing act. Librans at their best are able to stand in the middle of a situation and view both sides with equanimity.

At this time only **Uranus and Neptune are still retrograde**. Neptune will turn direct at 2 degrees Pisces in mid November and Uranus in mid December at 8 degrees. Hopefully these planets being retrograde will ease tension, both at home and abroad since the Pluto/Uranus square is exact again in November.

Please note that on Oct 21 **Mercury will go retrograde at 18 degrees Scorpio**. It's always a good idea to be aware of these changes in energy since Mercury rules negotiations: that means it can affect contracts, travel plans and decisions. On November 10th Mercury will go direct and on December 17th will return to its original degree of 18.

November is an important month: first there will be an **eclipse of the Sun on November 3 at 11 degrees Scorpio**. there is no agreement as to how long the influence of an eclipse lasts. Some say eclipses can last up to 6 months although other astrologers say a week or two before and after. Whatever house they fall in in your natal chart will reveal important issues you can be working on. Eclipses only happen when the sun and moon are aligned with the lunar nodes, indicating unfinished karmic issues. Now we can heal them and new awarenesses can be developed. Because reflected and direct light are shifted, we can also discover unfulfilled potentials. Many astrologers consider earthquakes to be timed by eclipses and the west coast almost always figures prominently in these predictions. The November eclipse is part of the Saros cycle #16 which gives this eclipse a Piscean

flavor. Also, this year in February and April, Saturn made a retrograde station at 11 degrees Scorpio which makes this eclipse look even more interesting! Look in your natal chart to see if you have any planet at 11 degrees. Notice which house it is in and pay attention to the areas indicated by the planet and the house. Let me know what you find!

Are eclipses good or bad? That depends on you! Since we know that astrology works holographically, that it is a projection of one's consciousness into apparent 3-dimensional reality, the illusion can be broken by awareness. Easier said than done, however!! A good general rule is to use events as opportunities to grow and to see that so-called "bad" things often result in "good" things. Remember the old Buddhist tale of the farmer whose horse died (bad event) but resulted in his son not having to go to war (good event) because he had no horse to ride! (A severe contraction of the story!)

On **November 7th Jupiter goes retrograde at 20 degrees Cancer** and will remain so for 3 months until near the Spring Equinox. This is our opportunity to review, revise and generally rethink important plans. Jupiter has the negative quality of causing exaggeration, can be hyper, and in too big a hurry! The retrograde gives us the chance to take a breath, slow down and look for errors in our plans.

Saturn is still in Scorpio. Saturn, sometimes called "the old man of the Zodiac" gets his moniker because he rules time, aging, delays, and the problems of ignorance (ignoring the truth). He's inhibiting, controlling and concentrated. While in Scorpio, Saturn can be melancholic, can take on a serious outlook on life, wants to probe, expose and answer serious problems. At its best Saturn placed here can experience a spiritual rebirth. Since Saturn made a station at 11 degrees, the same as the eclipse coming in November, effects will mirror many of Saturn's qualities, for better or for worse. The number 11 is a spiritual number and never reduced, so the possibility for spiritual growth is very present.

Look for the next issue of L.C. on December 22nd!

PROMISE, continued

pathways. In adulthood they appear to have less choices, as their inner resourcefulness is limited biologically. As parents, or as adults who work with children, we can change or modify this problem by making available an environment that provides the right amount of stimulation to help the infant or small child develop his brain capacity, and ultimately his resources for choice in adult life.

Another explanation lies in "tribal" consciousness and the Piscean Age which may likely be seen as the Age of Guilt. That is, group consciousness, by using guilt as a weapon, prevails over individual growth and potentiation. Some examples are organized religion, social convention, and cultural programming. If one deviates from the accepted norm, the consensus reality, there is a price to be paid: shunning, as the Amish practice to this day, or some other form of isolation, deprivation or threat such as "burning in hell." Pretty scary stuff to go against... and many don't because their need for approval exceeds their need to be free. That is definitely a choice, but frequently one that prevents further choice. On the positive side, global consciousness is affecting tribal consciousness. That is, the big picture is forcing change on the little picture: modern life with its mobility, nuclear families, instant communication and over-population and time crunching are antithetical to so-called tribal consciousness and you can see those effects in everything: i.e., problems in the Catholic Church, the American Indian cultural clash with the whites, and genetically based social strata giving way to "new money."

There is a third factor: it is the environmental/cultural combination. These are people whose charts are prevented from unfolding due to circumstantial lack of choice. the black person born in the prejudiced white supremacy community, and other disenfranchised; or poverty, sex (read female), age (either too young or too old), physical infirmity, etc. This area is particularly difficult because the controls are imposed both internally and externally.

You could say that all this is fate or destiny and to accept what can't be changed, and in many cases that is true. However, think about what Solomon said: "There is a time and a place and a season for everything." Swami Nityananda expanded that saying that timing rules health, place rules wealth, and season rules personal relationships.

Adano said, "He-al-th: health is all there is." And it comes from timing, just as your car won't run without timing, no matter how expensive or loaded with extras. To quote, "Lord Health, before Lord Dollar!" We have Solar Nutrition to give us timing. After finding "Lord Health" we are ready to pursue "Lord Dollar" and for that we must find the right location on the planet to develop our occupational niche. (Incidentally, Adano's definition of niche is "being paid well to do a job you love doing well.") Astrological location analysis is readily available now to determine your best location, and the Aquarian Age has given us mobility.

Finally, season gives us the ability to find our right partner. If we don't know this through actual body compatibility we can find it in chart comparisons. A hot and a cold person have real differences in needs. Similarly, a Leo born in August who is warm and an Aquarian born in February who is cool will be too far apart to meet each other's needs.

So the answer to the question, "Does astrology work for everyone?" is "Yes, No, Maybe."

Let me tell you a story. Somebody once asked, "What is enlightenment like? What is awakening like?" It's like the tramp in London who was settling in for the night. He'd hardly been able to get a crumb of bread to eat but he reached this embankment on the river Thames. There was a slight drizzle, so he huddled in his old tattered cloak. He was about to go to sleep when suddenly a chauffeur driven Rolls Royce pulls up. Out of the car steps a beautiful young lady who says to him, "May poor man, are you planning on spending the night here on this embankment?" And the tramp says, "Yes." She says, "I won't have it. You're coming to my place to spend a comfortable night and you're going to get a good dinner." She insists on his getting into the car. Well, they ride out of London and get to a place where she has a sprawling mansion with large grounds. They are ushered in by the butler, to whom she says, "James, please make

sure he's put in the servants' quarter and treated well," Which is what James does.

The young lady had undressed and was about to go to bed when she suddenly remembers her guest for the night. So she slips something on and pads along the corridor to the servants' quarters where she sees a little chink of light from the room where the tramp was put up. She taps slightly at the door, opens it and finds the man awake. She says, "What's the trouble, my good man? Didn't you get a good meal?" He said, "Never had a better meal in my life, Lady. "Are you warm enough?" He says, "Yes, lovely warm bed." Then she says, "Maybe you need a little company. Why don't you move over a bit" And she comes closer to him and he moves over and falls right into the River Thames. From *Awareness*, by Anthony deMello.

ADANO REUNION

Hello, Adano Family!

This year, we are gathering in East Texas among the majestic piney woods where it all started. It will be 24 revs since Adano's Cosmic Vacation. My...how time flies! Please join us in the celebration and remembrance of His Great Life, with good food, great meditation, and tons of stories from the old days (put on your memory caps and bring your stories.)

The location of Grace's Retreat Home is between Tyler and Henderson. The house's accommodations sleep 12 to 15 people in beds and up to 30 people on blow-up mattresses, sleeping bags, cots, etc. You can actually pitch a tent, if you choose. Those who require beds due to physical needs, please let me know. A couple of you have offered extra air mattresses and sleeping bags. Awesome!

BEGINNING: Friday, October 11 at 2:00 pm
 ENDING: Sunday, October 13 at 3:00 pm

COST: \$25 a night for those staying at the Retreat Home
 \$25 per person for the weekend for those staying elsewhere (helps with food purchases).

WHERE: Grace Ram's Retreat Home
 14388 County Road 227
 Arp, TX 75750
 903-530-3453

CONTACT PERSON: Liz Monk
 214-616-9970
 hllmetrik@aol.com

GET LONGEVITY CIRCUIT ON LINE!

It's free, and all you have to do is email me at: ginger@lccircuit.com with the word "subscribe" in the subject line. Save a tree!

★ Housekeeping (boring but necessary!)

★ Adano's audio and video tapes, CD's etc, are available **FOR FREE** to anyone who will send Paul an **EMPTY** 64GB iPod or hard drive. There is no charge for this. But please respect Paul's commitment to archive Adano's work. **Don't confuse it to mean he is your personal I.T.!** If you don't know how to use an iPod or hard drive, get someone in your own environment to teach you. Paul simply does not have the time to do that for you. Merely send the iPod or hard drive and include **return postage**. The archives have been cleaned up as much as today's technology can do. Paul is constantly reviewing tapes to see if the newest technology can improve them even further. It's an amazing body of work in Adano's own voice and unedited so that the videos and audios have his great energy unadulterated.

★ If you have anything of Adano's that needs to be archived, send it to Paul.

★ Because you asked for it, **Adano is now on Facebook!** Go to 'friends' request and type in Adano Ley. Also if you are needing some food ideas for solar nutrition, it, too, is on Facebook. Ask to be friends with Solaris Nutritionum. (Facebook only takes personal names!)

★ My book, "Food and Mood" is now available on Kindle from Amazon.com and iBookstore. Find out about how certain foods, additives and vitamins affect your body.

★ Since you asked for it, I can now do readings on Skype! Therefore I can also send you a CD of the recording rather than a cassette tape which many of you don't have anymore! Time marches on!! ☺

