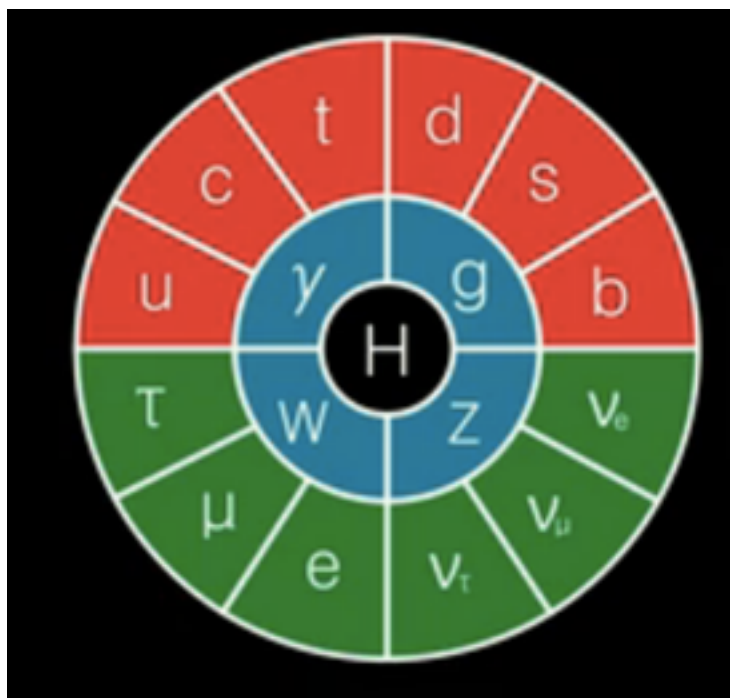


LONGEVITY CIRCUIT



IS THIS THE ASTROLOGY CHART OF THE FUTURE?

It really looks like it! The H in the middle could stand for human, the blue middle section for the 4 quadrants, and the outer ring indicating the upper and lower sections by color and the outer ring indicating the 12 houses and signs. But actually, it's the Standard Model used by particle physicists, describing how the Universe is set up.

So why this big interest in physics anyway? It all has to do with the long lasting Uranus/Pluto Square. In December when Uranus turns direct in December at 12°, Pluto will also be at 12° creating a month long transit on orb. It all began a couple of years ago, in 2012, and will last until March of 2015. But even then these two power houses will be very close for a couple more years. We've already seen some of the effects: constant change and lack of direction. (President Obama is not immune. His Sun is at

“Jumping from failure to failure with undiminished enthusiasm is the big secret to success.” Peter Higgs (who waited 20 years for experimentalists to prove that the missing piece of the Standard Model existed.

“The timing of the daily events in your life is the evidence that creative intelligence is in charge of your existence.” Adano C. Ley

Since everything is but an apparition
Perfect in being what it is,
Having nothing to do with good or bad,
acceptance or rejection,
One may well burst out in laughter!
Longchenpa

12° Leo and the next Pluto/Uranus Square will be at 12° and will directly affect his Sun. No wonder he is criticized for lack of direction.)

Review again what are the meanings of these two powerful planets. Uranus rules change and everything that is unexpected and unplanned. So many of my clients have had the unexpected experience that has completely changed their lives. And maybe not just once but more than one time during the course of this transit. Uranus also rules science but not any science, only those that are constantly undergoing change and improvement. Astrology is one of those sciences as is medicine and physics. Uranus also rules intuition, which is an important component of science. We need both the theorist and the experimentalists. Someone has to have the idea / intuition and someone has to know how to prove it! Uranus also rules technology, computers, phones, televisions.

Now look at Pluto. This planetary energy (and remember so-called planetary energies are

archetypes) rules transformation, reform, death and renewal, organized crime and mobs, and the grass roots, to name a few. We have to die to old ideas in order to embrace new ones. Stagnation is death! The physical body must lose old cells in order for new ones to be created. Aging issues a concept that is being scrutinized and studied so that our attitudes toward it can change. How long did Methuselah live???? Pluto tells us that in order for our planet to change, the grass roots must organize and bring reform.

To see how these two planets are working together in their square relationship, let's look at the beginning: the conjunction between the two that occurred in 1962-65 in Virgo. To name two issues remember Martin Luther King and the quest for racial equality; and Medicaid and Medicare were major topics then. Today we are seeing similar problems of racial tension, for example highlighted by the incidence in Ferguson, Mo.: the death of a black man by a policeman has again brought our attention to continued racial inequality. Interest in public healthcare was started during the Pluto/Uranus conjunct and has evolved into Obama Care: Medical attention for everyone and marijuana now being legalized. In 1963 the Nobel Prize was awarded for research into the structure of the atom and its nucleus. Now we are looking at subatomic particles and the so-called "God" particle, the Higgs boson.

Hence the reason for this article! With so much wrong about the world today I wanted to write about something positive. Building the hand-made Large Hadron Collider began in the 80's as a collaborative effort of many diverse countries and 3000 contributing scientists! All were looking for the Higgs particle, the missing piece of the Standard Model. That's actually what the H stands for in the graphic on page 1. There is a wonderful movie available on Netflix that tells the story of the Higgs particle which is well worth watching. In easy to understand language you will learn about quarks and other atomic particles that will enrich your life by changing the way you view the universe and the hologram.

The Higgs is the lynch pin of the system, the piece that holds matter together and gives particles like electrons mass. Depending on its own weight, it reveals two different models of the universe. Are we living in an expanding universe, or are we living in a multi-verse? Is life a random accident in a field of chaos or is there some kind of order?

In *Autobiography of a Yogi*, Yogananda says of a cosmic experience, "A swelling glory within me began to envelop towns, continents, the earth, solar and stellar systems, tenuous nebulae, and floating universes." I believe he is speaking of our holographic existence, of which I wrote extensively in the Autumn of 1994 when both Pluto and Uranus went into new signs. I wrote, "Referring all issues of philosophy and religion to science for verification and validation was a technique that Swami Nityananda taught to defend against superstition and mystery."

A good way to read the hologram is through meditation, which accesses convex vision, breaking the code of the illusion and the hardness of mass, something the scientists know but which we fail to recognize in our daily life even though we use it every day in our telephones and televisions for example.

Trying to grasp the concept of Infinity is worth the effort since we live in a physical world of duality, where everything has a beginning and an end. Just for a second, comprehending infinity will blow your mind! One of the scientists working on the LHC tells the story of his being a small child when his Mother told him if he was good he would go to heaven forever. He so completely grasped the idea of infinity that it made his cry: he knew he would be bored!

Exercise hyper-awareness, listen to and watch everything around you. Develop "supreme obedience to the obvious in the environment" because the environment is your extended Self without ego and will advise you. (Adano)

See two movies: The fascinating story of Yogananda called "AWAKE" and the equally fascinating story about the Higgs "PARTICLE FEVER."

AUTUMN CALENDAR

The Autumn Equinox begins on September 23rd with the Sun moving into the constellation Libra. It's also noteworthy that Pluto makes a station and goes direct at exactly 11° Capricorn. Then the next day we have a new moon. New moons are beginnings so this is a nice way to start the fall season. If you're like me, and you're sorry to see summer go, this might be your opportunity to start a project that would make the fall season more enjoyable.

Neptune remains retrograde until mid November when it makes a station at 4° Pisces. **Uranus** remains retrograde for this entire season. However it makes another square relationship to **Pluto** at 12° beginning the end of November. Be prepared for more change both globally and individually. Squares usually mean difficult or unwanted change. One way to look at undesired change is to see it as a test and as an opportunity to reveal your better self, sort of like frying bacon to get rid of the fat. LOL

Saturn is still in Scorpio where it continues to sting, brings depression or makes one feel fatigued. But it's interesting to note that Pluto and Saturn are in mutual reception. Pluto is in Saturn's sign and Saturn is in Pluto's sign. Pluto and Saturn in such a positive relationship can accomplish a great deal even though hard work is necessary. Probably the most helpful practical advice that Adano Ley ever gave was "to stay in the present" because you can't solve tomorrow's problem today.

Jupiter is still in Leo and will remain direct until early December when it makes a station at 22°. Jupiter is quite happy in Leo because both the planet and the constellation are fiery. It's high-energy, it's fun, and it's very creative. But the danger is excess, going over-the-top, letting the ego rule! Fortunately Jupiter goes retrograde once in every sign. When it retrogrades on December 8

we will then be able to use this energy to review and to check our plans to make sure that we have everything in order.

Mars has moved out of Scorpio, thank goodness, where it can be and often was quite brutal. It will remain in Sagittarius until October 26. Mars represents our urgency to act. In Sagittarius it may beckon us to travel more or study more. When it moves into Capricorn where it will be until December 5 we might find we are consolidating what we have learned. When it moves into Aquarius on December 5 we might be surprised at some of our actions.

Mercury is going retrograde this quarter. This archetype tells us about ordinary communications and mundane activities. When Mercury goes retrograde, then, decisions and actions are often misunderstood or made too hastily. For instance, travel plans should be made before the retrograde and when traveling during the retrograde one should always have a carry-on bag to guard against lost luggage. Mercury is currently in Libra, a positive time to engage in one-on-one conversation. On 27 September Mercury goes into Scorpio, a good time to think more deeply, but also a time to be sarcastic and use biting words. Soon after, on October 4, Mercury turns retrograde at 2° Scorpio and returns back into Libra. The retrograde lasts until October 25. Some astrologers think the retrograde effects continue in to something called 'the shadow' which is the period of time it takes Mercury to return to its original place: 2° of Scorpio on November 10th. My research is still inconclusive in this area but it is definitely a period of time to be watching the effects of the retrograde.

On December 22 look for the next issue of longevity circuit. And have a joyous holiday season.

From Moby Dick:

“Come, Almanack! To begin: there’s Aries, or the Ram—lecherous dog, he begets us; then, Taurus, or the Bull—he bumps us the first thing; then Gemini, or the Twins—that is, Virtue and Vice; we try to reach Virtue, when lo! comes Cancer the Crab, and drags us back; and here, going from Virtue, Leo, a roaring Lion, lies in the path—he gives a few fierce bites and surly dabs with his paw; we escape, and hail Virgo, the Virgin! that’s our first love; we marry and think to be happy for aye, when pop comes Libra, or the Scales—happiness weighed and found wanting; and while we are very sad about that, Lord! how we suddenly jump, as Scorpio, or the Scorpion, stings us in the rear; we are curing the wound, when whang come the arrows all round; Sagittarius, or the Archer, is amusing himself. As we pluck out the shafts, stand aside! here’s the battering-ram, Capricornus, or the Goat; full tilt, he comes rushing, and headlong we are tossed; when Aquarius, or the Water-bearer, pours out his whole deluge and drowns us; and to wind up with Pisces, or the Fishes, we sleep. There’s a sermon now, writ in high heaven, and the sun goes through it every year, and yet comes out of it all alive and hearty.”

UPDATE! RECORDING CHANGES



In addition to doing readings on Skype which lets us see each other and record to a CD, I am also recording on my iPhone, also providing a CD. The way of the cassette is antiquated and so many of you don’t have players for them anymore and certainly not in your cars. This also enables me to get away from having an expensive land line.

I also encourage you to download the free Skype app and get someone to show you how easy it is to use, if you don’t know already. It is so enjoyable to see your face when we do the readings! Doing this new stuff is nervy to me, too, but it’s a great challenge to stay current with all the new technologies!

GET LONGEVITY CIRCUIT ON LINE!

It’s free, and all you have to do is email me at: ginger@lcircuit.com with the word “subscribe” in the subject line. Save a tree!

Housekeeping (boring but necessary!)

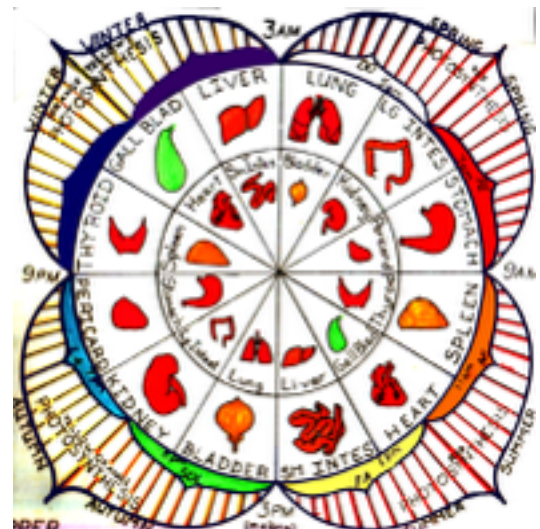


Adano’s audio and video tapes, CD’s etc, are available **FOR FREE** to anyone who will send Paul an EMPTY 64GB iPod or hard drive. There is no charge for this. But please respect Paul’s commitment to archive Adano’s work and to preserve it for future generations and to make it available to all his students. He has a job! So if you don’t know how to use an iPod or hard drive, please find someone in your own environment to teach you. Paul simply does not have the time to do that for you. Merely send the iPod or hard drive and include **return postage**. The archives have been cleaned up as much as today’s technology can do. Paul is constantly reviewing tapes to see if the newest technology can improve them even further. It’s an amazing body of work in Adano’s own voice and unedited so that the videos and audios have his great energy unadulterated. If you have anything of Adano’s that needs to be archived, send it to Paul.



Because you asked for it, **Adano is now on Facebook!** Go to ‘friends’ request and type in Adano Ley. Also if you are needing some food ideas for solar nutrition, it, too, is on Facebook. Ask to be friends with Solaris Nutritionum. (Facebook only takes personal names!)

My book, “Food and Mood” is now available on Kindle from Amazon.com and iBookstore. Find out about how certain foods, additives and vitamins affect your body.



You are Soul, you don’t have a soul.

For the list of Solar foods, go to my web page, lcircuit.com/solar-food-list to download a free list and the 5 laws.