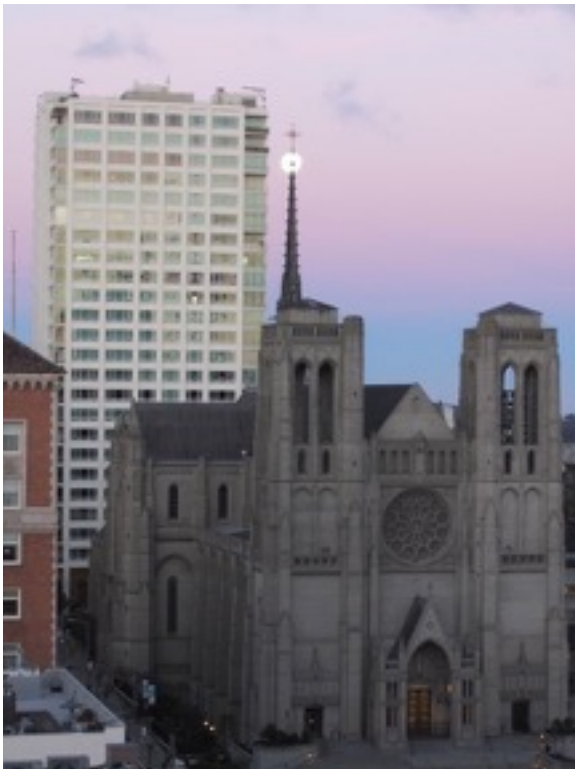


# LONGEVITY CIRCUIT



Moon over Grace Cathedral

## MOONSTRUCK!

All of life is symbolic and represents a part of the hologram. We are all fascinated by the Moon ever since man saw it traveling across the sky. And no wonder: it is our closest heavenly body that draws man's attention to the heavens. Even though man has now walked on the surface of the moon it still has not lost its allure. What is the symbology of the moon? For one thing it indicates our body and emotional feelings. Every day we feel its effects on our bodies whether we like it or not. It affects our ocean tides, our body tides and rhythms and consequently our emotions. We "feel" it!

Historically, the Moon was a great puzzlement to the first observers. All the ancients from all parts of the planet linked the moon

"Jumping from failure to failure with undiminished enthusiasm is the big secret to success." Peter Higgs (who waited 20 years for experimentalists to prove that the missing piece of the Standard Model existed.)

"The timing of the daily events in your life is the evidence that creative intelligence is in charge of your existence." Adano C. Ley

Since everything is but an apparition  
Perfect in being what it is,  
Having nothing to do with good or bad,  
acceptance or rejection,  
One may well burst out in laughter!  
Longchenpa

cycles to rain, plants and animal fertility. A woman's menstrual cycle was quickly equated to the Moon. The waning moon was bad; the waxing moon was fortunate. Lunar eclipses were seen as evil.

It may seem that we have come a long way from our superstitious beliefs about the moon. But what does the moon really mean astrologically for us in modern times? Mostly we agree that the archetype of the moon relates to our mother, our body, and our home as well as emotions. But what about these emotions? The ancients had no problem equating the moon to the feminine. But in our time this is a function of the unconscious that is repressed. The world has not always operated under a patriarchal society! Today it is easy to make a case for male dominance creating the problems that we face globally. All our religions have a male god. A current and dreadful example is the problem with

the Middle Eastern religious attitudes and practices in which repression of women is rampant. We see the problem but differently in the West as well. It is pretty much global.

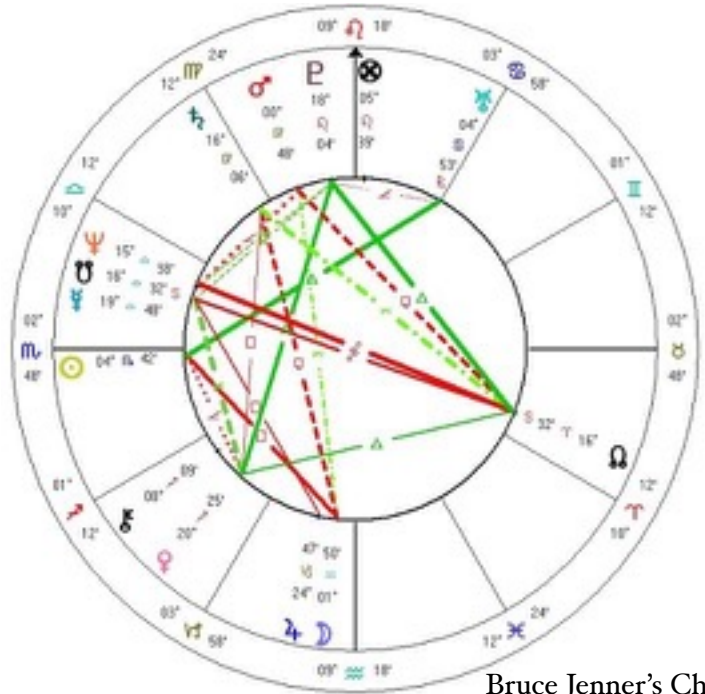
As a psychotherapist I must ask myself, What are men so afraid of? Why are they so afraid of women? I believe it comes down to the spermal relationship, the sperm to the ovum. We know that all our basic emotions come from the experiences the sperm had traveling to the ovum. Betrayal and Fear are obvious. But what about the experience of being “gobbled” up by the ovum, the loss of identity and control? After all, that sperm worked pretty hard, to say the least, to beat out all the other millions of sperm to reach his goal. Cellularly, the human male species must feel resentment, fear and anger over the loss of power. In ancient times, in the Age of Taurus, woman was the power and lorded it over men. The tables had to turn if the evolution of consciousness was to take place.

And yet we can see change coming: the emergence of the feminine is showing itself. Homosexuality, women’s lib, women in politics, female Gurus, and even gestures such as Bruce Jenner’s sex change! An Olympic Gold medal athlete has become a woman? How can that be? (*See Bruce Jenner’s chart opposite*) Such changes are evidence that the species is evolving to realize it is composed of both the Sun and the Moon, the Male and the Female.

As I write this we are enjoying a New Moon. That is, the Sun and the Moon are conjunct such that you can’t see the Moon, i.e. the Moon is invisible against the backdrop of the Sun in the sky. There is a period for 1 to 3 days that the face of the Moon is completely dark. It is a time when neither male or female is in ascendance. The archetypes of the male and female are in total union. It is the evidence of Creative Intelligence before the differentiation into two. And a perfect New Moon is a Solar Eclipse when the whole world is dark! I’ve been told that seeing an eclipse is unearthly!

The New Moon is also the time that we can experience the ending of the old and the

beginning of the new. The zodiacal sign of the moon will determine the ‘what’ or the ‘which’ that ends or begins. The seed impulse is available to everybody. It is a special time. Change is the constant on our planet and the Moon indicates those cycles of change.



Bruce Jenner’s Chart

One of the interesting points in Jenner’s chart is his Moon in Aquarius. Aquarians think for themselves so the moon here indicates a person whose body image and feelings are independent, intuitive, and “New Age.” There is no need to conform to societal norms. In addition, the Moon is square to the Sun. The male and female archetypes are not in harmony. And finally, the Moon is the lowest planet in his chart, conjoining the IC which represents ones deepest collective unconscious. In the war between his male and females selves, the female won out, but only after his male side proved itself. Jenner is a double Scorpio. He is an extremely intense personality, capable of exploring the highs and the lows of life. Nothing could or would be mediocre for him. With his Neptune and his Mercury in the 12th house he probably feels he is doing a service for others.

# SUMMER CALENDAR

The Summer Solstice is June 21st. The days will begin to get shorter as the tilt of the planet in relationship to the Sun has reached its maximum. It is a time of celebration historically and Shakespeare made the most of it in his “Midsummer’s Night Dream.” We can’t get away from it: we are a product of our environment and need to pay heed to it. This year the Solstice is also Father’s Day. I don’t think that means anything but I thought I’d mention it anyway!!

What’s going on in our heavens? Saturn, Neptune and Pluto are all retrograde. Neptune and Pluto are transpersonal planets, which means they can’t be seen with the naked eye. They are planets that bring about social change. I’ve written a lot about **Pluto in Capricorn** and it’s energy to break down established institutions. Later when Pluto goes deeper into the constellation we should see some rebuilding....but not yet. It’s retrograde position indicates a pause, to reconsider and re evaluate. **Neptune in Pisces** is in its own sign giving it a lot of power to act. The trouble is, Neptune is too pliable, takes the path of least resistance. It needs a leader and we haven’t got one yet. The retrograde here could mean looking for one. **Saturn in Scorpio** is breathing its last hurrah. It retrogrades until Aug 2 to 28° and then goes into **Sagittarius** to stay for a couple of years where this energy will most like affect industry, business, foreign travel and higher education.

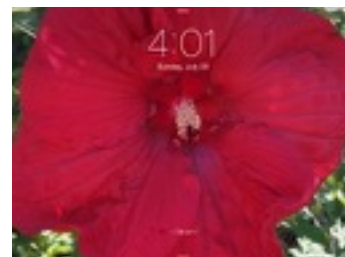
In July, **Venus will retrograde** back into **Leo**. Venus is very bright in the evenings right now in the western sky and is moving closer and closer to its second conjunct with Jupiter which occurs in early August. The first occurs the end of this month and signifies having a good time! These two planets enjoy each other’s company so take advantage this summer. Venus will be come a

morning star beginning in late August will turn direct on Sept. 6th.

Jupiter is still in Leo, but the party is over when Jupiter moves into Virgo on August 11th. **Jupiter in Leo** has been full of creativity, fun, and ideas. When it goes into Virgo it gets professional. That is, those great ideas are put to the test: do they work? are they practical? What else do they need? If you’re an artist this is a really good thing: for creativity to have excellence it needs professionalism.

Which brings us to **Mars in Gemini**. This position makes it hard to finish a single task because more than one thing is being done. Enjoy it because on June 25, Mars will move into Cancer. Ever tried to walk through a swimming pool? The water creates so much resistance. Mars is fire; Cancer is water—not an easy match. However, on August 9th Mars will enter Leo. Now that’s a good match! And in addition Mars will join Venus and Jupiter for some really good times. This is an excellent time to plan a party, fall in love, or do something joyfully unexpected! Caveat: Jupiter can be excessive so be aware.

During this quarter we have 3 super moons which means the moon is at perigee or closest to the earth. In our country, July has two super moons (and that means a Blue Moon!). On August 30 there will be another super moon. The biggest one will be in September though. That’s a lot of intense lunar energy!



**Enlightenment** is like the moon reflected on the water. The moon does not get wet, nor is the water broken. Although its light is wide and great, the moon is reflected even in a puddle an inch wide. The whole moon and the entire sky are reflected in dewdrops on the grass, or even in one drop of water. Enlightenment does not divide you, just as the moon does not break the water. You cannot hinder enlightenment, just as a drop of water does not hinder the moon in the sky. The depth of the drop is the height of the moon. Each reflection, however long or short its duration, manifests the vastness of the dewdrop, and realizes the limitlessness of the moonlight in the sky.

Zen Master **Dogen Zenji** (1200 - 1253)p

**!! PLEASE NOTE!!**  
**Longevity Circuit is going electronic!**

I will be sending the newsletter entirely by email with only 2 exceptions. If you must have hard copy, indicate so by either having a reading or sending a donation of \$20/yr.

**UPDATE! RECORDING CHANGES**



In addition to doing readings on Skype which lets us see each other and record to a CD, I am also recording on my iPhone, also providing a CD. The way of the cassette is antiquated and so many of you don't have players for them anymore and certainly not in your cars. This also enables me to get away from having an expensive land line.

I also encourage you to download the free Skype app and get someone to show you how easy it is to use, if you don't know already. It is so enjoyable to see your face when we do the readings! Doing this new stuff is nervy to me, too, but it's a great challenge to stay current with all the new technologies!

**GET LONGEVITY CIRCUIT ON LINE!**

It's free, and all you have to do is email me at: [ginger@lcircuit.com](mailto:ginger@lcircuit.com) with the word "subscribe" in the subject line. Save a tree!

**Housekeeping (boring but necessary!)**

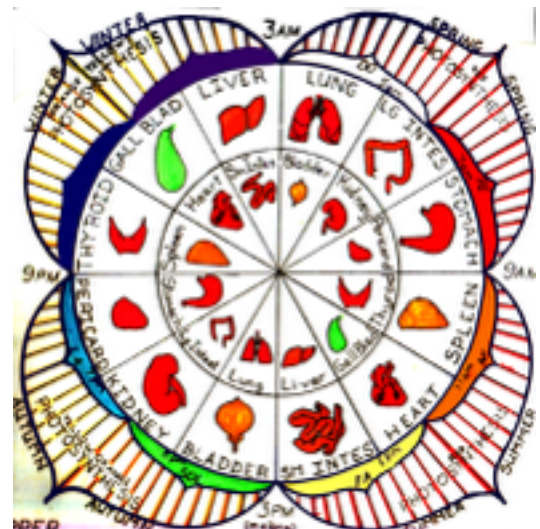


Adano's audio and video tapes, CD's etc, are available **FOR FREE** to anyone who will send Paul an **EMPTY 64GB iPod** or hard drive. There is no charge for this. But please respect Paul's commitment to archive Adano's work and to preserve it for future generations and to make it available to all his students. He has a job! So if you don't know how to use an iPod or hard drive, please find someone in your own environment to teach you. Paul simply does not have the time to do that for you. Merely send the iPod or hard drive and include **return postage**. The archives have been cleaned up as much as today's technology can do. Paul is constantly reviewing tapes to see if the newest technology can improve them even further. It's an amazing body of work in Adano's own voice and unedited so that the videos and audios have his great energy unadulterated. If you have anything of Adano's that needs to be archived, send it to Paul.



Because you asked for it, **Adano is now on Facebook!** Go to 'friends' request and type in Adano Ley. Also if you are needing some food ideas for solar nutrition, it, too, is on Facebook. Ask to be friends with Solaris Nutritionum. (Facebook only takes personal names!)

My book, "Food and Mood" is now available on Kindle from Amazon.com and iBookstore. Find out about how certain foods, additives and vitamins affect your body.



You are Soul, you don't have a soul.

For the list of Solar foods, go to my web page, [lcircuit.com/solar-food-list](http://lcircuit.com/solar-food-list) to download a free list and the 5 laws.