

LONGEVITY CIRCUIT

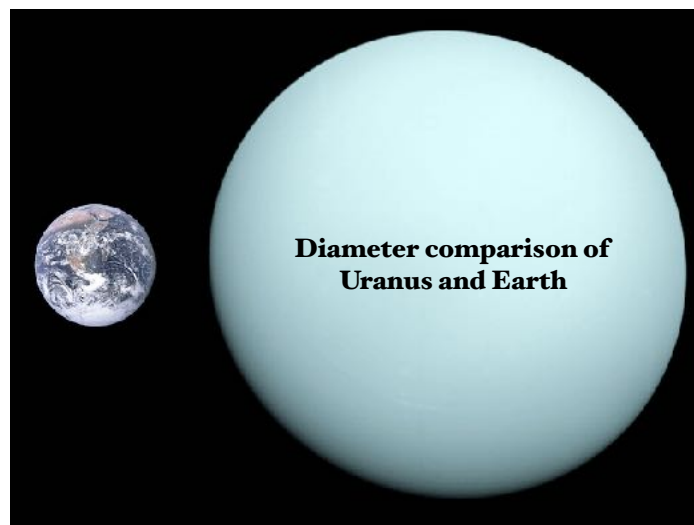
Perpetuating techniques which contribute to a longevity lifestyle

Uranus

The planet Uranus has just moved into a new astrological sign. If we look at the main myth concerning this planet/deity it will help us to understand the basic workings of Uranus by transit. In the beginning there was Chaos out of which came Gaia or Mother Earth. She then gave birth to Uranus or Father Sky, and although he was her son he also became her mate and lover. Uranus and Gaia were the parents of the first generation of Titans, and the ancestors of most of the Greek gods. Uranus, ruler of the starry heavens and vast limitless space, was associated with the airy realm of visions and ideals, not with the mundane practicalities of everyday existence. Every night he came to lie on the Gaia and produced a rather odd assortment of children that he was not pleased with, seeing them as ugly, gross, and d e f o r m e d . Consequently he pushed each one back into Gaia's womb — a way of saying that he banished them to the underworld of the unconscious and disallowed them expressive life, something we all do

with parts of ourselves we dislike. People with strong Uranus in their charts similarly have lofty ideals, and similarly are usually disappointed in the outcome. Although the reality falls short, they continue again. When Uranus is strong by transit, there is a similar response of restlessness, disappointment and sudden change. As the myth continues, Gaia's youngest child, Cronus or Saturn, at her request, castrated Uranus, thereby killing the creative impulse and potency of Uranus. Similarly in our psyches we find the war between maintaining the status quo, preservation and conservation (Saturn) warring against freedom, creativity, disruption and change (Uranus).

Uranus was discovered in April 1781 by a British musician named Herschel. It is fittingly Uranian that he was not an astronomer, but a hobbyist! If one looks at the history of that time it is possible to get a good idea of how the new planet came to be called Uranus. There were 3 major revolutions occurring disrupting the established order: the American and French



revolutions, and the Industrial Revolution which brought breakthroughs in science, technology and communications creating a total life change around the world! And it's not so surprising when you learn that Uranus was discovered in the sign of Gemini, The Twins. Single countries were splitting apart as a result of colonization. Also of interest is that the Yorktown Treaty was signed in October 1781, when Uranus had recently gone into Cancer, establishing the colonies as their own country.

Uranus takes 84 years to go around the Sun. That means it spends 7 years in each zodiacal sign. For the past 7 years, Uranus has been in Aries, a fire sign and the first sign of the zodiac. Highly energetic, Aries gets things started. Uranus there brought us most notably the unexpected election of a black president! And his unexpected accomplishment of a national healthcare. And even more shocking the unexpected election of Donald Trump! Since history seems to repeat itself, we can look back 84 years to the time of Hitler's rise, irresponsible fiduciary policies and the subsequent depression. Although Uranus in Aries has no interest in the outcome of its actions, when Uranus goes into Taurus as it is doing now, those problems become apparent and practical creative solutions must be found.

What can we expect with Uranus in Taurus now? Taurus energy involves what we value, and in the world we currently live in, money is valued most highly. With Uranus in this sign we can expect to see changes in financial affairs. Eighty-four years ago, FDR changed the banking rules and procedures in order to overcome the effects of the Depression. Exactly how monetary issues will change I cannot say:

Uranus by definition is unexpected and surprising. We currently have 2 currencies and 90% of the money is held in hands of 10% of the population. It's anyone's guess what will happen, but something will! Uranus in Taurus also will affect our resources. What is obvious is the problem of global warming, what is not obvious is the solution. But since Uranus is the Sky Father, it is likely that wind farms will increase. Also, Taurus can be slow and plodding. It might take the entire sojourn of Uranus through this sign before we see productive and realistic changes.

A word on Donald Trump. His chart has a very strong Uranus: it conjuncts his Sun and opposes his Moon. Yes, that's a classic sign of a person whose parents did not want him, but it is also indicates a person with a strong sense of individuality, creativity, energy, and most notably impulsiveness. All of it is in Gemini, whose greatest defeat is bipolar or schizoid energy. (In psychology, The Twins indicate the two sides of one's brain.) The point of Gemini is to bring the opposites together, the left and the right brain, the genetic input of the Mother and Father. It is rare to see people change after the age of 50, so we must ask ourselves why we have a childlike person in our midst. Uranus brings change by choice or by command. Uranus is the ruler of the Aquarian Age, and will bring a united world and spiritual wisdom, but not without the efforts of humanity. The Donald Trumps of the world (and we are not the only country to have one) are the Uranian kick-in-the-ass that we as individuals need to create a harmonious world. We are being commanded to choose.

Summer Calendar

On Thursday, June 21 at 4:07 am, here in Santa Fe, the Sun enters Cancer and brings us the longest night of the year! The Summer Solstice is and has been for eons celebrated around the world in praise of the Sun, with all sorts of wonderful activities! And in the Northern part of the planet the Sun is visible very late into the night. Plenty of time for robust partying!

Beginning this quarter we see that Jupiter, Saturn, and Pluto remain retrograde.

Jupiter and Saturn are the great giants of the Solar System and hold the planetary system together. Jupiter is expansive while Saturn is constrictive. This is the perfect time to review plans for the future as we explore combining brilliant ideas with practical realities! Jupiter goes direct on July 11th — full speed ahead, but don't be excessive: it turns Jupiter nasty! {BTW, this Spring Saturn made a station in Trump's chart, spending a couple of months opposing his Mercury. Saturn goes direct on September 6 and when it falls on that position again at the end of the year, expect some retribution for the things he has said. Could be Stormy Daniels!!} A Pluto retrograde gives the opportunity to reveal deep unconscious motivations and areas needing healing. It's like a heavy stone that falls into a pond, and when we bring it up, when Pluto turns direct in September, we see it covered with mud and gunk and when we clean it up we discover it is a jewel!

Mars turns retrograde on June 27th at 9° Aquarius. Mars here is jerky, sudden and volatile. I have heard that many people have had accidents, probably due to lack of sufficient

attention. If Mars is strongly affected in your chart, during the retrograde you might feel lassitude or loss of interest in doing something. Mars turns direct at the end of August. Might as well chill out this summer!

We have another of our 3 Mercury retrogrades/per year on July 26th. Mercury at 23° Leo goes back to 11° Leo on August 18th. At the risk of sounding repetitious, this energy is really good for review, but horrible for carelessness. Since it's in Leo, the energy for parties and having fun, make those plans prior



to the 26th. The last retrograde will occur in November.

And Neptune made an apparent backward motion a couple of days ago, on the 18th of June. Issues to review are the opiate crisis, movies, fake news and international relations.

On September 21 look for the next issue of Longevity Circuit.



Some Interesting News...

Some of you may know that Adano Ley, my spiritual and astrological teacher taught me that the correct chart for the United States is NOT the signing of the Declaration of Independence but rather the time of the Treaty at Yorktown in 1781. He said the British troops pulling out of Yorktown was like the cutting of the cord, as in the birth of a child, i.e. the birth of a nation. So of course I researched that thoroughly 30 or 40 years ago but could never find the exact time. Adano had conjectured 2:30 plus or minus pm, but I could not verify that. I had seen him guess individual birth times for those who wanted an astrological chart done but didn't have a birth certificate or birth time. He was always very close, but never hit it exactly. So I continued my research and recently came across a first hand description that was written at the time by an observer. From his account we can safely put the birth of our nation at 3 to 3:30 pm. If there are any history buffs out there I would be happy to email you this most charming article.

Update! Recording Changes

In addition to doing readings on Skype or FaceTime which lets us see each other and record to a CD, I can also provide an MP3 electronically. The way of the cassette is antiquated and so many of you don't have players for them anymore and certainly not in your cars. Even CDs are rapidly becoming obsolete! I encourage you to download the free Skype app (or use FaceTime which is already included with every iPhone, iPad, and Mac computer) and get someone to show you how easy it is to use, if you don't know already. It is so enjoyable to see your face when we do the readings! Doing this new stuff is nervy to me,

too, but it's a great challenge to stay current with all the new technologies.



Hot summer in Santa Fe!

Adano Audio and Video Recordings

...are available FOR FREE to anyone who will send Paul a 64GB USB flash drive. There is no charge for this, but if you don't know how to transfer it to your phone or computer, please find someone in your own environment to teach you. Merely send the USB flash drive and include return postage. The archives have been cleaned up as much as possible with today's technology. Paul is constantly reviewing tapes to see if the newest technology can improve them even further. It's an amazing body of work in Adano's own voice and unedited so that the videos and audios have his great energy unadulterated. If you have anything of Adano's that needs to be archived, send it to Paul.

In addition to Adano's website (<https://www.adanoley.com>), Adano is now on Facebook (<https://www.facebook.com/adano.ley>)!