

LONGEVITY CIRCUIT

Perpetuating techniques which contribute to a longevity lifestyle

CURRENT TRENDS: PLUTO AND SATURN

TRENDS:

Trends are formed by the outer planets which are referred to as the “transpersonal planets,” Uranus, Neptune and Pluto. That is, because they are not visible to the “naked eye,” they tend to act globally in a slow inexorable way, often going unnoticed until the energy implodes. We have seen that in the U.S. attitude to government: low voting percentages and lack of interest in public affairs, for example. And then suddenly a Donald Trump appears and the whole country wakes up! The major trend unfolding now is the Pluto/Saturn conjunction, but Neptune in its own sign is currently significant as well, think opiate crisis and health care. And Uranus in Taurus can't be underestimated either. Consider the plentiful news about Facebook, Amazon, Apple, and Google to name a few! But Pluto is the big player right now.

PLUTO:

It may be the smallest planet, or as some say planetoid, in our solar system, but it packs a big wallop! And don't be fooled because it is the farthest away from the Sun. Never, ever underestimate Pluto. And for quite a while we have been majorly under its influence. I wrote last quarter about the unknown origins of astrology, and if some of you

thought I was being too esoteric, I had a point that I was making: namely that astrology energies work in a two-fold manner. Psychologically astrology deals in Archetypes. In the Jungian sense: archetypes are the images, patterns, and symbols that rise out of the collective unconscious and appear in dreams, mythology, and fairy tales. And second, astrology works through energies in the physical realm. It all depends on how you view your world. A good example is that the planets are a creation of our Maker, while the signs of the zodiac are created by Man, hence definitely archetypes!

This is important to remind ourselves about, because Pluto is such a strong energy field, whether energetic or archetypal. If viewed as a material energy, then its effects will be evidenced physically, but if viewed as an archetype the effects will be felt emotionally and most intensely. (Since Pluto is the planet farthest from the Sun its archetype goes deepest into the unconscious.) And I don't think any of my readers have achieved Guru status yet, so most likely you will participate in Pluto in both ways. If you are feeling Pluto through energetics, then this



planet can bring enormous energy, sexuality, illness, and death. Have you been reading the news lately? These are all issues confronting our world: global warming, #metoo, health

insurance, and mass murders. On the other hand, if you have been experiencing Pluto as an archetype, then the issues are depression, fear, need to be right, and power hunger. Our current president is the focus for all of this, in both manifestations.

Thank goodness there is another side to Pluto, as there is with all the planets. There is no such thing as “bad” astrology: rather it is the use of the energies or archetypes that create good or bad outcomes. There are four animals associated with Pluto’s constellation Scorpio: the Scorpion, the Snake, the Eagle, and the Phoenix. It’s the only constellation that has 4 archetypes. Look: the scorpion is deadly, but it is also the only insect that can survive anywhere on the planet against all odds, even bombs! The snake is sexual: energy used for hostility or for spirituality. The eagle is the highest flying bird giving transcendence but also diving down to devour a helpless rodent. And finally the phoenix flying too close to the Sun and then burning up, indicating hubris but also transformation when its ashes were reborn. Pluto can be the murderer or the detective that catches him. It’s a choice.

SATURN:

Pluto is even more prominent now because of its association with Saturn. These are the two most ‘feared’ planets in the zodiac by people

who don’t want their lives disrupted. Now that you understand the power of Pluto, let’s look at Saturn. Basically Saturn is structure. If you look at medical astrology you will learn that Saturn rules the bones of the body, that is the very structure that maintains the body form. Without bones we would be useless protoplasmic globs. Without structure nothing can be accomplished, no large buildings, no commitments, no body of learning. Saturn is the teacher, the master of shoulds and oughts, the taskmaster, the maker of laws. So the positive side of Saturn is success, commitment, accomplishment, and respect.

When you blend the two energies together the outcome can be awesome. In several areas around the world we see Plutocrats making their own rules, acting with hubris to control, global change requiring new attitudes and laws, groups of people banding together to acquire the power needed to change oppressive laws. These are all trends caused by the long slow movement of Pluto and intensified by its conjunction with Saturn. See the Winter Calendar below for more on this conjunction.

Reminder: An archive of all Longevity Circuit newsletters for the past 31 years are available on [my website!](#)



WINTER CALENDAR

The Winter Solstice occurs on December 21st. The Northern Hemisphere celebrates this day as the return of light. Christianity considered this a pagan idea and to lasso it into the new religion, arbitrarily made it Jesus' birthday. But I for one am thoroughly tired of short days and loss of bright evenings, despite whatever religious beliefs I may have, and I know I am not alone! If you have ever studied "evolutionary psychology" you will understand that we are all surviving animals at heart, wanting to maintain the species and if we don't have sufficient sunlight, our crops will fail and we will die! Knowing that the light will increase is cause for celebration indeed.

Christmas Day comes with a Solar Eclipse. It's a new Moon that eclipses the light from the Sun coming to Earth. It can be a big deal, or it can be nothing. The ancient astrologers believed that Solar eclipses were ominous and affected Kings and such. Some modern astrologers wonder if the stars that brought the Magi to baby Jesus was actually an eclipse. Today with so much available research we no longer have the sense of doom. And after 45 years of doing Astrology, I can safely say that some of the eclipses are awesome, some are duds. The New Moon is significant however, indicating a fresh start. And falling on a religious holiday may give some pause for reflection on what one can do to improve one's home or career life, particularly if you have 4° of Capricorn or Cancer in your natal chart.

Neptune is and will be for a long time in its own sign of Pisces, but right now Saturn is in loose sextile, bringing practicality to one's ideals. It's a good transit but don't forget: Neptune destroys the ego, and being in its own sign intensifies its energy. Altruism can be ego in disguise.

Uranus is still retrograde in Taurus and will be until January 11th. So we are still reviewing all things electronic: social media and E-Commerce, but also social freedoms and rights.

Saturn is in Capricorn and will make an exact conjunction to Pluto on January 12th, then will move into Aquarius in mid March. It will retrograde back into Capricorn though and will again be very close to Pluto in the late summer. Remember, it ain't over 'til the fat lady sings!

Jupiter in Capricorn: on Dec. 2nd Jupiter went into a new sign, Capricorn. Some people have expressed concern since Jupiter is not happy in an Earth Sign. But there is a natural progression to the zodiac and Jupiter, after spending a year in its own sign hopefully lit the fires of new beginnings. Now in Capricorn the opportunity is to concretize and consolidate those ideas into something practical. Take a look back and see how many things have come to our attention. How are we going to make them work?

And how might you personally feel the Pluto/Saturn conjunction? These two power planets can bring huge rewards if one is willing to work tirelessly to accomplish a meaningful task. Even daily events can take on greater importance, as the will to achieve can affect even mundane activities either in the home or in the workplace. One's status and respect can be affected, depending on one's work methods, i.e. authoritarian or supervising?

**And on March 21st, look
for the next issue of
Longevity Circuit!
Happy New You,
everybody!**