

# LONGEVITY CIRCUIT

Perpetuating techniques which contribute to a longevity lifestyle

## Some "Feel Good" Stuff

### The Eminence Factor

The Eminence Factor is a term coined by Michel Gauquelin who lived from November 13, 1928 to May 20, 1991. He was a French psychologist and statistician who conducted statistical research to analyze astrology and found a correlation amongst birth planetary positions of a person and his/her psychological character and his/her career or vocation or success in it. He analyzed thousands of charts in Europe and the United States and found that planets and angles were indicative of character and success. He collected over 20,000 dates of birth of professional celebrities from various European countries and from the United States which led him to the conclusion that the position of the planets at birth is linked to one's destiny. But he coined the term, "Eminence Factor," which in essence says that astrology works better for the famous. Why? Because a chart indicates one's highest potential and people who think they can succeed, do. So to get the most out of our astrological map we have to potentiate. This means working hard on oneself to heal past wounds, to commit to developing one's gifts and talents, and to dare to become everything one's script has to offer! This does not mean that success is measured by fame. Carl Jung, another modern psychologist who used astrology in his work, called it self-actualization. It is available to all!

### On the Changing Human Consciousness

"As I see this change happening, it's not going to be one big organization like a political party or something that promotes this transformation. It would be very undesirable if anything like that formed. It would be very threatening to people. But the unconscious wisdom of the way this is happening is that these small groups form, the non-profit organizations and so on, and when you look on from the outside they all look as though they can barely get their act together and have a very hard time staying organized and so on. So there's no threat there at all. And the net result of that is that you have a very, very powerful transformational force in the world and yet it's arousing very little resistance."

— Willis Harman

### The Three Conditions of Enlightenment

The first condition of an enlightened man or woman is: *Knowing that you are a winner, based on the fact of the mechanism that the sperm made it to the ovum against all odds.*

The second condition is: *Knowing that you have a sense of timing, whether to confront or avoid.*

The third condition is: *Not being afraid to make mistakes because it's already written in the stars anyway, and you are not attached to the outcome.*

— Adano C. Ley



Meteor over Australia

# Autumn Calendar

**W**ednesday, September 23rd begins autumn: the days and nights are equal as we enter the constellation of Libra. The symbol for libra is  $\text{♎}$  depicting the balance of the scales. Libra rules partnerships, groups among equals, tennis (the ball is in your court), equanimity, and SCOTUS. In the Chart of the U.S., the Yorktown Treaty chart, **retrograde Pluto** is in the 12th house and squaring the U.S. Sun in Libra in the 8th House. In Mundane Astrology, the 12th House rules hospitals, jails, conspiracy, secret organizations, as well as monasteries and ashrams. The 8th house rules financial dealings with other countries, public mortality, and regeneration and renewal. It foretold the death of the thousands who died from the Covid pandemic and who are still at risk due to self-defeating information. But it also gives us hope for renewal and regeneration. Pluto here also admits of problems in the Supreme Court and the hope for renewal and regeneration there as well. I have seen several indicators of Scorpio renewal or changing of the guard this year: new ways of educating (read "Zoom"), unknown young tennis players winning the U.S. Open due to the loss of the big three, and successes from NASA after many vacant years. Pluto moves so slowly now as it reaches aphelion (position farthest from the Sun) so this transit will last through much of 2022, after which it will gradually diminish in intensity.

Pluto is not the only planet retrograde now. Jupiter, Saturn, Neptune and, just recently, Uranus turned backward.



The outer planet retrograde has been happening every summer for years now and gives the planet time to review, revise, and reconsider any projects under foot. I believe that there is a lot going on behind the scenes that will be revealed to us toward the end of the year and into 2022.

**Saturn** is with Pluto in the 12th house. Saturn gives us law and order, structure, and function. It is retrograding back to another conjunction with Mars in Aquarius. There is so much violence in the world and in our country, some of which Saturn here could correct. There will always be man's inhumanity to man but recent awakenings have revealed racist and religious issues that have been swept under the table. Saturn does the right thing, the accepted thing. It suppresses anger, and therein lies the problem: when anger is repressed, rage ensues and rage knows no limits. Why is so much of Middle America angry, what needs to be done to bring this country together? The 12th House is a hospital where sick people go; it is also a prison where people pay the price. We are in for the long haul on working out these issues.

Fortunately **Jupiter**, also retrograde, is backing up to another conjunction with the Ascendent at  $22^\circ$  Aquarius. Unfortunately historical records do not give us the exact to the

minute time that the US became its own country. Nevertheless, we can look to increased social consciousness of a religious or legal nature but whether it is to your personal liking is up for grabs.

In December 2020 and March 2021 we experienced a once in every 20 years, the conjunction of Jupiter and Saturn. When it

occurs in Earth Signs it is called **The Great Conjunction** and it has heretofore presaged the death of every American President in office at the time. There has been an exception when Ronald Reagan was shot, but not killed, but then the conjunction was in an air sign and is called the Great Mutation. To completely confound the situation, in December 2020 the conjunction occurred at 29° Capricorn into 0° Aquarius! Who can say what might occur?

At the least we can say this: the two planets are opposites: Saturn is conservative, Jupiter is expansive. Together they can achieve a middle ground of normality. They can create enormous changes to the law and order of man on Earth: Saturn represents time and discipline while philosophy and expansion are symbols of Jupiter.

I have not forgotten **Neptune** or Uranus. Neptune is still in the U.S. chart 1st house of the people and will turn direct on December 2nd. Much of the public is still paranoid and easily influenced by conspiracy theorists. But remember, Pisces, the home of Neptune, is ruled by the two fishes moving in opposite directions, connected by a silver cord. Much of the public is also becoming more thoughtful about racist and religious issues. It usually happens that the negative spawns the positive.

**Uranus** was the last outer planet to turn retrograde and will be the last to move forward. On January 23, 2022, Uranus will move forward at 10° Taurus from the 2nd, the money house, back into the 3rd house of communications, trade, and structures like roads, bridges, trains, the U.S. Post Office, phones, and schools. We sorely need change and repair in these areas and Uranus here gives us hope! We might find more interesting news about inventions, global warming, the January 6th terrorists, and other life changing events. Uranus also rules neighboring countries and emigrants coming from them and could show creative ways of dealing with the problem.

**Mercury turns retrograde** on Monday, September 27th, at 25° Libra. You've heard this all before, but it bears repeating because we are

not at our best mentally when Mercury looks backward and uncertainty can overtake rationality. Review what's going on. Pay attention to the signs from the environment. Reevaluate any new projects and wait to implement them until Mercury goes direct if you can. Double check all your travel plans and be prepared for unforeseen contingencies. Mercury goes direct again on October 19th at 10° Libra. Some people have found that a shadow period exists until Mercury returns to its former degree. I have not found this to be so true, but check it out anyway.

**A Solar eclipse** occurs On December 4th, at 12° Sagittarius, but you won't be able to see much unless you go to Antarctica! Nevertheless, eclipses have always been important astrologically through the ages, once portending danger and catastrophe! To have much significance today it must fall directly on a planet in the chart under consideration. It does not make such a conjunction in the chart of the U.S., but does occur in the 10th house of heads of state and government and the ruling class. Since Sagittarius is a mutable sign, the effect may not be obvious if anything occurs at all.

---

### Recording Changes

In addition to doing readings on Zoom or FaceTime which lets us see each other, I provide an MP3 electronically since CD players are rapidly becoming obsolete! I encourage you to download the free Zoom app (or use FaceTime which is already included with every iPhone, iPad, and Mac computer) and get someone to show you how easy it is to use (if you don't know already). It is so enjoyable to see your face when we do the readings! Doing this new stuff is nervy to me, too, but it's a great challenge to stay current with all the new technologies.

## Adano Audio / Video Recordings

After 20+ years of collecting, transferring, cleaning up, and archiving Adano's videos and audios, they are now ALL available online for the first time on Adano's YouTube page (<https://www.youtube.com/c/AdanoLey>).

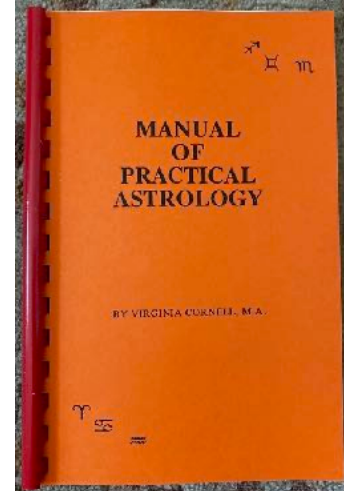
It's an amazing collection of over 300 Adano Satsang audios and videos! Some of these recordings go back to the 1960s and we received them over the decades on reel-to-reel tape, cassettes, and VHS video tape, sometimes in very poor condition. They have been cleaned up as much as modern audio restoration technology will allow and some are of excellent quality so you can hear His voice, His laughter, and His wisdom in our world today.

Your own copy of the Adano archives is also available, just send Paul a 64GB USB flash drive and include return postage. The archives have been cleaned up as much as possible with today's technology and Paul is constantly reviewing the newest technology to see if they can be improved even further. It's an amazing body of work in Adano's own voice and unedited so that the videos and audios have his great energy unadulterated. If you have anything of Adano's that needs to be archived, send it to Paul. In addition to [Adano's website](#), Adano is also on [Facebook](#).



## The Manual of Practical Astrology

I have a few of my astrological books left. They are \$10 plus postage and those who took my class thought it was very helpful.



---

## Longevity Circuit Newsletter Archive

An archive of all Longevity Circuit newsletters for the past 33 years are available on the Longevity Circuit [website \(lcircuit.com\)](http://lcircuit.com)!



---

**And on December 21st, look for the next issue of Longevity Circuit!**

