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# LONGEVITY CIRCUIT

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Perpetuating techniques which contribute to a longevity lifestyle

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## Me and The New York Times

I was doing the New York Times Sunday Crossword puzzle recently and pounced upon an easy clue: “Number of planets.” But there were too many boxes for the answer to be “Nine.” The crossword designer and editor said the answer was “Eight.” How could they make that mistake? Doing some research myself, I came to realize that probably they were basing that answer on the discovery in 2005 of Eris in the Kuiper belt that brought into question the veracity of calling Pluto a planet. Pluto, which was discovered in 1930, was not known to be in the Kuiper belt which itself was not discovered until 1992. But later Pluto was reinstated into the zodiac as a “Dwarf Planet” along with Eris and Ceres (which is in the asteroid belt). Since then Makemake, and Haumea have also been identified in the Belt. So I guess the NYT hadn’t done the homework, because the correct answer including the so-called dwarf planets, is 13! Except for Ceres which is in the asteroid belt, these dwarf planets are basically in the same area and more are sure to be located as our equipment improves. Consider the James Webb telescope that has already expanded our concept of the universe.

The Kuiper Belt is a ring of icy objects beyond the orb of Neptune. It is like the asteroid belt but is much, much more massive. It contains bits of rock and ice, comets and dwarf planets like Pluto. And Eris, which is the same size as Pluto, is in the outer reaches of the Belt and so far away we don’t know much about it! This area of the zodiac is still mysterious to astronomers and consequently to astrologers as well. If you’ve been reading Longevity Circuit,

you can see why I call the Kuiper Belt the “Jumping Off Place,” and use Pluto for the symbol of what it contributes to our understanding of the psyche.

So what do we make of all these recent discoveries in the Kuiper belt? Already Eris is being symbolized by modern astrologers as the no-holds-barred fight for continued existence that is fundamental in all natural process, and for making a stand for what one believes, even if violence is involved. As the sister of Mars, the God of War, Eris willingly sought the battle. There is a side of nature that is quite harsh, a struggle for survival, and this struggle is a fundamental part of the human condition as well, for we are still half animal. Nature can be viewed in a rosy light, as it was in the hippie movement of the sixties, Bambi drinking from a little stream, but underlying this beauty is the possibility of sudden death at any moment since all of nature’s children need to eat. Eris is related to this principle, and to the concept of the female warrior that embodies it, and especially to the feminist struggle for rights in a patriarchal society. But a lot of this is stuff we already attribute to Pluto! Not much is said yet about the other dwarfs in the Kuiper belt, and Ceres is in the asteroid belt so it doesn’t fit.

So I’m back to counting 9 planets, and if the New York Times wants to differ with me, so be it!!!

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### Longevity Circuit Newsletter Archive

An archive of all Longevity Circuit newsletters for the past 33 years are available on the [Longevity Circuit website \(lccircuit.com\)](http://LongevityCircuit.com)!

# Autumn Calendar

The first day of fall begins on September 22nd at 7:05 pm in Santa Fe when the Sun goes into Libra. You'd never know it though: our days are still sunny with ample rain, the tomatoes are flourishing, the flowers are still budding, and the humming birds are still around! I hope it presages a mild winter with plenty of moisture!

And how are the planets, which represent archetypes, doing these days? The outer planets, Jupiter, Saturn, Uranus, Neptune, and Pluto are still retrograde. This is not unusual being the norm in the last few years. And for several years before, at least 4 of the 5 planets were retrograde in the summer. I think it's a good thing: keeping energies low in the summer when so many people have the time to be reactive. It also may explain why there are so many investigations going on, but no outcome. The planets will, one by one, turn direct.

Pluto is the first to turn direct on October 8th at 26° Capricorn. The slowest moving planet carries a big wallop: being investigative, it brings secrets to the surface. Pluto is both the criminal and the one who captures him. Sort of sums up our political situation these days. And Pluto, as the jumping off place, also reveals to us transcendent information. The other night, on the Colbert show, an actor was asked to take the "Colbert Questionnaire" an invention of Stephen's on his late night TV show. The last question always is "What do you think happens when we die?" The man said he didn't think we die, that we don't understand time or consciousness!!! The audience response was immediate and supporting. That's a Pluto

statement and one that reflects a part of our population's thinking. But what we hear all the time on TV and the news comes from the uneducated and untuned populace, with their conspiracy theories and persistent attachment to such things as a flat earth. What I am saying is, this actor, unknown to me, represents a segment of the population that is healthy, educated, and beneficial.

Neptune turns direct on December 4th at 22° Pisces. When this planet is in the first house of the people as it is now, it represents pandemics, especially since it is in its own sign of Pisces. Being retrograde has given the world a chance to resolve the situation. Neptune here also indicates a population in need: the poor, the sick, the disenfranchised, the immigrants.

Uranus was the last to go retrograde and will not turn direct until January 22, 2023, What an interesting energy field this planet is! It embodies the unexpected, the unusual, and often revolutionary ideas!

It is by nature unpredictable. It is on the cusp of the U.S. chart between the second and third houses and right now is making a square to Saturn which is responsible for the inflation problems we are having. In the 4th house, Uranus will make unpredictable changes in all communications, telephones, newspapers, etc.

And Saturn, also retrograde, is in the U.S. chart's 12th house and will turn direct on October 23rd. Fortunately, since Saturn goes direct so much sooner than Uranus, which continues to be retrograde, the square will widen and we should see a diminishing of the monetary crisis. Saturn



**My favorite picture of 2022: the mountain looks like it's covered in snow but it ain't: it's 8 PM on August 1st and the lighting was amazing...not to mention the double rainbow!**

stands for the law in terms of its restraining purposes, not guaranteeing liberty. The attempt to limit voting rights, the loss of reproductive rights of women, and other attempts at limiting freedoms is a result of Saturn in the 12th house. Saturn will be leaving the 12th house sometime next year.

And finally Jupiter retrograde in Aries at 4° in the first house will turn direct on November 24th at 28° Pisces. Jupiter is good here, bringing peace and prosperity, especially when associated with Pisces as it is. Since it rules banking it should also help with the inflationary trend, once it turns direct.

We have been under a Mercury retrograde since Sept 10th. On October 2nd, Mercury will turn direct at 3am Santa Fe time. Remember the caution to be mindful of decisions until Mercury reaches its original place at 8° libra, which will be mid month. This shadow area is not a sure thing. Just be mindful!

Also, Mars is turning retrograde on October 30th. Mars rules action of any kind. This could be making repairs, changing a structure, or even feeling lethargic. It's also a time to plan or reconsider projects that require work.

On Dec 21st, look for the next issue of Longevity Circuit!

## IDA

Ida and Ada went walking through time's illusion one day.  
 Each one carefully stalking the secret to life on the way.  
 Ida collected true knowledge like flowers that bloom in the spring,  
 Judiciously sorting their colors while arranging the beautiful things.  
 But everything dieth that liveth; time has attested its truth.  
 And knowledge, like flowers, fadeth no matter how brilliant its proof.

Now Ada chased after her feelings, like butterflies born on the air,  
 Saving the colorful dead things, a collection of heavy despair.  
 In one hand an armload of wishes, in the other a butterfly net,  
 Exhausting herself in her riches but determined to keep up the set.

"What is true, what is love," you are asking, but chimerical fancies to tame.  
 Everything changes and passes, there's nothing that stays just the same.  
 Our viewpoint is always adjusting the fictions we make up to hide  
 Our **I**gnorant **D**umb **A**ss insistence to stay on earth's temporal side!

(V. Cornell, 1974)