

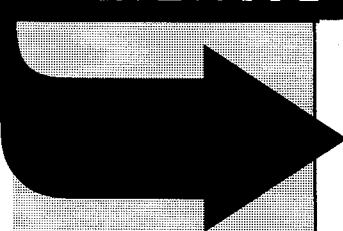
LONGEVITY CIRCUIT

Perpetuating techniques which contribute to a longevity lifestyle.

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VOL. 13 • No. 4

SPRING, 2002



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WHAT'S NEW!

- **VIDEO DVD Part 1 of the Adano Video is ready!**

On DVD for \$25.

See 'FYI' on page 3 for more information.

- **AUDIO CDs.** Adano's 1971 talks on "The Teachings of Jesus."

A 3 CD set \$30.

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- **Extra Large Location maps; now available in color 11"x17"** If you already have purchased location analysis these are only \$5. each

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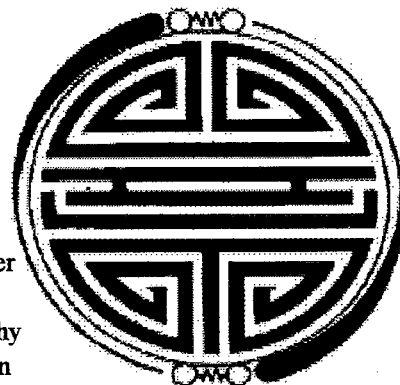
Adano C. Ley

THE AURA-SCOPE OR THE HORROR-SCOPE?

Going to an astrology chart for information is a bit like making a prayer. It acknowledges some higher order besides the ego. In fact, seldom does the ego find any satisfaction in astrology. That's probably why I enjoy all my clients as much as I do, why I enjoy being an astrologer. I usually get to interact with people who have stepped outside their egos, who are looking for answers to life's myriad problems in a different way. People who use astrology are different from those who don't. They are comfortable knowing there is a design or a plan to life and are willing to go along with that plan. They seem to know that there may be some free choice, but not a whole lot and that any free choice involves choosing one's timing.

Those who use astrology, however, will tell you that at times in their lives their chart seems to be like a horror-scope, and yet at other times they experience it as an aura-scope. Aura in this sense is the template of Soul consciousness. According to my teacher, Swami Nityananda Saraswati, aka Adano Ley, the reason we are born on this planet is to experience *jivan mukta*, a Sanskrit word meaning, "freed while living." He says that our desires and habitual actions are the cause of our entrapment that keep us from dying consciously in the body, which is the measure of mastery of the self (cells), the mark of the Master within fully realized. Consequently we have Karma to help us face ourselves because the true meaning of Karma is to be fully consciously involved. Krishna telling Arjuna he must go into battle is the famous story that indicates positive involvement. The New Testament story of the blind man is another indication of the positive side to Karma. The rabbi asked Jesus, "Why was this man born blind—because he sinned or because his parents sinned?" And Jesus replied, "Neither. He was born blind to the glory of God." In this sense Karma, or involvement, Adano says, is the only way to express your divinity, because it brings about the triumphant emergence of the Self and liberation from the body. Or to put it in his words exactly, "Karma is conscious total involvement that leads to deliverance by reliance on Divine Will." If you accept this principle, you have an aurascope; if you don't accept it, you have a horrorscope. And who amongst us has not had experiences that make us doubt?

The astrology chart is the map of one's Karma, showing the lessons one agrees to learn in this lifetime, and the potentials that one has committed to develop. And yet, every one of us in this instant could experience cosmic awareness were the devotion to Self strong enough. So there is no such thing as a "spiritual" chart, since all charts are essentially potentially spiritual. So we go through life with the "fifty-fifty" of experiencing our natal chart as either a horrorscope or an aurascope.



WHO GETS LONGEVITY CIRCUIT?

Longevity Circuit is free for clients who have a reading at least once a year. Due to the limited number of copies, it is otherwise available with a suggested donation of \$20, sent to:

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Summer Calendar

For the last couple of weeks, when Jupiter went Direct on March 1st, we've enjoyed all the planets moving forward in apparent motion, symbolically creating an harmonious energy for progressive forward action. If you have been following the news you'd have to agree. And please see the article to the right about the astrology of our country for more specifics.

March 20- Spring! Today while the day and night are equal in length, Pluto makes a station going retrograde at 17° Sagittarius. Pluto makes a very long station on this number from Feb 1 until May 10th. If you have 17 degrees of anything in your natal chart, it's an easy bet you're encountering some radical changes. Supposedly, 17° Sag is the center of our universe..... A retrograde Pluto indicates that you can take a long look back at your destiny, or you may need to retrace your steps pertaining to a major change.

28- Full Moon in Libra

29- Mercury enters Aries and brings spontaneous communication and thinking on one's feet, but it can also raise the level of angry thoughts.

31- Venus moves into her home, Taurus. Beauty, art and money are highlighted.

April

7- Daylight Savings time begins--Solar nutritionists take note!

13- Mercury joins Venus in Taurus, and Mars goes into Gemini. Mercury is slowed down in Taurus which needs time to think, but together with Venus energy concentrates on art and beauty: go to a museum. This will make Mars in Gemini happy, too as this is the gadabout placement. Be careful of scattering your energies, however.

19- Sun enters Taurus, PDT. intensifying the energy described above, showcasing everything Taurean: your flower garden, your jewelry box, your investments whether emotional or financial.

25- Venus enters Gemini. Oh so charming and Oh so charming; and must I choose between the two?

26- Full Moon in Scorpio

30- Mercury moves into Gemini, his home. Communications should flow effortlessly, short trips are fun and somehow we may have said more than we meant to, but at least it wasn't deep.

May

13 - Neptune makes a retrograde station at 10.59° Aquarius. Another long station from March 13th to July 17th. Neptune works so subtly that for a while you may not realize its effects which can be denial, avoidance, and addiction, or into compassion and artistry..

15- Mercury goes retrograde at 9° Gemini. This is the 2nd of Mercury's 3 retrogrades this year, lasting until June 8th and occurring in his own sign of Gemini. My sense is that either this retrograde won't bug you or it will be more intense. It's so easy to solve: just give up any expectations for the next 3 weeks!

20- Sun enters Gemini. Vacation time! How many cities can we visit in 10 days?

26- Lunar Eclipse/Full Moon at 5° Sagittarius. For a lunar eclipse the earth must come between the Sun and the Moon, blocking out the reflected light of the moon. The emphasis is on the mental aspects of life as emotions are blocked. Lunar eclipses don't seem to be as strong as Solar counterpart of which we have one coming up in two weeks. See below.

28- Mars goes into Cancer. Which is easier, swimming across a pool, or walking? Why does a spoon appear bent in a glass of water? This is Mars in Cancer talk: distorted energy and sensuous action.

June

2- Uranus goes Retrograde at 28° Aquarius and like his transpersonal fellow planets, Pluto and Neptune, makes a long station from April 18 to July 20th. Uranus is radical, sudden and disruptive, and you may like those things because you're bored, frustrated and stuck, but don't throw the baby out with the bathwater!

8- Mercury turns Direct at 1° Gemini. Review time is over, you've made up your mind, now get with it!

10- Solar Eclipse at 19° Gemini. Solar eclipses are well documented for creating havoc as in earthquakes and other violent happenings. They have been recorded since 200 B.C. and many an astrologer lost his head if he missed calculating one. If you have 19° of something in your chart, be aware that there could be some changes in that area. Look at 19 years ago for some information.

14- Venus moves into Leo. This is party time! Generosity of spirit and creativity are marked.

21- Summer Solstice, Sun enters Cancer. Stay up all night! Dance naked! Rejoice! And look for the next issue of LC

More on the Chart of the U.S.A.

As I write this Uranus is making the first trine to the U.S. Sun in Libra and as I had thought, the economy is coming out of the doldrums and the stock market is improving. This energy will last until Jan, 2003. It is very positive energy and can bring about other enlightening changes besides improved money markets.

The Pluto/Saturn opposition is still on until June and coincides with the Solar Eclipse on June 10th. Since Pluto is exactly conjuncting the U.S. Saturn then, I think this could be dangerous for the President, either politically or physically. While it could indicate further violence aimed at the President which may be why he has taken the extra measure of forming a skeleton emergency government, it could also be his political death or a cause for him to abandon certain of his projects. It may also relate to the changing character of the Senate, i.e., increasing the Democratic strength. Also Saturn will oppose Saturn in June which typically brings some change in government or business trend. The progressed moon is also in the 10 house of the US chart indicating change in leadership.

Long range energies through the year include Jupiter moving into the 6th house denoting increased employment and positive work influence; Pluto conjuncting the U.S. Saturn; and Neptune making an exact conjunct to Mars in the 12th house. This last one really concerns me since this is the house of the masses and seems to indicate a do-nothing populace. Get out and vote, you guys!

FYI

Most of you who read this newsletter are not students of Swami Nityananda Saraswati, aka, Adano Ley. Nevertheless, since he is responsible for teaching me astrology you are accustomed to my mentioning him frequently, not only in this newsletter, but also in readings. You may know that in 1989 Adano left his body, but a couple of years before he checked out, he was videotaped in Cinninnati at a student's house while he was giving a *Satsang*, a word which in English is roughly translated as "fellowship with the truth." (Over the years what I have observed is that *Satsang* is a process wherein the Teacher transmits or hands over the Truth to him who is capable of hearing it.) At this same time he also allowed a class of Solar Nutrition to be taped as well. But I know of no other time that he allowed video taping except in this brief time period, perhaps because he knew that soon he would not be around to give the classes in person. In fact, there were several instances over the 18 years that I knew him that he refused any audio, videotaping or publicity of any kind.

Shortly after Adano made his transition, someone gave me a copy of a copy of that video of Adano giving the *Satsang* in Cinninnati. It is a remarkable tape in which Adano gives several minutes of a rare phenomenon called *Darshan*, the transference of love through the eyes. I cannot recall seeing any other spiritual teacher giving *Darshan* on a video or a movie and surprisingly this transmission is felt on the video. The bulk of the video tape contains Adano's core teaching based on the acronym "MEDITATION." Sometimes Adano looks directly into the camera's eye and you know that he is talking just to you, answering YOUR question, knowing what you need, something that was typically felt by any who experienced his *Satsangs*.

A couple of years after Adano made his transition, Paul Sakion entered by life and later became my husband. Adano had told me he was sending me someone, [*"I'm sending you someone who is good for you."*] who turned out to be Paul, an electrical engineer also excellent with software. In other words, he brings the forces of the computer to work with state-of-the-art software that is often so new that it is difficult to master. Such is the class of software especially dealing with audio and video digitizing. [Some of you may remember that six or seven years ago he wrote the software program based on Adano's teaching in 1972 that has allowed us to diagnose dysfunction through the sound of a person's voice.]

You can imagine my surprise to discover that he also had a video of Adano being taped in Cinninnati and that it turned out to be the SECOND HALF of the tape that had been given to me! It makes the whole thing about 4 hours of Adano giving his core teachings. Of course we didn't figure this out right away but we had some clues and were so thrilled when we realized we had a WHOLE! Whoever split up the tapes and gave half to some, half to others must have had a weird sense of humor. But there is no denying destiny: these two halves had to come together, in more ways than one!

Paul, who has been worried about the short life of audio tape, has started putting the Adano tapes on CD in order to archive them, and in the process has begun cleaning them up. Not a small achievement since many of them are in terrible condition. And recently Jodi Gore Knudson sent Paul the reel to reel audio tapes that Mary Margaret Tomlinson gave to her. These audio tapes record the core teachings of Adano from lectures he gave at the A.R.E. from 1971 to 72, in Virginia Beach, Virginia. Paul is also archiving and cleaning up

Continued on last page

ADANO LEY

According to a friend of mine who has done a great deal of study, he said to me one day after I had tried to convince him for so many years, he says, "You know Adano I have finally come to the conclusion we do survive our decent burials." Our decent burials, life after death is a reality. What we call death is only a physiological cessation of the

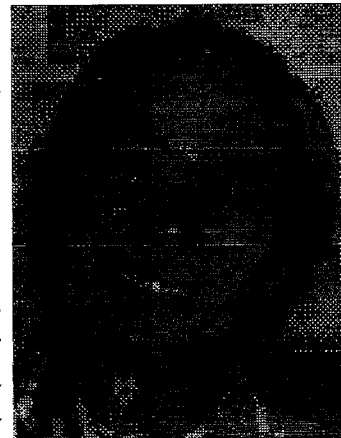
chemical structure. There are different degrees of death. Well, let's look at the life of Master Jesus in the various degrees which he spoke of. He was confronted with the daughter of Jairus, a householder disciple, and Jairus asked his master to come and help his daughter. He came to the home and their mourning- the child is dead. He makes a bold statement "She's only asleep." Would a man go out of his way to raise the hope of an individual at such a critical moment and call it sleep, unless he is highly familiar with the workings of the mechanism? You just don't play that type of jokes with people. Yet he brought (her) out of the state.

Let's look at another level of death. He stayed at the home of Lazarus, a householder disciple and Lazarus was a rich man and Lazarus could not break the attachment to his possessions. So the only time he's going to learn the lesson is when he's dead, right?. In the grave there are no rich people. So the pattern, it is to let him go to that particular confrontation. So he leaves the home of Lazarus and takes off and on his journey news comes to him that Lazarus is ill, but he pays no attention. He's the master, Lazarus is a student. The relatives are all students of different degrees. Later on the news comes Lazarus is dead, but he makes another statement, "This is not a death unto the death." "What death is he talking about now? He turns back, goes to the home of Lazarus, and if I were the sisters of Lazarus you know what would go on in my mind? "You're the most ungrateful individual we have ever had in our home. We give you food and then we send you a message to come and help our brother and you didn't even pay any attention— you ignored us. Why would we want to help you now?" But these thoughts are submerged in their consciousness. So he is going to carry on the facade by sighing when they told him, "Master if you were here, he would not be faring thus." This is how they have to present themselves after they have the mental turmoil of criticizing. I don't know of another human being who wouldn't do it. If I was in the situation I would have to do it, this is only logical. The nature has to be satisfied in some way. He says, "Where is the grave?" And they reply, "Master he's gonna stink, he's dead you know." You can just picture the confrontation. So they go and then he carries on the facade one step further, "Lazarus! Come forth!" And they said, "He said it in a loud voice." Then he tells himself, "Father I didn't have to say it, only because of the people nearby."

Interesting, that he should make an after statement to confrontation with realizing, as we see, that the master is working at different levels of bodily cessation. Now Lazarus was dead for three days and yet he is able to bring forth Lazarus from that deep state of cessation, but it's not a death unto the death.

Now let's look at another death, his own now, his own personal confrontation. In the garden of Gethsemane he meditates and has a vision of the physical exit. It has to be crucifixion, nothing short of that. Now no one wants to see how he's gonna die, I don't care if you're the best mystic in the world or most realized man, the confrontation is very very shocking. Let alone not having a guarantee from the creator that you may pass through that test and get some goody on the other side, that he is gonna give you some extra

Continued on last page



ADANO, Continued

bonus for facing it, pretty rough test. But he says, "Father remove this cup. It's too bitter a cup to face in physical frame.

But in the confrontation with consciousness he realizes he must face, otherwise he's not a master. What is he here to master? Is he not here to master every level of behavior, every particular form of confrontation? Yes, "Not my will but thy will be done." Therefore the Master Jesus did not walk out of the garden of Gethsemane in agony in mind, he went cheerfully to his Karmic confrontation and all those who were weeping on the pathway to Calvary, he admonished them by saying, "Do not weep for me, weep for yourselves. Be of good cheer, I have overcome." This is the last test the physical frame must face, "Be of good cheer." This cessation must lead to something with a greater value. Facing the death on the cross, he gave up the ghost. Then the glorious effect that came after was the triumphant knowledge of mastery of life over death, resurrection. Now Eastern masters tell you it is a reality. Those who have read the *Autobiography of a Yogi* know the master of Yogananda came back and spoke to him in his resurrected body. This is in modern time now. So the masters who have mastered death without running from it know that there is a higher law behind. Well let's see our friend the caterpillar. He grovels in the earth, he is on his way to his destiny, and the birds in the air see him grovelling in the dirt, they pity him, they would like to have him fly like them. So they all loan him a feather each, but he can't fly, no matter how many feathers they give him there's no way for him to get off the ground. So he accepts his destiny as a caterpillar, spins a cocoon, and out comes that marvelous creature called a butterfly and he flies and he's more beautiful than any bird you ever seen. Yet he does not rot, when every other bird who dies will have to rot.

Death unto the death. There is the mystery that these masters are talking about. We realize that there are different degrees of death and that there is no real death, only different stages. Now, the resurrected body is called a pillar in the House of the Lord. This is the perfected body that man ought to strive for, man ought to be perfect, he has to work his way to that perfected body which there is no more death in it.

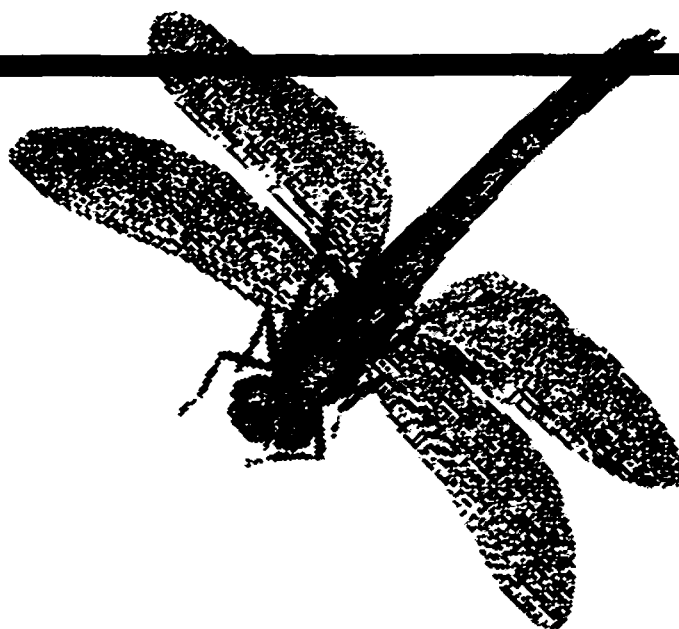
(Transcription from "The Teachings of Jesus," recorded, July 23, 1971 at the A.R.E. in Virginia Beach, VA)

FYI, continued

these tapes and is putting them on CD. He was also concerned about preserving the video tapes we have but had to wait for the software to be written that could digitize the video and he had to acquire both the hard and software to do it. That mission is now in the final stages of completion. Although he feels refinement needs to be done, the actuality of the archival process is successfully underway on DVD. And might I add, another benefit of archiving onto CD and DVD is the end to attrition of copying. You see, every time you make a copy of a VHS, you lose some of the information. Adano becomes more and more blurred. Details are lost, the energy is lost. But you can make all the copies of CD and DVD you want and there is no further loss. My "original" video must be a copy of a copy. There is some loss due to attrition, but the DVD version has no further loss!

Paul is happy to share the Adano tapes and videos with you. He has spent thousands of dollars acquiring the necessary equipment and software. But he is asking only a nominal fee to send you a CD or DVD. If you can afford more to help offset the enormous expenses he is appreciative, but basically he feels the Adano information should be available to everyone. Even if you didn't know Adano, but if you are just the LEAST bit interested in hearing the TRUTH, these tapes and videos can be so helpful. The Swami Order of Saraswati is the scientific order. That means that truth can be explained in terms of science and modern language. Most Teachers cloak the truth in either agricultural language or in code, but Adano tells it like it is, transmitting the truth in a modern way that is immediately available to all. Furthermore, the video of Adano is charming. His loving compassion, his sense of humor and his exquisite intelligence come through with immense clarity. If you're searching for a higher reality, this information is for you. Excerpts of this video can be seen on the web page dedicated to Adano: www.adanoley.com.

"But that's not all, if you order now"



FIRST CLASS

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