

longevity circuit

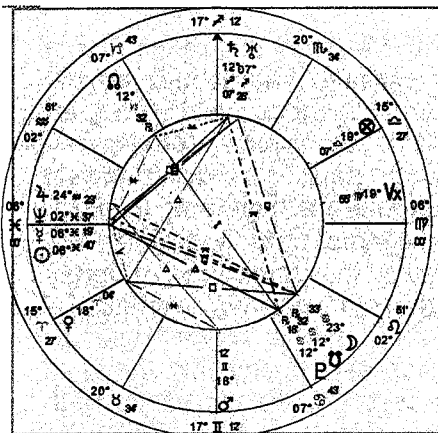
Perpetuating techniques which contribute to a longevity lifestyle.

Longevity Circuit

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The Birth of Natal Astrology

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The Astrology of Astrology

The origins of astrology

Although nobody knows when or how astrology began, much has been written about its origins. The consensus seems to be that astrology has been in use since around 3000 to 4000 B. C. So there actually can be no “astrology of astrology” in the sense of pinpointing the hour of its birth. Nevertheless we can gain a better understanding of astrology by briefly looking at its historical development.

The land between the Tigris and Euphrates, or Babylon, now Iraq, is considered to be the most likely place of origin. At that time man discovered the link between the stars and life on earth. Man’s need to survive was probably the basis for viewing the stars. For instance the lunar and solar cycles helped in predicting weather patterns for agriculture. The calendar is a result of such stellar observations and soon it was endowed with religious ritual that we use even today. The patterns of the sun and moon became symbols of life and death.

Naming constellations

By 2000 B.C. man was worshipping the planets as deities and the earliest known astrological text dates from 1646 BC, in the form of the Venus Tablet of Amisaduga. So by this time there were constellations, or star clusters that were given names and meanings. This is one of the most interesting aspects of astrological development. Planets are discernible moving bodies travelling through the sky. ‘Planet’ actually means wanderer. It’s not surprising then for these heavenly bodies to have been identified. But constellations are another matter. Have you ever looked up in the night sky and seen the chaotic arrangement of the stars? Someone has had to point out to you which stars embody Orion and his belt, or Scorpio, or Taurus, for example. We can say that the imagination of the early astronomer/astrologers brought the various stars together into a regulated fashion. And yet their imaginary device no longer fits the visible constellations as we know it today due to the precession of the equinoxes. Yet the astrology of the ancient Babylonians is still effective. Why? It’s as if the ancients formulators of the zodiac were dreaming the future of the western world. Robert Hand mentions that the planets are not of human creation, but the constellations are. He says, “It is as if we are living out a script that our ancestors wrote into the heavens.” I would have some argument with that, but his

Continued on page 3

SPRING CALENDAR

Neptune and Uranus

Since the beginning of the year, Neptune and Uranus have been in mutual reception. What that means is that each rules the other's sign. Neptune rules Pisces and Uranus rules Aquarius and now, Neptune is in Aquarius and Uranus is in Pisces. This energy will continue for the entire time that Uranus is in Pisces, that is, for the next 7 years. It's something worth noting as this phenomena is quite rare between these two planets.

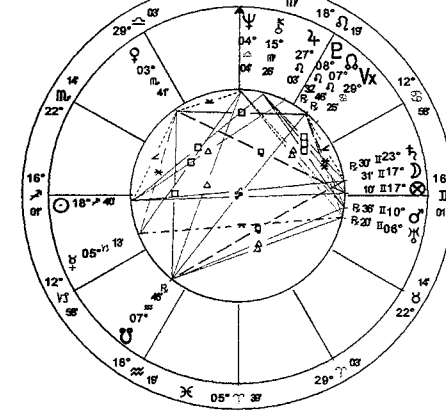
Neptune is the planet of illusions. It rules movies, for example, and fog. [In astrology, 'rules' means that the planet has domain over that subject.] Psychologically, Neptune rules denial, addiction, avoidance as well as meditation, the unconscious, and prayer. With Neptune, things are never as they appear. Take movies: when we watch them our bodies respond as if we were viewing the real, yet movies are illusions created by flickers of light on a 2-dimensional screen. Neptune teaches us that it is easy to believe the untruth because we agree to it. It's consensus reality.

Uranus on the other hand rules wavelengths, society as a whole and intuitive knowledge. Psychologically, Uranus rules detachment, autonomy, and rebellion. Uranus knows because it knows. Anyone who has ever had a "peak" experience is convinced about that truth. The experience that Einstein had about relativity is a Uranian type of knowing. Same for Jung whose experiences changed the course of his life.

Uranus and Neptune are relatively newly discovered planets; they speak to us in our time and together pose an important crisis in consciousness: the world of belief versus the world of knowing. For example, write down a short encapsulation of your philosophy. Then ask yourself, "How much of this have I actually experienced?" You will get a pretty good idea of the difference between believing and knowing. We are destroying our planet with war and terror now, not because we need food, or water or life sustaining nutrients as was the case in the past, but because we want to impose our belief system on others. And there is no difference here between the fear generated by Muslims, say, and that generated by U.S. politicians. (When I wrote this article the recent subway attack in Madrid had not happened yet.)

Perhaps the antidote to believing is to regard the work of Kabir, the mystic poet who lived in the early 15th century. Although he criticized all the existing sects he is still revered by Hindus, Sikhs and Muslims to this day. When he died his Hindu and Muslim followers fought over conducting the last rites. Legend has it that when they removed the cloth cov-

JOHN KERRY'S CHART



ering his body they found a bunch of roses instead. Consequently the Muslim followers buried half and the Hindu cremated half. Another exemplary figure is Guru Nanak who when asked about Christianity, said he was not familiar with the religion and would have to talk with its

founder!

Other energies of note: **Saturn** will be direct by the time you receive this newsletter. Any business or personal delays will begin to straighten out perhaps allowing a more practical outcome. Homebuyers could find better prices and home offices may increase. **Pluto** turns retrograde on the 25th of March making a station at 22°. This could be experienced by continued reevaluation of the Iraqi war, philosophical reviewing and changing foreign involvement.

In April, on the 6th, **Mercury** makes the first of its 3 retrogrades of the year at 1° Taurus and moving back into Aries. It goes direct again on April 30 regaining its 1° of Taurus on May 17th. Some astrologers believe that the effects of a retrograde Mercury last until it achieves its starting position at the beginning of retrograde. When you see 'retrograde' think review. A Mercury retrograde often results in a rethinking of something, a changing of minds, so it's best not to make major decisions during that time. In May **Jupiter** turns direct on May 4th. This is another planet that seems to affect business as it concerns progressive expansion. Both **Venus and Neptune** go retrograde on May 17th at 26° Gemini and 15° Aquarius respectively. These planets resonate creatively so you might find yourself being more involved in being creative for a while. On June 10 **Uranus** joins the backward bunch so all the transpersonal planets will be reviewing. This could have a calming influence on the planet as the energies that bring changes on a mass level will be less active. On June 21st, be looking for your next issue of *Longevity Circuit*.

LONGEVITY CIRCUIT

is a quarterly newsletter dedicated to perpetuating techniques which contribute to a longevity lifestyle.

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The Astrology of Astrology, continued

thesis bears mentioning in terms of why ancient astrology still works in modern times. It is also why other astrology forms don't work so well for Westerners. Indian astrology has an entirely different mythology with different names for the planets and constellations. The dreamer of Indian astrology dreamed the dream for Indians. My astrology teacher and spiritual mentor, Adano Ley, discouraged me from studying other forms of astrology and this historical understanding tells me why.

Another interesting thing that one discovers studying the history of astrology is the numbering system. The golden age of Greece was golden for astrology, too. We can thank Pythagoras for giving us our modern system of numerology. It was he who discovered the relationship of numbers to the basis of the universe. Therefore he concluded that each number had a symbolical meaning aside from its quantity. In astrological terms this system is exemplified by the 4th house of the natal chart equating with home and family, since Pythagoras determined that 4 was the number of structure. Prediction of eclipses was a major breakthrough at this time as well. By 280 B.C. astrology formally came to Greece brought by a priest from Babylon who had learned from the Chaldeans. Thus the birth of natal astrology began, even though astrology was already 2000 years old!

By popular request, you, the reader have indicated that these are your favorite quotes from old issues of L.C.

The 3 characteristics of a spiritual man.

1. A spiritual man knows he is a winner; that losers can't be born because the sperm made it to the ovum against all odds.
2. A spiritual man knows he has a sense of timing; that he can choose when to confront, but he doesn't use this ability to avoid.

Be sure to visit the web site dedicated solely to the teachings of
Adano Ley
www.adanoley.com

This site contains quotes, pictures and streaming videos, updated from time to time.
Check it out.

Longevity Circuit

WHO IS ADANO LEY



3. A spiritual man is not afraid to make mistakes. because he knows the script is already written and he's not attached to the outcome. Adano Ley

*

Who is the remover of all obstacles, save God.
Say it is He, say He is the One.

All are his servants, all abide by his bidding.

Author unknown.

*

We are addicted to our own imagination, through the craving patterns. Therefore as we become addicted we have to repeat it over and over and over. Then we become attached. From the addiction comes the attachment. We can't seem to let go and if we want to let go we are afraid that we're going to lose ourselves, our identity. That's the big problem in this ego nature. Yet when you realize that by detaching yourself, breaking free from your imagination of what will happen to you in the process you start the elimination of holding onto unfulfilled desires. The unfulfilled desires begin to shut off.

1. A spiritual person is measured by PRACTICALITY moment to moment.
2. Divinity is measured by IMMUNITY to sickness.
3. Liberated means capacity to serve. A liberated person is totally in service all the time.

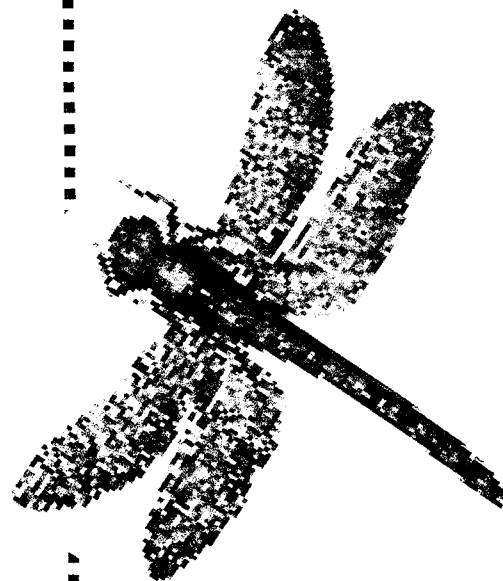
Where are you now before the oxygen came in to make you conscious? Adano Ley

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Since everything is but an apparition, perfect in being what it is, having nothing to do with good or bad, acceptance or rejection, one may well burst out in laughter.

Longchempa

first class mail



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but it will soon be on the main page.

INTERESTING NEWS!

A new planetoid has recently been discovered. So far it is being called Sedna, an Inuit goddess who created the sea creatures of the Arctic. It is possibly so named since this new planet is so far away from the Sun that it is completely frozen and because it is believed that comets may be created in these outer reaches of our solar system. It's orbit is over 10,000 years indicating that in a person's lifetime, Sedna would only travel 3° to 4°. This would coincide with the Saturn Return and the Lunar progression and might then symbolize the major 3 or 4 stages in a person's life. Keep watching for more news about this farthest most, coldest object in our system!

