

Longevity circuit

Perpetuating techniques which contribute to a longevity life-style.

Longevity Circuit

volume 16, no 4. Spring 2005

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Ginger's Blog

Blog stands for web log, and is actually an on-line interactive journal giving you the opportunity to express your thoughts concerning various topics. To get to my blog, go to www.lcircuit.com and click on the blog. Unfortunately, due to relentless spammers, it's important to follow the directions and put in the coded number you will see under registration. This is **only to prevent spam**. I still have threads about Saturn in Cancer, and the Tsunami, so please put your thoughts in the blog. It's much more fun than writing me or emailing me because if you have an idea, probably other people do, too.

It's a sign of the times- learning how to do blogs keeps you current with modern trends. Another way to keep Saturn from expressing itself as aging is to use Saturn to learn. I'm looking forward to hearing from you soon!

PLEASE NOTE!

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SATURN IN LEO

The outer planets, Uranus, Neptune and Pluto, have a generational context. That is, because they move so slowly they affect generations of people and have a "transpersonal" feeling. Things seem to happen to a large group of people as well as to individuals. Of these three transpersonal planets Pluto has the strongest impact on generational change partly because Pluto takes so long to circumnavigate the zodiac. Pluto is also the last planet (read archetype) before the jumping off spot into the universe (or unconscious).

Starting with Pluto's entrance into Cancer in 1914 and lasting until 1938 we find a generation of people who were/are family oriented, who felt (feel) the family is the path of transformation, and for whom family tribal consciousness has the greatest hold. From Cancer, Pluto moved into the constellation of Leo from 1938 to 1957. During this period family ties were broken, in part due to WWII and the relocation of families. As a result Western civilization (particularly the U.S.) developed nuclear families as husband and wife and their 2 kids moved West in search of better jobs, leaving grandparents and siblings behind. Although difficult in many ways, broken family ties have brought the possibility of individual growth as tribal consciousness began to loosen its hold. No wonder this generation has been appropriately named the "Me-First" generation and although ostensibly an opprobrium by those clinging to the past, this generation became interested in its individual potential and creative power. The next generation is described by Pluto in Virgo beginning in 1957 and lasting until 1971. During this time, the generational reaction was against the apparent self absorption of the me-firsters (and also the hippies of Neptune in Libra). This group consequently embraces the work ethic. Since both husband and wife want to work, marriage declined as the vision for a career beckoned. The acronym DINKS says it all: double income no kids. Then in 1971 Pluto moved into Libra. Again the generation rebels: this time toward relationships which became its marker. Marriage came back in favor and everyone goes to couples groups. In 1984 Pluto went into Scorpio and brought the intense need for psychological transformation. Many made great strides toward their spiritual growth including those who began their quest when Pluto was in Leo. Then in 1995 Pluto moved into its present constellation, Sagittarius, the generation we are in now, bringing (hopefully) a transformation in religious values, education and world view.

Into which generation were you born? How do you reflect these values? Obviously this is a simplification as we are influenced by the other transpersonal planets as well. Since the baby boomers were born while Pluto was in Leo and this comprises a large segment of our population I have given you this little history lesson to put into perspective the possible effects you may feel when Saturn goes into Leo in July. That is, anyone born between the years, 1938 to 1957 will have Pluto in Leo and with Saturn moving into Leo, this entire generation of people will experience a Saturn/Pluto conjunction in the

Continued on page 3

SPRING CALENDAR

Where are we? Jupiter is still retrograde and will remain so throughout most of this quarter. Saturn is still retrograde in its detriment sign of Cancer making a station at 20°. Saturn will go direct on the 22nd, just after Mercury turns retrograde at 14° Aries on the 20th. Well, Happy Spring equinox! Mercury will continue its apparent backward motion until April 12 when it makes a station at 1° Aries. Although not every one is negatively affected by a retrograde Mercury, enough people are for me to warn you to scrutinize what you sign, delay travel plans if possible and in general give up expectations. Since those are good things to do anyway, you won't be hurting yourself if you do them and you might even save yourself some unnecessary grief. On the 27th of March Pluto turns retrograde at 24° Sagittarius and will be looking backward for most of the summer. Retrograde planets aren't meant to be 'bad.' Actually they give us a breather, a chance to review and reconsider. Especially during the warmer months these transpersonal planets are good to be retrograde since they keep the energies from getting out of control during a time when people have more leisure and can get into trouble, often provoked by heat. Neptune moves to 17° Aquarius and turns backward on May 19th. Uranus makes new ground, getting up to 10° Pisces before retrograding in mid-June.

In April, on the 8th there will be a solar eclipse at 19° Aries. Since a direct Saturn will still be at 20° cancer squaring the eclipse, this one might create some stress, particularly if you have any planets at those numbers. Eclipses are often felt as much as 2 weeks before and after the actual date.

So the story is mostly about Saturn this quarter. Psychologically Saturn is where we fear, worry, and bury things. The truism, "You become what you hate." is a Saturn truth. If you want to get the most out of Saturn as it rushes through the end of Cancer, spend some time looking back into your family life and what went wrong, if you haven't done that work already. My teacher said that Saturn is where we phase down the violence of confrontation. This is particularly important for childhood memories, where the child made concessions in order to avoid confrontation and even violence. What are you angry at that you had to swallow in order to keep some

peace? In traditional astrology (that is, the astrology given us by the Babylonians so many thousands of years ago which is still highly respected by many as the only accurate astrology and modern astrology is considered watered down and too psychologically oriented), in traditional astrology Saturn is given quite another description. It is called the Greater Malefic as it rules death, aging, time, as well as values and agriculture: that is *we reap exactly what we sow!* As I have mentioned before it also rules wisdom and since 911 seems to have intensified the reaction to ignorance, as in ignoring the truth. The spiritual life is relentless, or put another way, there is no hiding from Saturn! Without Saturn no one would search for the truth of their existence within. When the Buddha saw the suffering (Saturn) of others, he gave up all worldly attachments. So the benefits of Saturn are well worth the trouble.

Don't forget to look for the next *Longevity Circuit* on June 21st.

"The physical body is contained within the framework of time. When we recognize that the whole world is held by Mara (Maya, illusion), we realize that our physical condition, too, is nothing but our own projection."

*Where are you now
before the oxygen came in
to make you conscious?*

Adano Ley Koan

Did you know that astrological consulting is the original "Life Coaching?" The only difference is that using astrology is objective. It uses YOUR life direction to optimize your life. It is objective and individually based.

LONGEVITY CIRCUIT

is a quarterly newsletter dedicated to perpetuating techniques which contribute to a longevity life-style.

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The Tsunami and the Ingress Chart.

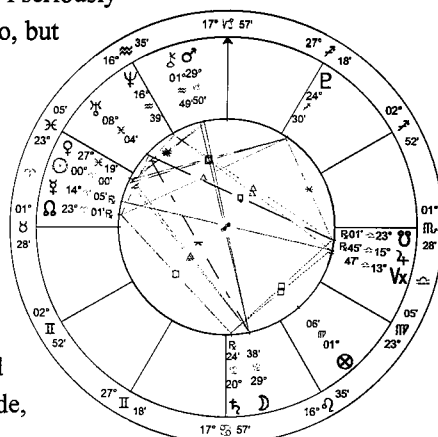
Normally when one looks at a world event such as the tsunami which affected so many people in so many countries, one would expect to find some description of it in an eclipse or other mundane configuration. Although the earthquake did happen during a full moon, there was no eclipse to foretell its horror. And though Saturn and Neptune were prominent during the earthquake nothing of the order of destruction was apparent. How then do you explain such a worldwide event? In traditional astrology the year is divided up into 4 basic periods coinciding with the seasons. The Aries ingress chart begins on the first day of spring and tells us what to expect for the next 3 months. Similarly there is such a chart for the summer, the fall and the winter. It is this winter ingress chart, for December 21, 2004, that has the most information concerning the tsunami and its destruction. In this chart Saturn paints a rather difficult picture being in its detriment, Cancer and Cancer, a water sign, rises (do you see the parallel in words?). And in a mundane chart, when Saturn is rising it describes extreme difficulties to people. The Moon at the Midheaven indicates publicity and the Moon's next aspect is to Saturn, joining in an adverse way, groups of people and a public event. Saturn in this chart, furthermore, rules the house of death and the Moon rules the House of general afflictions and secrets, which might account for the failure of these peoples to be forewarned. Is this enough evidence that astrology foretells? I don't know: if I were called upon to use this chart to foretell such an occurrence I seriously

doubt I would have done so, but

it's the only real planetary description that we have that includes all the countries and peoples involved. If you think it is enough, then this chart would also have to tell why it happened. And it seems to: Mars, Venus and Mercury trine the north node, Midheaven and Moon, and Jupiter trines Neptune bringing

about the unprecedented outpouring of aid and concern from the entire planet which could signal a great worldwide awareness in tune with Pluto moving through Sagittarius. Uranus sextiles the Moon also indicating a wake-up call. And Pluto is conjoining the Sun: transformation and regeneration.

Above is the Aries Ingress chart. Research it and see if it holds up to scrutiny. It is set for Washington, D.C. as the nation's capitol. Saturn is again retrograde, in its detriment in Cancer, and now opposes the Midheaven, which rules the President. The



ARIES INGRESS CHART

Moon exactly opposes Mars, the ruler of the 7th house of open enemies and Saturn is approaching a conjunction to the Moon, the ruler of the 4th house, people against authority. This does not paint a pretty picture. Could there be an attack on the President, will we suffer another terrorist attack, or are the people becoming more aggressive? All the planets in the 12th house could indicate secrets, behind the scenes activities that could increase the anger of the people. Saturn square the Nodes tells us we are in a period of sowing and reaping Karma, a crossroads.

Saturn in Leo, Continues

next 2 1/2 years.

How do Saturn and Pluto fare together? Neither one of these archetypes make pleasant bedfellows! And yet separately and together they have great power to create change. At its best Saturn gives us discipline, a sense of responsibility and commitment. Yet it's contractive and cold so there's no negotiation. Pluto at its best is transformative and insightful yet is known as The Fascist for good reason. Positively when these two energies join forces there can be great strides made in business and in personal and group willpower. But these two planets don't bring sudden changes which is why it is reasonable to talk about them now, several months before the actual entrance of Saturn into Leo. A way of life may be concluding, finishing, and consequently certain structures are no longer needed; they've been outgrown although we don't always see that at the time. And of course, if you leave one room, you are simultaneously opening the door to another, so this transit usually plants the seeds for the next venture.

Specifically this transit often involves corporate, governmental and political issues, power struggles, other people's money, shortages, life and death issues and restrictions on freedoms. Of course much depends on where your Pluto is located in your natal chart, but you get the idea. Men traditionally have less trouble with Saturn transits, especially to the Sun because they are more likely to identify with what they do rather than who they are. Women tend to feel Saturn more emotionally.

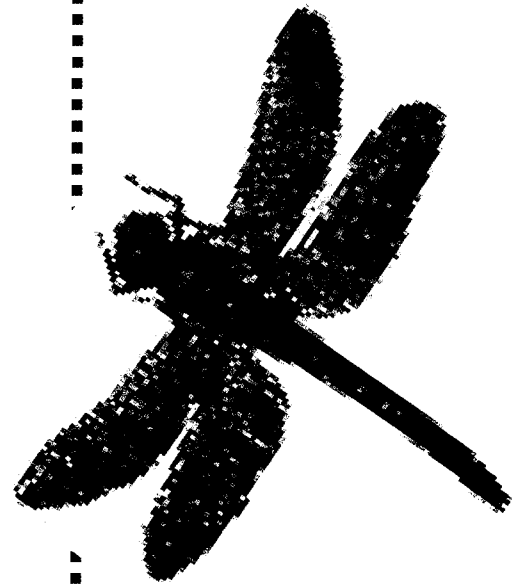
Saturn in Leo will also affect all the fixed signs: Taurus, Leo, Scorpio and Aquarius. If your Sun or Moon sign is located in one of these sectors you will want to think about what your new commitments can be; what you are willing to do without; how disciplined can you willingly be.

Be sure to visit the web site dedicated
solely to the teachings of
Adano Ley.
www.adanoley.com

This site contains quotes, pictures and streaming
videos, updated from time to time.

Check it out.

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THE FIVE STAGES OF MAN