

Longevity circuit

Perpetuating techniques which contribute to a longevity life-style.

Longevity Circuit

volume 17, no 4. Spring, 2006

In This Issue

- Predictions1
- Calendar for Spring.....2
- Trends.....3

Where are you now
before the oxygen came in
to make you conscious?

Adano Ley Koan

PLEASE NOTE!

Our new address:
252 Sixth Avenue
San Francisco, Ca
94118
(415)221-1005

Have you visited our
web sites?

www.lcircuit.com

www.adanoley.com

www.elephanttech.com

www.parkpresidioart.com

www.thescienceofthesoul.com

Prediction

Ancient astrology was interested only in prediction. After all, it was primarily used by the aristocracy to determine, for example, the outcome of wars, male off-spring and the health of the king or ruler. This worked for a long time, until man's observation of the skies advanced and new planets were discovered. Which came first: did man change and consequently need a new symbol, or were the symbols ready to be discovered so that man could change?

As has been said before, planets are not made by man, the constellations are. To have a paradigm shift, man needs a new symbol, and he must advance in his thinking, awareness, in order to 'discover' it. In these olden times there were only 7 planets and the last, farthest away from the earth, was Saturn. Saturn was visible with the naked eye and thus set the outer limits of the solar system. The whole idea of limitation was pervasive: Anything outside your borders was suspect. Ships that sailed the unknown sea were thought never to return again. There were limits in thinking and anyone who went beyond was burned, imprisoned or ostracized.

Then Uranus came on the scene. It was discovered by Herschel in 1781 and ushered in an entirely new view of the world. Of interest to astrology was the onset of so many **revolutions**, the possibility of a **new life, freedom** of religion, and **change**. These have become the major definitions for the symbol, Uranus. Now wanting to know about the future became available to more people: as limitations were overcome, possibilities emerged. What were they, and how did one deal with them, became questions that one could ask.

Then in 1846 Neptune was discovered. This period was one of **suffering** and **idealism**. With this new symbol, people could ask 'why' adding a new dimension to predictive astrology. And finally, Pluto entered the scene in 1930 along with dictators, the mafia, plutonium, atomic energy and major shifts, computers— all **agents of change**.

Pluto is a very controversial planet amongst astronomers. We have recently discovered another planetoid in the Kuiper belt and it is believed that comets are formed here. There are quite a number of objects (800) in this area beyond Neptune which are referred to as KBOs, Kuiper Belt Objects of which Pluto is one. Not everyone is convinced that Pluto actually is a planet and many still refer to this object as a planetoid. The

Continued on page 3

SPRING CALENDAR

While I'm writing this, Mercury is retrograde in Pisces, a condition that begs for research and review rather than decision making. Maybe that is why I felt compelled to review and write about all the ways we have of predicting events and looking at their validity. Astrology is still a mantic art despite the current use of computers to calculate, collate and assess. But astrology will never be a science being as it is a map showing us directions away from the ego and toward the soul. Even a GPS (Global positioning system) makes mistakes, not to mention the driver using it. With the GPS in our car, we can turn off the sound making it even easier to take a false turn. It's just like our search for wholeness: we have available plenty of help but often neglect to use it. Astrology isn't absolutely necessary, we can live without it, but it is definitely a big help. **Mercury goes direct on March 26 at 13° Pisces.** You'll have more information then for decision making.

Jupiter has recently retrograded, too, at 18° Scorpio. This reflects the current Pluto in Sagittarius energy and is called a **mutual reception** as the rulers are in each other's house. That is: Pluto rules Scorpio but is transiting through Sagittarius, while Jupiter rules Sagittarius and is currently transiting through Scorpio. This condition adds strength and vitality to these energies and with the retrograde strongly encourages review and reevaluation. Since both transiting energies have much to do with accumulation, religion, righteousness and polarizations, it's no wonder we are rethinking much about the political/religious global situation, the disparities in income, and the continued problem of greed.. Since **Pluto retrogrades this month also, on March 30th**, there could be intensified readjustments in these areas during the course of the retrograde mutual reception. Let's hope so!

Saturn is coming toward the end of its retrograde and **will turn direct on April 6th at 4° Leo.** Saturn has certainly made itself known to the President. Leo rules those who are born to rule, rather than coming up through the ranks. Saturn is the task master and in ancient astrology is considered a malefic. It shows a fall (from Grace?), frustration, restriction and constriction, etc. It's hard, controlling and inhibiting. Saturn is still strongly placed in the Aries Ingress chart, see page 3.

Not until the end of May does **Neptune** join the backward looking group, on **the 23rd at 19° Aquarius**,

to be exact. This energy brings more reevaluation particularly around issues that ask 'why.' As I've mentioned before, Neptune in Aquarius is conflicted in terms of belief versus knowing. Often suffering is the only way we can learn what is real for us. Our dreams are tested, illusions shattered. It's the spin! You read a lot these days about fallen icons, secret dealings, and social medicine. More will be revealed in the months to come.

And finally, just as the next issue of *Longevity Circuit* is going to press, **Uranus turns retrograde on June 19th.** Uranus and Neptune also are in mutual reception and will be retrograding at the same time for nearly 4 months bringing intensity to the need to research and develop a new spin!

Also of note: there will be a **solar eclipse on March 29th at 8° Aries**, very near the time that Pluto is making a station in the process of turning retrograde. This might add some intensity to an already highly charged energy. Look in your chart to see where the eclipse is placed. You will find the issues of that house come to the front. **Daylight savings time resumes on April 2nd.** This can add a dollop of confusion for solar nutritionists. Paul and I always keep a clock at hand with standard time in order to maintain the correct timetable for food. By the way, the right foods for the right time of day are always available on the web at:

<http://www.lcircuit.com/foodlist.htm>

Be sure to visit the web site dedicated solely to the teachings of Adano Ley.

www.adanoley.com

This site contains quotes, pictures and streaming videos, updated from time to time.

Check it out.

Did you know that astrological consulting is the original "Life Coaching?" The only difference is that using astrology is objective. It uses YOUR life direction to optimize your life. It is objective and individually based.

LONGEVITY CIRCUIT

is a quarterly newsletter dedicated to perpetuating techniques which contribute to a longevity life-style.

Virginia Cornell-publisher/editor

Paul Sakion-asst. editor

Paul Sakion-trouble shooter

Adano Ley-the brains

Paul Sakion-web master

To contact us: ginger@lcircuit.com

or visit www.lcircuit.com

Subscriptions are \$20/yr.

Send your check to:

Virginia Cornell

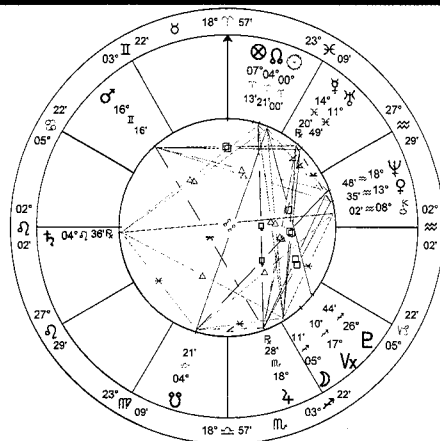
252 6TH AVE

San Francisco, Ca 94118

(415)221-1005

CURRENT TRENDS

Here's the new Ingress chart. As you can see, Saturn is still quite prominently placed: conjuncting the Ascendant by 2 degrees. When Saturn comes out of the 12th house in natal astrology, the person comes out of a prison of his own making. I think that interpretation works well here based on current news stories. The first house often indicates the person we are delineating and therefore Saturn here represents a wiser, more responsible public. Fear is still prominent as it is in any chart with a strongly placed Saturn. So fear could be the engine driving positive change. Notice that Saturn is trining the Moon in Sagittarius. This is another favorable energy for responsible action. With this chart, Mars rules the President and with the inconjunct to Jupiter indicates a false start, or lack of consideration to the isms of others. Mercury and Ura-



nus are together in the 8th house. Unexpected news, clarity of thinking, intuition are highlighted and further intensified by the trine to Jupiter in the 4th house of home base. But Mars doesn't listen: he's squared to the conjunction. O well!

All in all, compared to the Ingress charts we looked at last year, this one is fairly benign. We need it!

PREDICTION, con't.

discovery of the Kuiper Belt was first conjectured in 1930 and gradually confirmed during the years leading to 1992 at which time it was thoroughly mapped. The understanding of the Kuiper Belt is important in our discussion about astrological prediction because it brings in the new key word of **transformation**, a concept that brought major change to astrology. Pluto gave us the need to ask the question 'how' in predictive astrology. So now we are set to have predictive astrology apply to everyman. In brief:

The Who= You

The What = Uranus

The Why = Neptune

The How = Pluto in the Kuiper Belt

The When = The natal chart..

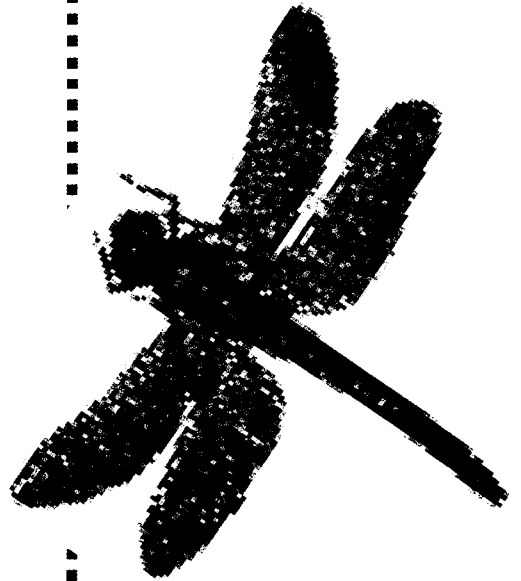
Astrology has always been used as a predictive tool, but how it is used constantly changes. The discovery of the Kuiper Belt coincided with the development of humanistic astrology. Psychological terms became a major part of the lingo of symbolic description, and particularly noteworthy is the work of Carl Jung. In the 90's everyone was transforming in one way or another and astrology became immensely popular as people turned to the idea that it provided a symbolism of transformation. "As above, so below" took on a new aspect. But this new application became abused and astrology became too

"new agey," everything became all sweetness and light and no transit was really troublesome or difficult. This describes one of the things we need to be vigilant about the energy of Pluto/Kuiper Belt: **polarizations**, things going too far, **hubris**, thinking we are equal to the gods and can get away with murder. The trial of O.J. Simpson was a world event indicating that we had gone too far. It was inevitable as Pluto was leaving Scorpio and moving into Sagittarius and Uranus was moving out of Capricorn and going into Aquarius. The energy was shifting, and once again astrology began to change.

Unfortunately for astrology this change has brought with it a reduction in interest in the humanistic aspect of this mantic art, at least amongst those who wanted to use astrology as a transformational tool. In addition, Pluto's present location in Sagittarius has brought the highly visible increase in fundamentalism which has indicted astrology as an evil and kept many from benefiting from it. Hopefully, as happened with Pluto in Scorpio with psychological transformation going too far and thus being brought back to the center, Pluto moving into Capricorn in the next couple of years will rein in the excesses of fundamental religions. In any event people are now looking at astrology with a more practical eye and predictive astrology is no exception.

Next quarter we will look at the various predictive techniques used today in astrology.

first class mail



SAN FRANCISCO, CA 94118

252 SIXTH AVENUE

LONGEVITY CIRCUIT

GINGER@LCIRCUIT.COM



YOUR INPUT IS NEEDED! CD or Tape?

It was Yogananda who said, "Looking forward to a better model next year. (This car is) a poor expression of man's creativity," when he was questioned about his new yearly Cadillac (which incidentally was donated to him by one of his students.)

Well, many of you have asked me if I can send you a CD of our sessions rather than a cassette tape. The technology exists to do that from a phone,

but before I shell out the big bucks, I want to know if that's what you want.

Just email me at ginger@lcircuit.com with a word, **CD** or **Tape** in the subject line. I'll know what you mean. No response will mean you don't have a preference. What ever comes up most is what I'll do. And if there aren't any or many responses, I won't make any changes.

Thanks.

This is one of the swans at the Lake Shrine, Paramahansa Yogananda's retreat in Los Angeles. I captured him as he was swimming by the bubbles of water that look like a galaxy. Paramahansa means the great swan and refers to realization.

