

Longevity circuit

Perpetuating techniques which contribute to a longevity lifestyle.

Longevity Circuit

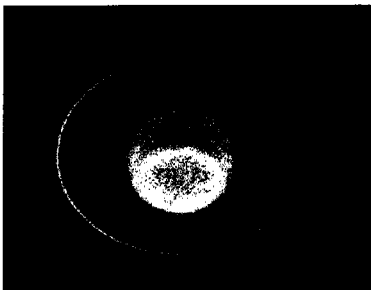
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Change

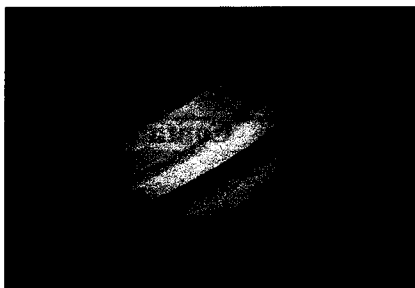
In This Issue

Change 1

Spring Calendar 2



Uranus with rings



Saturn

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Change is the topic for this quarter's newsletter because we are coming under the influence of another Saturn/Uranus opposition. I say another, but many may not remember the last one. The cycle of Saturn and Uranus is approximately 45.3 years so the last one began in July, 1964 and lasted until the spring of 1966. A lot happened in those years, but in terms of change, most notable are the Civil Rights Act and the Beatles who changed the course of music, a basic need of humanity. If we look 45 years back again, we find the Prohibition Act and the Steelworkers' Strike. And back another 45 years we find that barbed wire was patented, ending the era of open range grazing. (Remember the play and movie, *Oklahoma*, with the song, "Why can't the farmer and the cowman just be friends.") Even the discovery of Uranus itself and the beginning of the scientific age began with the same opposition in 1781. Additionally, common to all, according to research done back to 1829, is a recession or depression. Our current episode begins on election day, Nov 4, and will last until July 26, 2010 when Saturn moves into Libra and Uranus moves into Aries.

Why do these two planets signify change? Basically, Saturn is the symbol of constriction, commitment and fear, but also wisdom and steadfastness. In mundane astrology it rules property and landowners and the ageing. Witness the real estate bust and the issue over John McCain age. It is the element of society which is fear-based, traditional, and controlling. It rules the President and generals. Astronomically, it is the last visible planet to the naked eye and therefore implies a materialistic approach to life. Uranus, on the other hand, is quite a different kind of energy symbol, being the first planet not visible in the solar system, and indicating the beginning of recognition of what is not sensate oriented. It is considered the planet of change, rebellion and even genius. In mundane astrology it has rule over societies, civil actions, anarchy and scientific discoveries. Basically these two planets indicate the conflict between change and tradition. The antagonism of these two energies goes back to the ancient mythology when the sky god, Ouranos, (the Greek name) together with Gaia created all the gods. One, son, Kronos (Saturn) castrated and deposed Uranus, indicating the war between intuition and sensation, abstraction and time.

In the chart of the United States, this opposition occurs between the 3rd house, Uranus, and the 8th house, Saturn. The 3rd house rules the post office, communications and transportation, stocks and shares, newspapers and the media in general. The 9th house has rule over the courts, foreign

Continued on page 3

Spring Calendar

Well, Pluto is in Capricorn and can you feel it? One more fallen angel, this time the governor of New York. Like all fallen idols, he had a sense of entitlement that Pluto in Sagittarius made easy to have. Another indicator of the constrictive qualities of the Capricorn Pluto is the many indicators of recession or depression, which can only get worse with the onset of the Saturn opposing Uranus coming up in the fall. I'm not being doom and gloom here, but the whole point of astrology is being forewarned. People have always made money during depressions and recessions, it all a matter of how you deal with it. For instance, the farmers are doing great: they can't supply enough corn. Since Pluto is in the U.S. chart's first house, much of this has to do with you and me: we're the general public and I think that is one reason why, for a change, we, the public have become much more interested in the election. The first house also deals with the general conditions in the country: hence the interest in global warming, and the cause of it not being part of the conversation here, the fact is as a country we have been over materialistic and abusive of the planet and its resources. Again, the constrictive force of Pluto comes into play demanding a rewrite of those intentions. The correction is necessary and can yield many positive results. Another Pluto in Sag abuse was the over-spending in government. Again, this will be corrected even though some economists think we went past the point of correction. Again, with the impending Saturn/Uranus opposi-

tion there is the possibility of unusual occurrences that can offer new possibilities.

Not only is Pluto in an earth sign, but Jupiter in Capricorn and Saturn in Virgo are too. Earth signs tend to be practical, organized and determined. They are called the fixed signs because they resist change, being neither adaptable or initiatory. Until recently we had so much fire in the zodiac that no one looked back to see what the damage was. And what is a good way to put out fire? With earth of course and fortunately that's what we've got. Another good energy is that Jupiter and Saturn will be trining each other in the fall. This is a very good aid for business in general and will mitigate much of the stressful energies we see in other parts of the zodiac towards the end of the year. I usually don't look this far ahead in these quarterly notes, but feel again that taking the proper steps will be beneficial to all of us. It is known that if one pays attention to Mercury, Pluto can't 'hurt.' This is because they reflex each other: Pluto being farthest away from the Sun, and Mercury being closest. And Mercury is very close to the earth right now, being in the inferior position to the sun. That is it is between the earth and the sun, whereas half of the time the sun is between mercury and the earth. This has to do with the rotation of the planets astronomically, but symbolically it means we are getting more energy from Mercury since it's distance from the earth is so much shorter. Perhaps this is why so many of us had such a difficult time with the last

retrograde mercury: either we weren't listening or the message was exceptionally garbled!! Anyway, if you look at the lineup of the planets symbolically, the sun represents our source, our energy, God, whatever you want to call "it." Mercury, the first planet, becomes our conduit of information, the channel for our intuition, our ability to communicate with ourselves and others. Mythologically, Mercury was the messenger to the gods and between the gods. Without Mercury we have no way of listening or hearing. By the time the solar system completes itself at the Kuyper Belt with Pluto and all the other planetoids, if we haven't done what we're supposed to do, then Pluto energy, the Fascist, takes over. Transformation is required, not a choice. So it all depends on how each individual has listened to Mercury what our future holds. Collectively is another matter, the Karma must go down, but how you or I subsist in that is an individual matter.

Neptune in Aquarius is trining the U.S. chart ascendent. This is another reason that there is so much interest in the election. We, the people, are wanting a kinder and gentler leader-

Continued on page 3

LONGEVITY CIRCUIT

is a quarterly newsletter dedicated to
perpetuating techniques which
contribute to a longevity lifestyle.

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Change, continued

affairs including import/exports, and religion. These are already major issues in our country as indicated by newspaper headlines (3rd house).

Where does the opposition fall in your chart? Beginning on Election Day, Nov. 4th, the first exact opposition will occur at 18° Virgo/Pisces and the last on July 26, 2010 at 2° Aries/Libra. This is where your conflict will express itself.

Another indicator of change is Pluto's entrance into Capricorn. The last time this happened was in 1761. If you remember your history, it was at this time that the American Indian was being thoroughly displaced and the colonists were becoming disgruntled with the policies of the mother country, particularly over taxation. Americans have become used to a certain stability and with that comes a certain resistance to change. Yet all the indica-

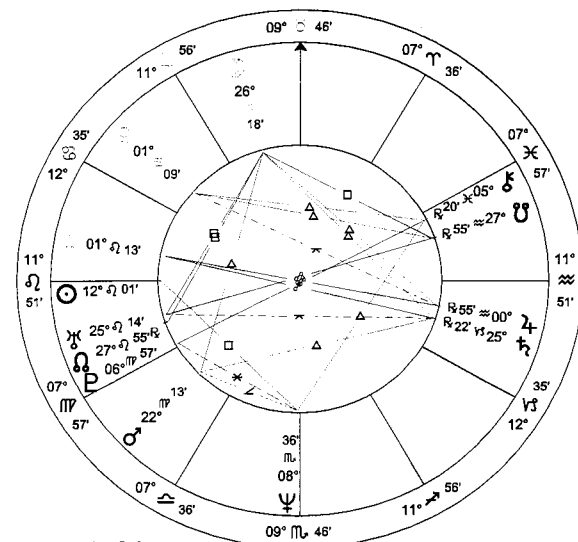
tors of change are there: First, the monetary system is under siege as we approach the point of no return of repaying our debt, and many feel it is based on outmoded premises. Second, the weather is changing. And thirdly, there is a big push for more democracy around the world, yet most of the world's wealth is owned by less than 1 percent of the planet's population. Lastly, we live industrially in quantum mechanics effortlessly, yet refuse to incorporate those same principles into our daily approach to life.

Where is Pluto in your chart? What traditional beliefs to you continue to hold onto that are unproductive, elitist or assuming? Ultimately, I think the Uranus/Saturn opposition will be a clash between those traditional values and those that are more humanitarian and global. Every renaissance (rebirth) has a period of confusion and darkness and yet who would argue that growth is bad?

Spring Calendar, continued

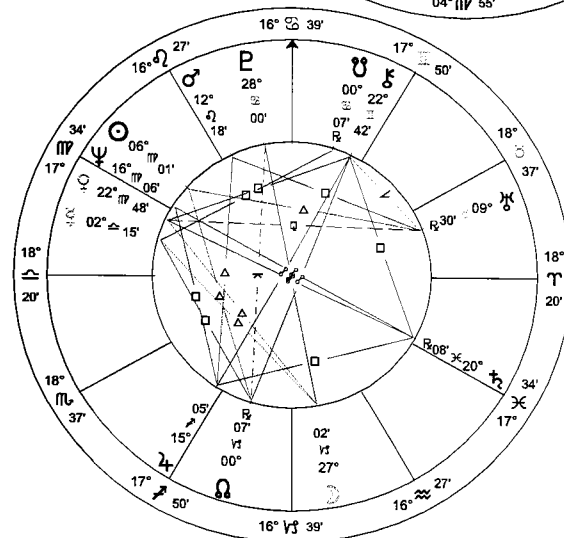
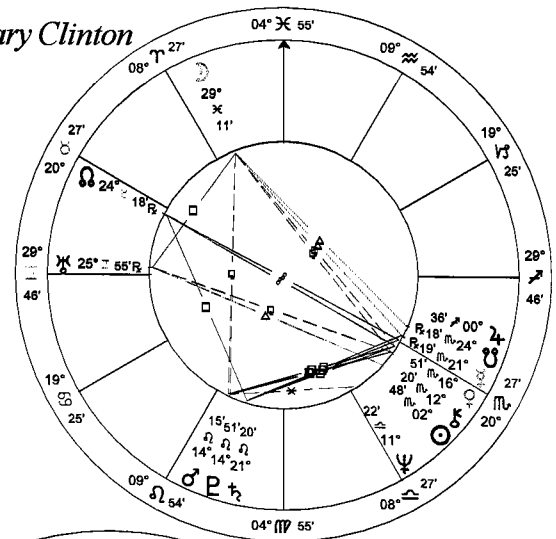
ship. Neptune also rules the disenfranchised: women and blacks. The outcome depends so much on the strength of Saturn and Uranus as they confront each other on the collective. Also Uranus retrogrades beginning in June and into election time, will that dampen or strengthen its force? Of course the individual charts of the candidates is a major source of interest. Please look at the charts of Hillary, Obama and McCain for more info. Both Hillary and Barack have political charts: Barack, a Leo, is born to rule, Hillary, the Scorpio knows how to play politics. McCain as a Virgo is the professional, and his earth synchronizes with the energy of the planet right now.

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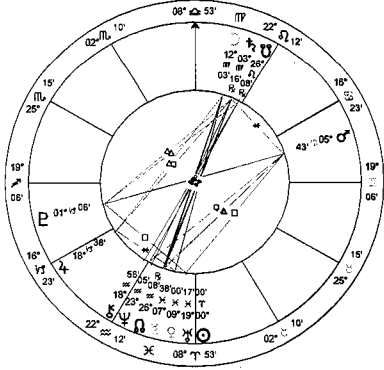
Barack Obama

Hillary Clinton



John McCain

The Aries Ingress Chart. Below is the chart of Sun at the moment it enters Aries. It is also called the Spring Ingress chart, and in mundane astrology is considered to be a major indication of the events of the next year. It is based on the location for Washington D.C. as the seat of political decisions in our country.



You will notice that Pluto and Mars are in opposition, in the first and 7th houses. And they both square the Sun at the IC in the 3rd house. This is a midpoint

that indicates a person who will work to the point of collapse: an obsession. It often indicates accidents and injuries, violence and changes that are irrevocable. It is somewhat mitigated by the Saturn Pluto trine. This energy is regenerative, enduring and capable of great accomplishment. Since Pluto is in the first house the powerful energy comes from the populace and is confrontational with those it demands representation. Saturn is in the 9th house, the country's world view, adding an element of seriousness, self-denial and commitment. This could very well indicate factors entering into the election. Of course the obvious interpretation involves war or warlike behavior. Since the Moon is approaching a trine to Jupiter in the second house of money we might find an improvement in the economy since Jupiter is also sextile to Uranus. It looks, however, that the strong activity in this chart won't be felt until Autumn.

On June 21, look for the next issue of Longevity Circuit!

Dear Readers,

Due to the increasing post office ineptitude I have had to make some changes in the way the newsletter is written and sent. Far too many of you have requested second copies of the newsletter because it arrived shredded or with pages missing, and far too many were returned to me for no good reason. Personally, for 3 months one of my magazines failed to reach me, and on one occasion, a check was returned even though the address was correct. I'm frustrated beyond belief. However I can do something to improve the situation and that is reformatting the newsletter and putting it in an envelop.

Also, against all odds, the mail system seems to be more reliable in Santa Fe, NM. So please use this address for mailed correspondence:

223 N. Guadalupe St. #493
Santa Fe, NM 87501

Thanks.

