

LONGEVITY CIRCUIT

Perpetuating techniques which contribute to a longevity lifestyle

Change

I wish I could make this short and sweet, but I can't. I can make it short, but I can't make it sweet. The time we are living in is singular, changing, radical, tragic, and amazing. We have the 3 outer planets, the non-personal planets, moving into new signs, hovering around the 0° point at around the same time. The last time that happened was about 3000 years ago!

The outer planets, specifically Uranus, Neptune, and Pluto, were in a rare conjunction at 0° Taurus around the 570's BC, marking a significant new cycle for humanity. This alignment is noted for its influence on the beginning of recorded history and the emergence of a new culture. In this case, the outer planets are not conjunct but make another rare configuration, a Minor Grand Trine: Pluto in Aquarius, Neptune in Aries, and Uranus in Gemini: Pluto and Uranus trine, with Neptune in-between them, sextile to both. The configuration started this past fall at 29°. It will continue to make the Minor



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Grand Trine until all three planets move to 8°. This could be the entrance to the Aquarian Age, made popular by the hippies in the 1960s! In a thousand years from now humanity will look back on this time as remarkably ignorant just as we look back now at the culture in the 500's BC! The chaos we are experiencing now will

make sense in the years to come. Look at all the issues currently fascinating and troubling our world: ethnic wars, mass killings, (generally, man's inhumanity to man), AI and automatons, interplanetary (not just to the Moon) travel, extraterrestrials, crypto currencies, educational issues, and the Trump stuff.

In general this configuration is expected to bring significant cultural, spiritual, and technological transformations from 2025 to 2028. This alignment may foster a period of spiritual awakening, innovative breakthroughs, and radical social change, benefiting collective consciousness and individual growth.

The Calendar

First of all, I want to remind you that **Pluto** transits can last as long as ten years because Pluto travels so slowly. It is the outermost planet in the Kuiper Belt, has a wide elliptical orbit, and is furthest from the Sun. It is currently at 2° Aquarius.

Neptune recently turned direct at 29° Virgo and is a slow moving planet as well. Consequently these two planets will continue to be in trine until the early 2030's. It will bring massive transformation of collective spirituality, ideals, and imagination with potential for profound healing — but also the risk of new, more sophisticated forms of illusion. Neptune has been traveling with Saturn which is a nasty combo of astrological energies as each can bring out the worst in the other. Neptune goes back into Aries the very end of January.

Uranus is retrograde at 28° Taurus and travels around the earth every 7 years. It will not be in close trine with Pluto and Neptune after 2028. Of the three outer planets, Uranus is closer to the Sun and consequently travels faster. It turned retrograde earlier this month and makes a station at 27° Taurus and turns direct early in February. Uranus can bring personal and spiritual innovation, individuality, and change, often associated

with rebellion and breaking away from tradition.

The Minor Grand Trine influence is initially affected by the energy of **Saturn** at 25° Pisces, which is currently traveling with Neptune. Saturn (Earth) and Pisces (Water) are not compatible as I have written before. It will move into Aries in mid February, changing its energy. This transit encourages taking responsibility, setting boundaries, and pursuing goals with passion, although it may also bring challenges due to the contrasting energies of Saturn's



Santa Fe Plaza

discipline and Aries' impulsiveness. On the positive side it may bring more transparency to the government.

Jupiter at 22° Cancer remains retrograde for most of this winter period, stationing at 15° for the month of March. In this sign, Jupiter is emotional, receptive, and impressionable. It loves justice. Once it turns direct, hopefully, can see some retribution.

Mercury retrograde occurs on February 26 at 22° Pisces until March 20th at 8° Pisces. This can be a particularly difficult period as this combo can cause people to be easily influenced, as it creates fantasy and illusions. It also can bring creative ideas without action. It is a good time to review and reassess. Be especially careful of travel

plans. Since retrograde Venus will be in Pisces during most of the retrograde Mercury, you would be well advised to double your vigilance.

Look for the next LC on March 21, 2026!

Here is an example of new thought coming during the Minor Grand Trine and beyond. You might say an example of the new Aquarian Age thinking vis-a-vis the Piscean thought.

“Let me clarify one thing, we've had our share of churchianity but we're moving into the actual science of Christianity which is Science of Living. Man is God already crystallized but Man is not a God, this God that has crystallized Himself is the manifestation. God is pure energy, Sound, but in order for It to be observed and interact, it has to crystallize into a manifestation. So "Come let Us," meaning the elements with the sonic resonance together put a manifestation into existence with a dualistic interplay which is called a male and female or attraction/repulsion process based upon the magnetic field as what you call Love. This manifestation is here and now and all the variations of it which you call universe interacting but It's hoping that the individuality will learn how to recognize its totality within the individuality by the many mistakes we'll make until it arrives at the correct opportunity for the individuality to lock in and that is a carbon body going through all the processes and then lock in to the understanding of how the physics works and that's what they call free-man or free-woman Lord of the Self. You don't have a Soul, you

are Soul or living soil but living soil is already immortal, that means the atoms are here to stay, it ain't going nowhere. God is here but He's playing the role of individuality and individuality cannot be taken back. Though it's imposed on the elements without consent, the elements are allowed to rebel and then they're allowed to volunteer and that's the compensation. The compensation is when they volunteer, they have a carbon based body which is already setup to be immortal. So you don't own anything, you experience touch which you crave as an element in the form of flesh and then you recognize you're already immortal that you can bring it about in flesh by understanding and then you have free access to the universe as God in Man, not Man in God.”

Swami Nitynanda Saraswati.

